WHY AREYOU LEARNING KOREAN?

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KOREA • Issue 84 / October 2013

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GROOVE GR

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YEARS OF

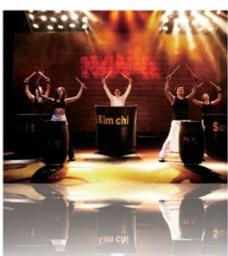
This place is teeming with talent; around every corner there's a writer, entrepreneur, painter, musician, filmmaker or photographer. On the seventh anniversary of Groove, there's something special happening in Korea.

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SEVEN YEARS OF GROOVE

SOMETHING SPECIAL HAPPENING IN KOREA

FDITORIAL

By Matthew Lamers, Editor-in-chief

When painter and drawer Kim Pyeong-joon was 40 years old, he and his wife Woo Young-hee sold everything they owned and moved to Paris — a bold move for people their age. It was 1988 when they embarked on their expat bohemian adventure, and the last chapter of the Cold War was playing out. By exploring the world and their creative potential, the venerable artists ultimately learned more about their hometowns, country and themselves

Our readers are familiar with their story (which ran in our August issue), and it's one that many expats can relate to. People come to Korea for all kinds of reasons: to be creative, make money and be free -- free of mortgage and other burdens, but more importantly, free to explore themselves, their roots or their potential. The same thing that brought Kim and Woo to Paris 25 years ago now brings people to Korea.

On Groove's seventh anniversary this month, it's particularly evident that there's something special happening in Korea right now. Around every corner there's a writer, entrepreneur, painter, musician, filmmaker or photographer. Any weekend could include a reading at What the Book, a gallery opening in Insa-dong, a magazine launch party, a movie screening, a brewpub opening in Gangnam, an album release party in Hongdae – even networking engagements and talent competitions. Folks come from Korea and around the world. And it just so happens that many of them are extremely talented at what they do.

Korea is a great place to be right now.

It was accomplished author Noah Cicero who observed in these pages that there is something special happening here. Talent is immigrating into this country like no other period in its recent history; take for example the Korean-American novelist Krys Lee (on our cover in May 2013), actor/restaurateur Troy M. Zitzelsberger (February 2013) and Groove's own Dylan Goldby, who is one of the best photographers in the country, to name a few. Dan Vroon, an entrepreneur featured in our February issue, is playing a key role in transforming Korea's craft beer industry.

What brought all these people to Korea is probably the same thing that keeps you here, and the same thing that drew folks like Kim and Woo to

the West last century: opportunity. Start a business, buy a canvas or bike across the country; whether your motive is financial, to explore your creative potential or even find your fitness limit, the opportunity is there for you to seize. And remember that, for various reasons, these are opportunities most people back "home" do not have.

Your journey might be a year, a decade, or even a lifetime; it's up to you. What brought you to Korea? For our seventh anniversary, we put that and dozens of other questions to our readers. We asked our readers and contributors to share their thoughts on an array of topics, from Korean food and blogging, to the surefire signs you've been in Korea too long. What came back is an impressive snapshot of our readers' tastes and opinions, which we hope you will enjoy.

We want to keep hearing from you as Korea's expat community grows and evolves. This month we're opening the floor to reader feedback on our website (www.groovekorea.com). Fill out our survey by Oct. 31, and we'll show our thanks by entering you into a lucky draw for an array of prizes for seven winners -- adhering to this month's theme -- to be selected and announced the first week of November.

As my own journey in Korea draws to an end, I am thankful for all the opportunities I've had. They have led me to the next step with my family to move to Canada and begin the next chapter of our lives.

While this means I must leave the helm of this publication, the work my predecessors and I have put into Groove, I believe, has planted the seeds for a fruitful era to come.

Groove is equipped with a staff of passionate writers, photographers and editors who, like the talented people I mentioned above, seized the opportunity to do what they love, to help make this magazine become what it is today. I am confident that our incoming leadership will take Groove's ambitious team to new directions, and I look forward to seeing what this magazine, along with Korea's expat community, conjures up in the coming years.

Thank you for seven years of readership and support. Groove Korea, here's to seven more.

HOT ON: WWW.GROOVEKOREA.COM

Music & Arts

Artist's Journey

Contributing behind the curtain of numerous expat films in Korea such as "Amiss," "The Inside" and the currently in development "Haebangchon," Dan Adams has been an indispensable asset to the film community as a VFX artist. Artist's Journey's Wilfred Lee had the chance to talk with him about his contributions and the future of VFX for the everyday filmmaker.

"I don't think there was ever any one factor that inspired me to get involved with VFX," says Adams. "I think it was more of a progression in new media from the things I was interested in at the time to the more interesting things they led me to. My interest was always in graphic design (this would be my mother's influence), which led into aspects of 3-D and television, which then of course led to my current area of interest: visual effects and compositing."

By Wilfred Lee

Read it online in October or in print in November.

Food & Drink

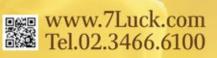
Inside the world of soju

It is the world's best-selling liquor, and not just by a few bottles. According to The Millionaire's Club, the global drink industry's rankings of best-selling spirits, soju-giant Jinro ranked No. 1 in 2011, the last year for which statistics are available. Selling 61.38 million cases, it is more than double that of Smirnoff vodka, the second best-selling brand. Furthermore, the third-best-selling spirit is also a soju — Lotte's Chumchurum, with 23.9 million cases sold.

None of this is big news — everyone knows Koreans drink. But why soju? How much soju do Koreans drink? And can anyone tell the difference between Chamisul red, Chumchurum blue or any of the smaller brands you find in the provinces, like Busan's C1 or Jeju's Hallasan? What does it mean to the average foreigner? Do we appreciate it the way Koreans do, or is it just a highway to having your head in the toilet?

Story by Dave Hazzan

Read it online in October or in print in November

















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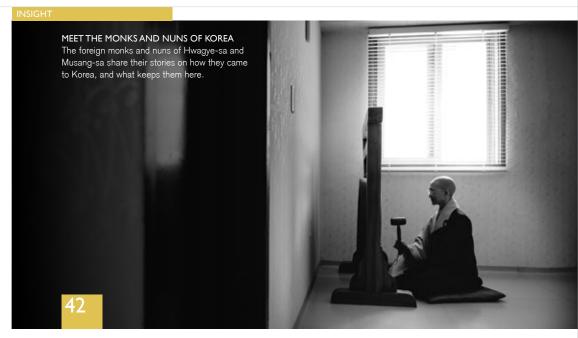


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HAPPY BIRTHDAY TO US

Groove Korea celebrates its seventh anniversary, and asked what you had to say.





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Beatniks are an intense, charismatic, but relatively unheard of new band hoping to create music people can get behind.



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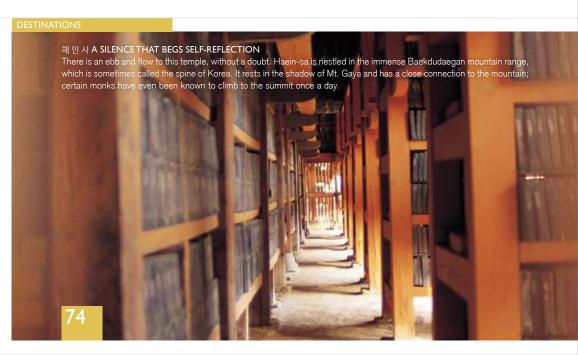
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WHY AREYOU LEARNING KOREAN?

Whatever the reason may be, and no matter how impossible it may seem, as long as you have a clear idea of what you want to accomplish and apply some intrinsic motivation, you will succeed.





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Salty air, winding roads and soaring mountains characterize this picturesque city. Tongyeong, with its jagged coastline and surrounding islands, is a place to unleash your inner adventurer.



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Everything you need to know about

The Test of Proficiency in Korean, or TOPIK for short, is a Korean language exam that is administered by the Korean government. It's essentially the Korean-language equivalent of TOEFL in the United States.



Last TOPIK of the year Over 67,000 people registered for 32nd test, Oct. 19-20

The Ministry of Education and the National Institute for International Education have announced that the 32nd Test of Proficiency in Korean will be held on Oct. 19 and 20.

The test will be taken by 67,758 people from 47 countries, including 21,630 applicants in Korea and 45,948 abroad.

 $^{\star}19^{\text{th}}\!\!:$ A type (North America, Central America, South America, Europe)

*20th: B type (Asia, Oceania)

According to those signed up to take the 32nd TOPIK, the main purpose is to study in Korea (42%), to test their Korean language stills (25%), employment (13%), research (2%) and for other reasons (15%).

TOPIK results are accepted in many different countries. TOPIK is required for admission to Korean universities, permanent residence in Korea (from Sept. 2013), and application to the Korean Government Scholarship Program. TOPIK is also required to be employed at branches of chaebol, or large Korean conglomerates, in many countries abroad. Korean companies such as Samsung Electronics, POSCO, Asiana Airlines, Korean Airlines, LG and Hyundai operate in India, Japan, China, Russia and other countries. TOPIK is also required to become a tour guide or Korean teacher in several countries. Some universities in Mongolia, United States, Japan, China and elsewhere accept TOPIK scores as foreign language credit. TOPIK scores can also be used to bolster one's university application.

TOPIK's revamp and growth

The government will increase the number of TOPIK tests conducted every year beginning in 2014.

First launched in 1997, TOPIK will be offered more than four times a year starting from 2014. The Ministry of Education and the NIIED are assessing a reform of the TOPIK. There will be two different tests based on level: beginner and intermediate/advanced. Once the reformed TOPIK system is finalized, the Ministry of Education and NIIED will promote the new format of TOPIK extensively.

Furthermore, the NIIED added three new test sites for the accessibility of applicants starting from 2014: Mokpo University (Mokpo, South Jeolla Province), Wonkang University (Iksan, North Gyeongsang Province), and Gachon University (Sungnam, Gyeonggi Province).

The Ministry of Education and NIIED will continue to work hard to further develop TOPIK and increase its accessibility for potential applicants.



Opening Hours Monday to Friday 9:00am-6:00pm Tel +82-2-3668-1339 (Eng), +82-2-3668-1331 (Kor) www.topik.go.kr | www.niied.go.kr



Use of **TOPIK**

- Admission for Korean Universities
- Reference for Korean Government Scholarship Program selection
- * a South Korean form of business conglomerate

• The 32nd TOPIK Test Centers (47 Countries, 154 Areas)



ARMENIA

- Preference for Korean government scholarship program.
- Admit credits (Yerevan State Linguistic University)

AUSTRALIA

Korean studies

AZERBAIJAN

- Reference for Korean Government Scholarship Program selection
- Korean embassy and Korean companies

CHILE

• Korean studies

CHINA

- Korean companies
- Call center at *Pohang Iron&Steel Co.
- *Doosan group.
- *Samsung electronics
- Graduation exam at Korean language major (Central University of Nationalities.

CZECH

• Job interviews for Korean companies(Hyundae, Sungwoo High tech, Korean Airlines)

HONGKONG

• Korean companies in Hongkong

INDIA

• Job interviews (*Samsung C&T/Electronics/motor, *Hyundae motor, *Posco, *Doosan, *LG Electronics, *Korean Airlines, Asiana Airlines)

INDONESIA

• Employment for tour guides

JAPAN

- Job promotion (*Samsung Electronics and etc.)
- · Admit Credits at Miyajaki University

KAZAKHSTAN

- Preference for Korean government scholarship program.
- Preference for job employment
- Admission for Korean language major of Universities in Kazakhstan

SENYA

- Scholarships
- Employment at Goldrock

KYRGYZSTAN

- Reference for Korean Government Scholarship Program selection
- Job employment (Kyr Miraeco, Global Partners and etc.)

MALAYSIA

- Admission for Korean Universities
- Job promotion (Korean companies and government institutes)

MONGOLIA

• Admit credits (National University of Mogolia, Ulaanbatar University)

RUSSIA

• Korean companies (*Kyerong, *Asiana Airlines, Education centers, Kotra, *Hyundae, *LS, etc)

PARAGUAY

- Admission for Korean Universities
- Job employment (Sehoon Cars, *Korean Airlines in Paraguy)
- Admit credits : ISE (Instituto Superio de Educacion Dr. Raul Pena) Korean language education

PHILIPPINES

• Job promotion (*Samsung Electronics)

SINGAPORE

Korean companies

THAILAND

- Job promotion (*Samsung electronic)
- Scholarships
- Korean Language Teacher

TURKEY

• Samsung electro-mechanics, Hyundae motor, Hyosung textlie

TURKMENISTAN

Korean companies
 *LG International, *Hyungdae
 Engineering, Korea Cadastral Survey
 Corp., *Hyundae Amco , *Samsung
 International, SKC

UNITED KINGDOM

• Reference for Korean Government Scholarship Program selection

⊕ USA

- Using Korean language as elective course: U of Minnesota, U of Wisconsin at Milwaukee, U of Kansas, U of Wisconsin at Madison
- $\hbox{$\, \bullet$ University of Wisconsin-Madison: Korean course}\\$
- Admit credits (Tacoma WA, Ferderal Way Public School
- Korean companies (*Hanwha/World resort, *E-land/PIC Hotel)

UZBEKISTAN

- Preference for Korean government scholarship program.
- Institutions and Korean companies (embassy, education center, Samsung, Hyundai, KT

♥ VIETNAM

- \bullet Employment for Korean schools in Vietnam
- •*Samsung electronics in Hanoi
- Mobase in Hanoi
- Korean international School in Hanoi
- Graduate exam for Korean language major
- Job promotion for Korean companies (*Doosan)



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KEY PEOPLE

Introducing some of the editors, writers and photographers behind October's issue.



Jaime Stief Canada

Jaime is from Waterloo, Ontario, and has lived in Seoul since June 2012. Her MA is in Communications, but that doesn't always translate to being able to speak coherently. When she isn't at work, she's busy trying to build up a tolerance to spicy food. She follows more blogs than she cares to admit. Jaime is a senior copy editor.

Shelley DeWees

Originally from Montana, Shelley worked as a vegan chef for a Buddhist monastery before moving to Seoul. She loves British literature and drinks lots of craft beer - the effects of which she counteracts by running 40 miles a week. She's currently writing a book about marathon training on a vegan diet. She writes the column "Seoul Veggie Kitchen."



ЦK

Dean watches a lot of films, which, roughly translated, means he's a bit of a geek and spends a lot of time in dark rooms. He's from London, where he worked in the film industry, spending time on the sets of "Harry Potter and the Deathly Hallows" and "X-Men: First Class," among others. He is currently based in Jeonju. Dean contributes the Korean DVD Corner and At the Box Office.



Elaine Ramirez

Elaine Ramirez tends to go wherever the wind carries her, and the most recent gust has swept her to Korea. After a stint in New York and Chile, the California native now works as an editor in Seoul. When not editing for Groove or her newspaper, she's off riding her motorbike along the Han, exploring the far corners of the peninsula, or sleeping. Elaine is Groove Korea's associate editor.



Felix Im

US

Felix was born and raised in Denver, Colorado. After graduating from the University of Colorado with an English degree, he rushed to Seoul to bury himself in Korean newspapers, magazines and books for nearly two years with limited social contact. He likes classical music and café hopping in Seoul. Felix writes stories for Groove's Music & Arts section.



THE **INBOX**

RE: WHITE LIES

Many readers of Groove are likely to have fallen in love with the expat lifestyle of Korea; the quirkiness, the kinks and life here is surely a daily Kiki. I loved Korea since day one, I am an English teacher and Korea has become not just a step but, so far, a three-year step.

Racism and homophobia aren't going to be a part of this country's future. Racism and homophobia will not make this country better. They will hold Korea back and, from my own experiences over the past couple of weeks, highlight a problem.

I will start at the end.

In a police station in Gwanghamun, Seoul, a translator works hard to inform a police officer that I had been felt up inappropriately by an older man, ajosshi (I am a man). It was sexual harassment.

The translator's face was red sore by the end, as I described the man first grabbing my arm. At first I thought he had latched on to me because he lost his balance. How wrong I was!

He was feeling my body, not just stroking my arm or having a casual feel of my chest hair, which is all too common, but feeling my backside, reaching for my groin area, and then ending with a nice arm pinch. In a nightclub I may have taken less notice, but I was disgusted and not impressed that this took place on a metro in broad light.

The policeman reacted like this was a normal issue. He said this kind of complaint was common. He said that because this took place between two men that all they would do was document it and leave it in a folder somewhere.

He asked if I had any other comment, if I wanted to press charges. I said that as I love Korea I just wanted the law enforcement to be aware and mentioned my concerns for the non-consensual sexual groping. He said he was aware and the translator was seemingly surprised to hear of the activities. The policeman urged me to contact the police whenever a Korean gropes me, tickles me as foreplay to his next action. The number of times, I can't count on my hand. I urge foreigners to start calling the police, don't worry.

In Korean press, you read how saunas bar foreign or gay men. It is time to wake up to the actions of Korean men.

Yes, gay rights are an issue in a country where there are few rights for gays, where gays often live double lives, where gay couples and lesbian couples create fake marriages to appease parents, where gays commit suicide and where army officers ask countless questions to test conscripts'

This is a country where the National Assembly library has six books on gay rights, where foreigners are simply meant "to come and go."

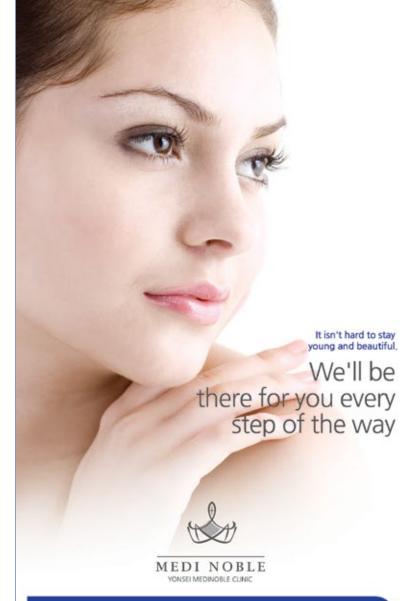
I am worried for a country that has people crying out for more freedoms, where people are not equal, even though the Constitution that sits openly in Jongno highlights that everyone is equal and has a right to happiness. I am a man, but if I was a woman and a man touched me on my backside in public or "with such affection," this would be an issue, especially if he was black, white or simply non-Korean. It is time that Korea look at itself and ask questions, not just point fingers at the outsiders.

I love Korea, I would love to be Korean, and I long for Korea to do a selfevaluation as the youngsters of the country so want. Korea, we love your country and that is why many of us are here, but you can no more let your old men pick other men to service without consent.

One day something terribly wrong will happen, and the truth will flood out. I urge Korea to take action, and foremost is to urge all these ajosshis to head to KHAP for a sexual checkup.

Sexual health checkups aren't just for gay men and in Korea ajosshis oftentimes like both flavors. Wake up, report and be safe.

- Charles Wilton



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MUST READS

A silence that begs self-reflection

Page 74

Haein-sa encapsulates a sense of ease that is hard to achieve elsewhere: an atmosphere that gives a personal weight to actions and thoughts. With the location's simple austerity, it's hard to leave without some peace.



Why are you learning Korean?

Page 30

Whatever the reason may be, and no matter how impossible it may seem, as long as you have a clear idea of what you want to accomplish and apply some intrinsic motivation, you will succeed.



Café Evansville: A taste for design

Page 62

Café Evansville isn't just another café in Hongdae. Nestled away on the corner of two side alley streets in the popular university neighborhood, it's a chic and charming place that offers some of life's best pleasures.



Home is where the hummus is

Page 64

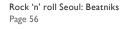
Ask a foreigner what foods they miss from home and you'll hear a crazy myriad of responses, some things totally predictable (pizza) and some things totally weird (cream of wheat). But there is often a thread of sameness throughout the odd requests. Something comforting, something familiar ... something like hummus.



The QiRanger channels Korea

Page 80

From Korean street food to historic restorations, transportation advances to breaking news, Steve Miller has Korea covered. "I'm interested in life, news, economics, business and the historical and cultural sites that make Korea what it is and why it is a great place to travel to."



On a humid night at Hongdae's Club Freebird, I got to experience the high-energy sound of the recently formed band Beatniks. Much like the beat generation of the late 1940s, these guys are the underdogs: an intense, charismatic, but relatively unheard of new band.







COVER

7's the number

For Groove Korea's seventh anniversary, we asked readers to share their thoughts on topics from Korean food and blogging, to the surefire signs you've been in Korea too long. What came back is an impressive snapshot of our readers' tastes and opinions.

Read the story on Page 36.



Design by Park Seong-eun

Our past three issues:



Korea's dying students Peddling Korea Noah Cicero



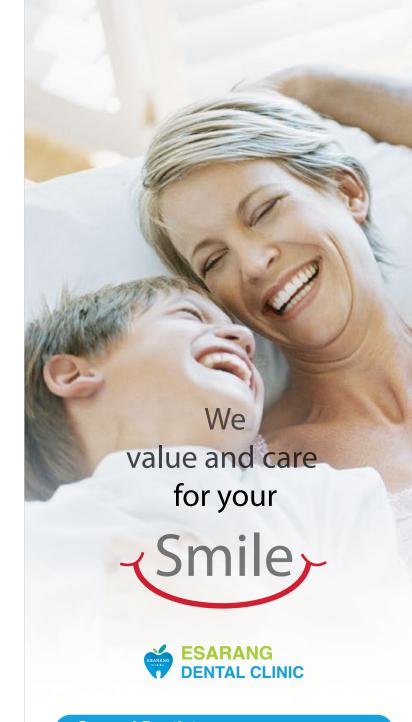
August 2013

The great outdoors The collapse of North Korea? Mind vs. Machine



July 2013

Summer sips The pianist from Pyongyang Can shamanism survive?



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WHAT'S ON

FESTIVALS

LIVE MUSIC

BARS, FOOD

TOURS, SPORTS

BOX OFFICE

1 - Tuesday

FFSTIVΔI

Jinju Namgang Lantern Festival @ Jinju, Gyeongsangnam; to Oct. 13

FESTIVAL

Cheonan World Dance Hi Seoul Festival Festival @ Cheonan Samgeori Park. Cheonan Station Arario Square; Oct. 1-6; cheonanfestival. com

SPORTS

Kia Tigers vs SK Wyverns @ Munhak stadium; 6:30p; mykbo.net

2-3; interpark.com

Tiesto's 'Club Life'

@ Jamsil Indoor

Gymnasium; Oct.

MUSIC

FESTIVAL @ Seoul Plaza, Cheonggye Plaza, Gwanghwamun; to Oct 6; hiseoulfest.

FOOD

International Food & Wine Festival @ Daeieon Convention Center; Oct. 3-6

2 - Wednesday 3 - Thursday

FESTIVAL 10/3-6 Gangnam Fest @ COEX; Oct. 3-6; gangnam.co.kr

Film Busan International Film Festival kicks off @ Busan Cinema Center; to Oct. 12; biff.kr

COMEDY

Stand Up Seoul @ Rocky Mountain Tavern, Itaewon; 9p; every first Thursday

4 - Friday

MUSIC 10/3-6 Jarasum Jazz Festival @ Jaraseom Island; Oct. 3-6; jarasumjazz.com

Seoul Drum Festival @ Gyeonghuigung Palace/Seoul Museum of History area; Oct. 3-4; seouldrum.go.kr

FOOD

AsiO Gusto 2013 food festival @ International Hall. Namjangju Community Sports and Culture Center; Oct. 1-6; asiogusto.org

5 - Saturday

PLUR charity fundraiser trivia party @ Bull & Barrel, Itaewon; 7:30p; 10,000 won

CHARITY

Justice for North Korea 5KM fundraising run @ Chuncheon: justice4nk.org

LIVE MUSIC

The Killers @ Olympic Hall; 7p; 77.000-121.000 won; interpark.com

6 - Sunday LIVE MUSIC

The Killers @ Olympic Hall; 7p; 77,000-121,000 won; interpark.com

ARTS

Avenue O last day @ Charlotte Theater; weekdays 8p, Sat. 3, 7:30p, Sun./holiday 2, 6:30p; interpark. com

SPORTS

Phillies Rum Runners vs. RMT Fighting Cocks; 2p; search Canadian Ball Hockey League on Facebook; sponsored by Groove Korea

7 - Monday

FFSTIVΔI

Korea Wine Festival @ Yeongdong Stadium, Chungcheongbuk; Oct. 3-7; ydwine. com

FESTIVAL

Suncheon Bay Garden Expo @ Suncheon Bay: to Oct. 20; 16,000 won

ARTS

Natural Beauty Project Seoul 2013 by Irish artist Aoife Casey @ Anni Gallerv: Oct. 1-8

8 - Tuesday

FESTIVAL

Gwangju World Kimchi Culture Festival @ Jungoe Park; Oct. 5-9; kimchi.gwangju.kr

ARTS

Michel-Henry Exhibition @ Seoul Arts Center; to Oct. 10; students 3,000 won, adults 5,000

9 - Wednesday

HAPPY HOUR English teacher's night (Wed.) @ Big Rock in Gangnam; 10% off for teachers; bigrockbeer.co.kr

BOX OFFICE

'Rush' opens in theaters nationwide; cineinkorea.com

10 - Thursday

TOUR

Seungga-sa Temple Hiking Tour @ Bukhansan; 10a-2p; 5,000-15,000 won; register by Oct. 8; siwapage.com

LIVE MUSIC

Justin Bieber @ Olympic Park Gymnasium; 8p; 99,000-132,000

11 - Friday

FESTIVAL

ARTS

Fuerza Bruta original team @ Big Top Theater, Jamsil Sports Complex; Oct. 11-13; 99,000-220,000 won; interpark.com

World Street Dance Festival @ Dongdaemun; Oct. 11, 11a to Oct. 12, 11p; (02) 2242-9898



"Kick-Ass 2" opens in theaters nationwide on Oct. 4. S

12 - Saturday

LIVE MUSIC

Global Gathering Korea @ Caribbean Bay, Yongin; 110,000 won; globalgatheringkorea.co.kr

FESTIVAL 10/12-13

Itaewon Global Village Festival @ Itaewon Special Tourism Zone; Oct. 12-13; facebook. com/itaewonGF

13 - Sunday

NETWORK

48 Hour Film Festival meet-and-greet @ JR Pub, Itaewon; 48hourfilm.com/en/ seoul; sponsored by Groove Korea

SPORTS

Shinchon Showdown; 10a/The Battle for JRs; 4p; search Canadian Ball Hockey League on Facebook; sponsored by Groove Korea

14 - Monday

TOUR

Jingwan-sa & Sangwan-sa Walking Tour @ Bukhansan; 9:30a-12:30p; 15,000-25,000 won; register by Oct. 12; siwapage.com

BOX OFFICE

'Prisoners' opened Oct. 2 in theaters nationwide; cineinkorea.com

For suggestions or comments, email calendar@groovekorea.com

*All the events published in this calendar are subject to unforeseen changes by the promoters. Groove Korea does not take responsibility for any misunderstandings or third party damage.



15 - Tuesday

FESTIVAL

Moonlight Rainbow Fountain @ Banpo Bridge; daily to Oct. 31

Robert Capa photo exhibition @ Sejong Center; to Oct. 28; 12,000 won; robertcapa.co.kr

16 - Wednesday 17 - Thursday TOUR

Moonlight Tour last day @ Changdeokgung Palace; 8-10p; palacemoonlight@ gmail.com

NETWORK

48 Hour Film Festival meet-and-greet @ JR Pub, Itaewon; 48hourfilm.com/ en/seoul: sponsored by Groove Korea

18 - Friday

MUSIC 10/18-19 HBC Fest @ Haebangchon; Oct. 18-19; facebook. com/hae.bangchon

19 - Saturday

DaeJombie Charity Race for Daejeon PAWS @ Expo Park, Daejeon; 3pm

FESTIVAL

Essence of Seoul Festival @ R&R Grill, Yongsan; 2-8:30p; kappa seoulfestival2013. com

20 - Sunday

LIVE MUSIC **Grand Mint Festival** @ Olympic Park; Oct. 19-20; 1 day 88,000 won, 2 days 140,000 won; olympicpark.co.kr

SPORTS

Dillinger's Dudes vs. Sam Ryan's Bulldogs; 2p; search Canadian Ball Hockey League on Facebook: sponsored by Groove Korea

21- Monday

BOX OFFICE

'Gravity' opened in theaters nationwide Oct. 19; cineinkorea.com

FOOD

Wing night (Mon.) @ Craftworks, Noksapyeong; craftworkstaphouse. com

22 - Tuesday

LIVE MUSIC

The Bawdies from Tokyo @ KT&G SangsangMadang Live Hall; 55,000 won; interpark.cm

FESTIVAL

Seoul Int'l Dance Festival @ Gangdong Arts Center; Oct. 7-27; sidance.

23 - Wednesday 24 - Thursday

HAPPY HOUR 3,000 won off JD, Finlanda vodka (Wed.) @ DOJO in Îtaewon

The Musical Bibap @ Bibap Theater; to Dec. 31; 40,000-60,000 won; www. bibap.co.kr

FOOD

Wing Night (Thu.) @ Wolfhound, Itaewon; 4,000 won for 10; facebook.com/ WolfhoundPub



25 - Friday

FESTIVAL

Busan Halloween & Fireworks Festival @ Gwangalli Beach, Busan; 8p

FESTIVAL

Daegu International Opera Festival @ Daegu Opera House; Oct. 25-26; 10,000-70,000 won; interpark.com

EXPO 10/25-27

Beauty Expo @ COFX: Oct. 25-27: expobeauty.co.kr

26 - Saturday

PARTY

Halloween Cruise Bash @ Incheon; 85,000 won; halloweencruisebash2013@gmail.

PARTY

Sexy Costume Contest \$500 grand prize @ Boom Bar, Itaewon; 8:30p-5:30a; 20,000 won after 12; Peter Bae (010) 4635-0204

PARTY

4th Annual Seoul Zombie Walk @ Boramae Park; 6p

27 - Sunday

'Spring, Summer, Fall and Winter at Cheonggyecheon' Photo Exhibition @ Cheonggyecheon Museum; to Nov. 10; www. cgcm.go.kr

28 - Monday

DRINKS All-you-can-drink beer to 7p with meal order (Mon., Tue.) @ Big Rock, Gangnam; ; 10,000

SOCIAL

Open mic (Mon.) @ Tony's, Itaweon; tonysitaewon.com

FOOD

5,000 won off burgers (Mon.) @ Wolfhound's; facebook.com/ Wolfhound Pub

29 - Tuesday

Seoul International Aerospace & Defense Exhibition @ KINTEX; Oct. 29-Nov. 3; seouladex. com; we're serious about this one

DRINKS

EXPO

All-you-can-drink beer to 7p with meal order (Mon., Tue.) @ Big Rock, Gangnam; 10,000 won

30 - Wednesday 31 - Thursday

FOOD

Wing Night (Wed.) @ Dillinger's in Itaewon; dillingersbar@ gmail.com; 400 won wings

HAPPY HOUR All beer 5,000 won (Thu.) @ Big Rock; 10p-12a; bigrockbeer.co.kr

NATIONAL NEWS with GROVE

October 2013 / www.koreajoongangdaily.com

HELP FOR VIOLENT CRIME VICTIMS IS COMPLICATED

Mrs. Kim, 71, has recently been suffering from insomnia at her home in Suwon, Gyeonggi Province. Her placid life was turned upside down in July 2012, when her son was murdered by a 17-year-old in front of a convenience store.

Her 39-year-old son told the teen not to spit on the pavement. For his scolding, he was fatally stabbed. The Suwon District Court sentenced the teen to up to four years in jail. "We took into consideration that the adolescent, aged 17, has no past criminal record and is currently reflecting on his wrongdoings," the court said.

Kim feels justice hasn't been done. "I have lost my only son," she says. "A maximum of four years in jail certainly cannot be justice." She also lost the breadwinner of her household. The son lived at his mother's residence with his wife and 6-year-old son.

At one point she couldn't pay the utility bills and lost the electricity in her residence. Kim's best hope was the financial support Korea offers for the families of victims of violent criminal cases, which is managed by the Korea Crime Victims Support

Center, under the Ministry of Justice.

But Kim gave up on that after concluding the process was too byzantine and after hearing that the compensation would be stingy.

According to the KCVC, neither the victim of a violent crime nor his family are entitled to receive financial support from the association in the following situations:

-If the offender was related to the family

-If the victim assisted or provoked the offender to commit the crime

to use state money to compensate victims of violent crimes. But it's a highly complicated goal. There are an abundant number of crime victims who cannot continue with their previous lifestyles. And that number continues to rise.

According to the Ministry of Justice, the number of the top four violent crimes -- murder, theft, sexual assault and assault and battery -- rose from 112,000 in 2007 to 129,000 in 2011.

But the standard for government

port victims of the violent crimes and their families. This is equivalent to 60 billion won to 70 billion won (\$55.3 million to \$64.6 million) per year.

But 70 percent of the amount is spent on support for victims of sex crimes, leaving victims of other crimes high and dry.

"While social interest has been high for victims of sex crimes, support for victims of ordinary crimes has been somewhat neglected," said Dr. Kang Seok-gu from the Korean Institute of Criminology.

Legal experts maintain that the amount earmarked for the victims is simply inadequate.

"The KCVC has made efforts to open 58 support centers across the country," said Park Kwang-min, a professor at Sungkyunkwan University Law School. "But since budgets remain the same, specific measurements for support are still insufficient."

Lee Yu-seon, a prosecutor for the Ministry of Justice, said too little attention is being paid to victims in need of support. "We are trying our best to expand the budget for them," he said.

DESPITE RISING CRIME, GOVERNMENT AID FAILS VICTIMS' FAMILIES

-If the victim inflicted bodily harm on the offender in revenge

In addition, victims given any form of blood money or settlements by the offender must return any money given by the KCVC.

Kim had actually worked out a settlement with the 17-year-old of-fender's family, but the negotiations ultimately broke down.

Korea may be unusual in trying

financial assistance appears to have failed many victims' families.

"Measures for immediate support should be given from the initial stages," said Lee Sang-uk, head of the Korea Organization for Victim Assistance.

According to the KCVC Funding Law enacted in 2011, 5 percent of fines collected from convicted criminals are supposed to be used to sup-

SUSPECT INDICTED FOR 1998 RAPE OF DAEGU STUDENT

After pleas grew more desperate over the course of 15 years, the parents of a woman who was killed after being hit by a truck succeeded in having the case reopened. As a result, prosecutors have now indicted a suspect on rape charges.

The Daegu District Prosecutors' Office said they indicted a 46-year-old Sri Lankan on charges of participating in the gang rape of the 19-year-old college student on Oct. 17, 1998, in a rural area of Dalseo District, Daegu.

Prosecutors said three Sri Lankans, in Korea as industrial trainees, saw the victim on her way home from school. They raped the woman, a first-year nursing student at a college in Daegu, and fled the scene. The girl staggered for about 100 meters down a road before she was struck and killed by a large truck.

During the initial investigation, the police discovered a pair of panties near the accident site. Forensic experts examined the underwear and concluded that there were traces of semen on it.

But the police decided that the underwear did not belong to the victim, saying that the panties were too old and threadbare to have belonged to the victim. They wrapped up the

matter as an automobile accident, saying the woman had wandered in front of the truck.

There things stood, until pressure from the victim's parents became too strong to resist. The couple had bombarded the Blue House with pleas, and set up a website devoted to their daughter and the mysterious circumstances of her death.

Investigators obtained DNA from the semen traces on the panties and began searching for a suspect in the DNA database of people convicted of sexual crimes. It took less than four months to find a match, allegedly the 46-year-old suspect from Sri Lanka

who now runs a grocery store for foreigners in Daegu. Prosecutors said they had the suspect's DNA because he had been convicted in 2010 of paying a teenager to have sex.

The suspect, whose identity was withheld by the prosecutors, entered the country in 1996 as a trainee and has been married to a Korean woman since 2002, the authorities said.

"The suspect had over 320 photos of nude women on his cell phone," said Lee Hyung-taek, the prosecutor leading the case. The investigators said the other two alleged rapists are now in Sri Lanka, a country that has no extradition treaty with South Korea. They are considering their next steps in an attempt to have the men returned here for trial.

SEX TRADE TO LEAD TO PASSPORT LOSS

POLICE CRACK DOWN ON TRAFFICKING ABROAD

The Korean government announced administrative steps intended to curtail foreign travel by Koreans for sexual purposes, including the denial of passports for up to three years to anyone found traveling either to engage in prostitution or to use the services of prostitutes. The measures will go into effect next year.

The proposal is partly a reaction to several recent incidents, including one in August, when a group of 47 women was detained as they arrived to Korea from Japan after working there as prostitutes.

The group included models, former athletes and housewives, according to the Busan police.

They were reportedly recruited by brokers who promised them large amounts of money, but some were reportedly treated as little more than slaves.

Busan police said they received 20 million won (\$18,400) before they left Korea; once abroad, police said, some were resold to brothels in the countryside when their health deteriorated.

Prosecutors arrested five brokers last month who they say headed the prostitution ring that was also active in the United States, Taiwan and Australia.

Immediately after the detained women were released, however, a few of them left the country. A Busan police official said, "The women who returned to Japan probably returned to prostitution."

The new measures were the result of work by the ministries of Gender Equality, Justice and Foreign Affairs who were told to come up with measures to stop the travel of both sex workers and their customers and prevent trafficking in women.

Rules now in effect at the Foreign Ministry place no limits on the issuance of a passport except when the applicant has engaged in illegal activities abroad and has been deported.

But Seoul intends to go beyond that step by denying passports to persons known in some manner to have been engaged in prostitution or trafficking, even if the result was not a deportation order from another country.

Under the new measures, passports can be withheld or revoked for periods of 1-3 years.

Last year, 274 Koreans were arrested for prostitution, soliciting sex or being an agent in any form of sex trade overseas. Only 19 passports were taken away, according to the Ministry of Foreign Affairs and the National Police Agency.

In 2011, 341 were arrested; only five lost their travel documents. From 2008 to 2012, passports were revoked for only about 4 percent of those arrested.

Korea has faced criticism, especially from Southeast Asian countries, for its outbound sex tour trade. According to the United Nations Office on Drugs and Crime, Koreans spend about \$7 billion every year overseas on travel for prostitution.

Kim Yong-hwa, a law professor at Sookmyung Women's University, said, "Rather than just adopting new measures, it is important for policymakers to figure out how to apply them. The key to that is active cooperation among government agencies in order to eradicate prostitution."

to were told to come up with — ment agencies in order to erad

WONJU WORRIES ABOUT

ITS EX-CONVICTS

GANGWON TOWN PROTESTS RELOCATED PROBATION CENTER

The Justice Ministry's capitulation to move a probation center for convicts out of a fancy neighborhood in Gyeonggi Province has emboldened residents of a more remote city.

Some 200 residents in Wonju, Gangwon Province, started protesting a recently relocated probation facility in their neighborhood.

They were inspired by some 2,100 residents of Bundang in Seongnam, Gyeonggi Province, who objected to a probation center being stealthily opened in their neighborhood in early September. The residents objected to ex-cons hanging out in the Seohyeon Station area where Seongnam's largest shopping mall and several luxury apartment complexes are located.

They said the Justice Ministry had moved the probation center under the cover of darkness to avoid locals' scrutiny. And when residents stopped sending their kids to school in protest, the ministry gave in and promised to find a new location.

Wonju's protesters are looking for the same kind of capitulation. The Wonju branch of Chungcheong's probation office, which moved from Ilsan-dong into a space on Hakseong-dong at the end of last month, is located within a 100-meter radius of two schools.

People in the neighborhood say they fear for the safety of their children and claim that the Ministry of Justice gave them no advance warning of the probation center's move last month.

This probation center in Gyeonggi has been a wanderer for the last 13 years. It first opened in 2002 in Sujin 2-dong. In May 2005, the ministry attempted to move to Gumi-dong, but scrapped the plan a few years later in the face of opposition from residents. It has been housed at three different locations in Sujin-dong, where it met protests on multiple occasions at each site.

MAN SHOT SWIMMING TO NORTH KOREA

A Korean man was shot dead as he tried to cross into North Korea by swimming across the Imjin River, South Korean military officials said.

He disobeyed orders from officers to return to the southern shore.

The 47-year-old man, identified by his surname Nam, was shot by a South Korean soldier has he appeared to be defecting to the North via the river in Paju, Gyeonggi Province, bordering North Korea 8-9 kilometers west of the Panmunjeom truce village.

Wearing a homemade Styrofoam life preserver, he jumped into the Imjin River 5-6 kilometers east of where the river reaches the Yellow Sea. He was shot before he reached the North Korean side of the river.

A military official said the man "did not comply with our Army official's orders to return to the South." The officer gave several warning shots.

The Imjin runs from the North to South through the demilitarized zone and was the site of a major battle during the 1950-53 Korean War. As a part of the civilian control zone, public access is restricted.

Military sources said he was deported from Japan in June and his passport has been taken away.

Nam's motive for crossing to the North was not confirmed by the Army, and military officials said that the case is undergoing investigation.

In October 2009, a 30-year-old man succeeded in crossing the eastern part of the DMZ to defect to the North. It is the first time since 1990 that a civilian was shot to death while attempting to defect to the North.

GYEONGGI MAY SELL ENGLISH VILLAGES TO CUT COSTS

The Gyeonggi provincial government, facing a budget crunch because of the continuing economic stagnation, said that it is studying the possible sale of its "English villages."

Gyeonggi is looking for ways to cut its projected budget by 108.8 billion won (\$100 million) this year and find ways to reduce a looming deficit.

Some of the actions under review are the sales of the English education program sites in Paju and Yangpyeong. The value of Gyeonggi's English villages is 174 billion won for the Paju site and 70 billion won for the Yangpyeong location.

The Gyeonggi English villages began in 2004 when the first was set up in Ansan to give Gyeonggi residents an opportunity to study English language and culture in an immersion program. The Paju village opened in 2006, Yangpyeong in 2008.

But the villages have dwindled steadily in popularity in recent years and have been plagued with operating deficits.

The 99,000-square-meter Paju English Village was in the red by 1.5 billion won last year. The Yangpyeong village, the same size, has already handed over its management to a private company.

The province is also looking into the sale of buildings now being used by eight other government-affiliated groups. The outlook for approval by the provincial legislature is unclear, however. A one-shot sale may plug an immediate budget gap but does nothing for longer-term fiscal stability.

A hopeful Gyeonggi official said, "Private enterprises are already tenants at some of our abandoned land, using it for factories and other purposes. We look forward to selling the rest of the land to private enterprises."

ALK TO ME IN KORFAN

WHY ARE YOU **LEARNING KOREAN?**

Scaling the huge, steep mountain that is Korean is much more doable when you know where to start climbing

Story by Sun Hyun-woo / Illustration by James Kim



f you ask people "Why are you learning Korean?" or "Why do you want to learn Korean?" the answers will vary: Some might want to learn because they love K-pop, some want to communicate with Korean friends or family, while others live in Korea and feel it would be useful to speak more Korean instead of relying on English all the time. Whatever the reason may be, and no matter how impossible it may seem, as long as you have a clear idea of what you want to accomplish and apply some intrinsic motivation, you will succeed.

What I've found most interesting is that the more clear-cut a person's reason or goal for learning Korean, or any language, the

more likely they are to learn successfully. Learning a language without pinpointing a specific reason is certainly possible, but without a big picture, vision or clear purpose in mind, other things will get in the way and it will never be a top priority. This is a very common problem that I see among Korean people who want to learn English; they feel the need to learn English "just because" — just because everyone else is learning it or just because they feel it will be useful one day. Such a vague goal only hinders the learning experience, causing a lack of motivation, which leads to never learning to read or speak.



ABOUT THE AUTHOR

Sun Hyun-woo works for Talk To Me In Korean, a website and community that offers free Korean-language lessons. In a little more than three years, it has built a following that numbers in the hundreds of thousands, Learning Korean may not be easy, but if you find a way to make it fun and exciting, you'll get more out of it and learn faster: Talk To Me In Korean will submit a monthly column on studying Korean. — Ed.

THE TASK BECOMES MUCH MORE MANAGEABLE IF THE BIG PICTURE, OR THE MAIN GOAL, IS BROKEN INTO BITE-SIZED CHUNKS.

Everyone learns an incredible amount of new things every day. Some things are simpler and quicker to learn than others. and some are more complicated subjects that can take years of learning and practice. For certain things, such as using a camera, riding a bike, or making scrambled eggs, the required learning period is fairly short. A person learns to use a camera because they want to take pictures. Why does a person spend time learning to ride a bike? Perhaps getting from one place to another more quickly than by walking is a priority. Why learn to cook scrambled eggs? Perhaps someone in the family wants to eat them for breakfast. Although it is impossible to learn to do any of these things without some sort of a learning process, the purpose is simple and crystal clear.

Apply the same principle to learning a language: Have a clear goal in mind for learning. Sure, the process is much more complicated than learning to use a camera, and the required amount of time and effort is much greater, but the task becomes much more manageable if the big picture, or the main goal, is broken into bite-sized chunks, otherwise known as short-term goals.

Let's say, for example, that you want to complete an Ironman Triathlon. You will need to swim 2.4 miles, bike 112 miles and then run a full marathon of 26.2 miles. I hate to break it to you, but there's no way you can just get up off the couch today and successfully complete an Ironman Triathlon without having previously trained for it. Surely you can try, but if you try too much all at once, you will ultimately have a hard time, get frustrated and you might even nearly drown, pass out or throw up a kidney. To combat this, you set short-term goals so that you will be training hard every day to build up your stamina and endurance.

Swimming 2.4 miles won't happen by swimming a couple laps once a week. First you need to learn to swim properly, and then start training to build endurance, increase your training to swim half a mile, eventually complete a 1-mile swim without stopping and so on. It might take a long time and be quite demanding, but the success

of reaching your short-term goals make it more fun and motivating to continue. If you ask any aspiring triathlete, "Why do you train so hard every day?" chances are they have some sort of intrinsic motivation to keep training, such as wanting to reach the finish line or break their own personal record.

The same goes for learning Korean. With intrinsic motivation and a clear vision, you will be able to break down your main goal into short-term goals. You don't need a 12-page plan detailing exactly how you are going to accomplish your goals, but if you're that type of person, then by all means make one! Scaling the huge, steep mountain that is the Korean language is a much more doable task when you know where to start climbing.

If you are interested in learning Korean or are already learning, do you have a long-term goal? A clear-cut reason? Below are some examples of some great and specific reasons why people learn Korean.

How does yours match up?

"I want to speak to my Korean friends in Korean"

Instead of saying, "I want to speak Korean to some Korean people someday, but I don't know when that's going to happen," knowing exactly who you want to talk to gives a better, clearer reason for learning the language.

"I want to talk to my spouse's family in Korean"

Knowing exactly who you want to speak with gives you an opportunity to work on a very specific set of words and expressions, making the processes much simpler.

"The job I want requires that I speak fluent Korean"

If speaking Korean can help you in your current job in Korea, or if you picture yourself working in Korea someday, then studying Korean is an obvious first step.

"I want to watch Korean movies and understand them without subtitles"

Korean movies are fantastic, and it is safe to

say that you will only understand everything if you speak nearly perfect Korean. It's not necessary to study for exams and fluency certificates if this is your main purpose, so start small. Learn some basic vocabulary and phrases, which you will continually build upon as you progress through your studies. You'll be understanding every Park Chanwook movie in no time.

"I just want to understand the lyrics in Korean songs"

If this is your main reason for learning Korean, there are a few hundred (overused) Korean words and expressions in Korean songs, so make the most of your effort by breaking down the lyrics to learn vocabulary and common expressions.

"Just for fun"

After reading the reasons above, you might think that it's a bad thing if your reason for learning Korean is "just for fun." However, learning Korean just for fun is absolutely fine as long as you know and remember that you are just learning it for fun. Learning is fun, but if you are feeling more stressed about not being able to study or practice much, then perhaps you are not learning it for fun anymore and need to find a new reason.

People say that it is important to have fun while learning, and while that's entirely true, it doesn't have to apply only when you are learning just for fun. For some, having fun while studying or preparing for a job interview in Korean is just as much fun as dancing around the house while singing a K-pop song into a hairbrush.

If you haven't really given much thought to your reason for learning Korean before reading this article, I challenge you to spend a little time today coming up with a specific reason and writing it down. Post it in a place where you can see it every day. Let it motivate you to keep training your brain for victory. What you need to do next — or even right now — is up to you, but can you clearly answer the question, "Why are you learning Korean?"

GROOVE

ROKONOMICS

UNSUNG HEROES: THE IMMIGRATION STAFF

A testament to Korea's hardworking public service employees - the immigration staff

Story by Daniel Tudor / Illustration by James Kim



ust this morning, I went to the immigration office. Those two words are normally enough to strike fear, or at least mild annoyance, into the hearts of overseas workers the world over. How long would I be made to wait this time? Why had they rearranged the whole building, sending people living in one district to the second floor, and those living in another to the first? And why was the place already full to bursting at 9:05 a.m.?

But my concerns, as always, were unreasonable. Though I don't possess one of those rich investor or diplomatic visas that entitles you to champagne and strawberries while staff fast-track your application, I was in and out of the place in 20 minutes.

This may be a controversial opinion, but I feel that the rank-andfile staff of the Korean immigration service are unsung heroes. The main Seoul office, Mok-dong, is old and grimy, and overburdened with applicants. The place also doubles as a free sauna in the summer, thanks to the government's anti-air-con fetish (perhaps if big manufacturers weren't given subsidized electricity, this wouldn't be an issue). But under miserable conditions, they do a great job.



ABOUT THE AUTHOR

Daniel Tudor, The Economist's Korea correspondent, writes about topics of interest in Korea today. Recently he released his first book "Korea:The Impossible Country," which has been the subject of articles and reviews in the Financial Times,The Wall Street Journal,Time, and others. His opinions do not neccesarily reflect those of Groove Korea. — Ed.

THEY DO A DECENT JOB, AND GET A BAD RAP THROUGH NO FAULT OF THEIR OWN. SO HERE'S TO THE IMMIGRATION OFFICE STAFF, MY FAVORITE PUBLIC SERVANTS.

If I compare the experience with those of Korean friends applying for work and student visas in my country, I can't help but be thankful. One of my best friends in Korea had been accepted to do a master's at the London School of Economics, had the requisite amount of cash in his bank account, and had all his documents in order. Bearing all this in mind, though, he says the staff treated him with the kind of suspicion he thought would be reserved for persons named Osama al-Jihad. His application was even rejected once, only for them to change their mind later.

Korean immigration staff are doing a great job by comparison. Unfortunately, it is the higher-level stuff that sometimes lets the overall service down. I wonder why it is that, in a country so utterly obsessed with English education, someone has seemingly decided that immigration officials don't need to be able to speak the language. I'm not saying they should, or that I have any right to expect them to (I don't). But it does seem odd when virtually every other government institution, big business and educational establishment is full of people who say (with an excess of pride, and in an American accent), "Haha, it's okay, I speak English. You can call me Brad Kim," whenever I hold out my hand and say "반갑 습니다."

And like a zillion other Korean organizations, the immigration service's website is hobbled by the "software environment" that we all love to hate. Active-X is tyrannical yet utterly defective, and even the brightest of minds have no idea how to deal with it. If it were a country, it would be North Korea. And yet here we are in South Korea, trying vainly to book our immigration office visits subject to its whims. This time around, I just gave up and went along without an appointment.

There are controversies at the policy level too, of course. This magazine has rightly campaigned about the HIV test requirement for E-2 visas, for instance. Though I share a nationality with thousands of native English teachers, my visa entitles me to have as much AIDS and as much of a criminal background as you can shake a used syringe at.

But none of that should reflect on the folks who sit on the other side of the desk at Mok-dong. They do a decent job and get a bad rap through no fault of their own. So here's to the immigration office staff, my favorite public servants.

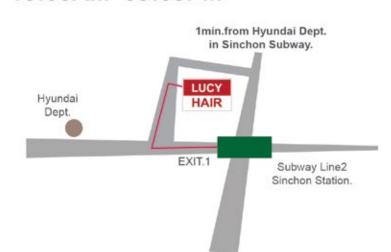
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THE MONEY COLUMN

SENDING MONEY HOME: **BE SENSIBLE**

There is more than one way to send money home. Explore your options and choose a method that works for you and your budget

Story by Paul Sharkie / Illustration by James Kim



aving the ability to send money home at our own convenience and at the lowest price is something of an automatic expectation for most, yet a reality for few. This can largely be attributed to the reluctance of many to adopt internet banking or simply not knowing the full range of options available to them and at what price. While visiting a teller can be a pleasant way to remit money home, there are other ways that can save you time and money.

Before looking at these methods, first of all you must decide which bank you wish to designate as your "primary foreign exchange transaction bank." This simple task is easily completed by visiting the bank in person with your passport and alien registration card.

Making this designation means that all future foreign exchange transactions must be done using that bank, although you can easily change to another if you want.

Every individual is limited to sending \$50,000 (or the equivalent) overseas per year. If you would like to send more, proof of how you sourced the funds must be provided and any amount over this limit will have to be sent in person, at a branch.

The most common method of remitting money is to simply pay a visit to your nearest branch with the aforementioned forms of identification and the necessary receiving bank account details. This is a frequent transaction for bank tellers and customers alike, yet



ABOUT THE AUTHOR

Paul Sharkie is the Foreign Client Relationship Manager for Shinhan Bank's Foreign Customer Department. Please visit Shinhan Expat Banking on Facebook for more information. The banking information provided in this column is based on Shinhan Bank policies and may not be applicable to all banks in Korea. — Ed.

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the latter party does not always know about the fees associated or - even if they do - why they are applied.

There are usually three banks involved in an overseas remittance transaction: a local (Korean) bank, an intermediary bank and the bank that will receive the funds. The fees you might expect to pay are the following:

- A flat rate telegraphic transfer (T/T) fee (consult with local bank)
- A (Korean) bank handling fee (varies by amount sent and mode of remittance);
- An intermediary bank fee (varies by bank check with receiving bank as to which intermediary bank they use); and
- The receiving bank's transfer fee (varies by bank check with receiving bank)

You (the remitter) will be responsible for the cost of the first two fees and potentially the fourth if you are also the receiver. With regards to the intermediary bank fee, you can choose whether to cover this cost or have the beneficiary pay it; this is important to remember if you are not the receiver.

It is also possible to automatically send money overseas from your regular checking account or from a special overseas remittance account. With regards to the former, you may schedule the automatic transfer(s) that will be made to each designated beneficiary (as many as you like) according to the date, currency or cycle (monthly, bimonthly, quarterly or every six months). With the latter, you can select the criteria that will trigger an automatic overseas remittance: the rate, date or amount. The difference with this account, however, is that it is only possible to have one beneficiary per account — but you may open as many as you like and even get discounts on the remittance fees and exchange rate spread.

If you would like to save (significantly) on remittance fees and receive a discount on the exchange rate spread, remitting online or via an ATM would also be the way to go. For both of these services you must first register at a bank branch again, in person with your ARC.

Finally, for those sending money (USD only) to elsewhere in and around Asia, sending a money gram is not only the fastest way, but it may end up being the cheapest as well. To use this service, find out which banks provide it and which fees apply; then take your passport and beneficiary details to make a transaction. Your money will be deposited in an overseas beneficiary account within approximately one hour. This is a relatively new service in Korea and several restrictions apply, but do ask your teller for more information; depending on where you are sending, it could work out to be cheaper.

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Hey, hey, it's our birthday! Story by Matthew Lamers, Britney Dennison / Illustrations by Jungeun Jang

Groove Korea readers answer 27 polls. Here's what they had to say

ver wonder what your fellow Groove readers think are the 7 best books written about Korea? What about 7 places to meet people or ■ 7 things you don't get about Korea?

No, we're not changing the name of the magazine to 7. On the occasion of Groove Korea's 7th anniversary, we asked readers and Groove contributors to share their thoughts on an array or topics, from Korean food to blogging to the surefire signs you've been in Korea too long. What came back is an impressive snapshot of our readers' tastes and opinions. These aren't comprehensive lists by any means. For example, "7 great businesses started by expats" could easily go as high as 20 or 30, as could "7 great expat bands." Some lists are meant more for humor's sake ("7 Korean foods that are 'good for stamina'"), while others are practical ("7 best places to get microbrews") while is should be obvious that "7 museums that are so lame you must go see them for yourself" is intended purely for entertainment. Use your own discretion.

It goes without saying that these lists are entirely subjective. Take them as such and enjoy.

Groove Korea does not recommend or endorse any companies or products in this article. The opinions expressed are those of our readers and contributors and do not necessarily represent those of Groove Korea. — Ed.

7 GREAT BOOKS WRITTEN ABOUT KOREA

It goes without saying that Groove's readership is a very well-read bunch. Devour all the information you can about Korea while you're here. Start with "Korea's Place in the Sun" by Bruce Cumings and "The Koreans" by Mike Breen before moving on to ...

- "Ethnic Nationalism in Korea" by Gi-Wook Shin
- "Escape From Camp 14" by Blaine Harden
- "Nothing to Envy" by Barbara Demick
- "Korea: The Impossible Country" by Daniel Tudor
- "Korea Between Empires: 1895-1919" by Andre Schmid
- "The Park Chung Hee Era" by Byung-kook Kim, Ezra Vogel
- "Please Look After Mom" by Kyung-sook Shin (novel)

7 TRAVEL BOOKS TO BRING ON YOUR NEXT ADVENTURE

If you're an expat and you're reading this, chances are good that the innate desire to explore is part of what brought you to Korea. Pick up any of these great travel books at www.whatthebook.com

- Anything by Paul Theroux (especially "The Great Railway Bazaar")
- "Take Me with You" by Brad Newsham
- Anything by Bill Bryson (especially "In a Sunburned Country")
- "Invisible Cities" by Italo Calvino
- Anything by Jack Kerouac (especially "On the Road")
- "The Bible in Spain" by George Borrow
- "One Hundred Years of Solitude" by Gabriel García Márquez

7 THINGS YOU DON'T GET ABOUT KOREA

Whether you're the Korea correspondent for The Economist or a newbie English teacher, there are some things you'll never quite grasp. This is what our readers think:

- Why one of the two front doors is always locked in commercial buildings
- Why buses don't stop at red lights and people drive on sidewalks
- Where Koreans put their trash and why there aren't more trash cans
- Why/how Korean women put up with the hostess bars and red light districts
- Why people crank the A/C at work, then open the windows
- Couple clothing
- Why people stand directly in front of the elevator when the door is opening, then look shocked when someone needs to push by to get out

$oldsymbol{7}$ places to get a haircut, but not a handie

In some places in Seoul you're more likely to find a brothel than a hair salon. Avoid that predicament/opportunity by choosing one of these places suggested by our readers:

- Linda's Hair and Nail in Itaewon (02) 796-2388
- Jay's Hairdressing in Itaewon (070) 4227-6158
- Park Jun Beauty Lab by Gongduk Station (02) 702-1001
- Lucy Hair in Seodaemun-gu (02) 325-2225
- Juno Hair in Myeong-dong (02) 777-1213
- Hair and Joy Hair Salon in Hongdae (010) 5586 0243
- Hair Sensations in Yongsan-gu (02) 792 0729

7BEST KOREA-RELATED YOUTUBE VIDEOS

There are some truly sensational videos out there about Korea. We asked readers for their favorites and this is what they came up with:

- "Sunset & Sunrise of Korea" by Kwon O-chul
- "The Most Beautiful City on Earth Seoul" by Verces86
- "Kickin' it in Geumchon" by EV Boyz
- Anything by Eat Your Kimchi (eatyourkimchi.com)
- "Do You Know South Korea?" by David Dutton
- Anything by Michael Aronson (timetorocktheworld.com)
- Anything by Qi Ranger (qiranger.com)

PLACES TO MEET PEOPLE (AND "HOOK UP," IF THAT'S HOW YOU ROLL)

Sometimes it's hard to meet people, especially if your job doesn't have 9-5 hours. Here's a sample of where our readers have had success in meeting people.

- The train (the Mugunghwa slow train, not the KTX)
- Language exchange (Facebook: Language Exchange Cafe)
- MeetUp (CommunityKorea.com)
- Networking events (theguanxinetwork.com)
- Coffee shops
- Dating websites
- The gym or any community club

7 BEST GROOVE KOREA COVER STORIES OF ALL TIME

Groove is an awesome magazine — it's true. The best magazine in all of Asia? You said it, not us. Here are your choices for the best covers we've ever made:

- "Dear Korea: I still don't have AIDS" by Matt Van Volkenburg, Ben Wagner, Matthew Lamers (April 2013)
- "Is Korea's EFL education failing?" by Elaine Ramirez (March 2013)
- "Japan's shame: Surviving sex slaves await justice" by Dave Hazzan (November 2012)
- "Eat Your Kimchi: How 2 Canadians rode to the crest of the Korean Wave" by James Little (September 2012)
- "Korean railroad adventures: 7 trail tales and 25 places you must see in Korea" (August 2012)
- "The truth about relationships with foreigners" (July 2012)
- "A conversation with Aung San Suu Kyi; How Korea supports the Junta in Myanmar" by Adam Vink, Matthew Lamers (August 2011)

SIGNS YOU'VE MADE IT AS AN EXPAT IN KOREA (AND THAT YOU'RE HERE TO STAY)

If you can afford to golf in Korea, or are friends with people who can afford it, that might be a sign that you have made it as an expat in Korea. Here's how you stack up with our readers:

- You drive a Sonata and speak Korean
- Barreling through people on the subway earns admiring glances from ajummas
- You haggle and get a lower price at Namdaemun Market
- You have a 10-year term investment
- When you can taste the difference between good- and bad-quality kimchi
- You've racked up enough points for an F-2 visa
- You refer to Korea as "home" and stop sending money overseas

$oldsymbol{7}$ signs you've been in korea too long

If you skip the Cass not because it's disgusting, but because it's too expensive, then we are sorry, but you have been here way too long. Here's what our readers think:

- You punch yourself to relieve soreness.
- You elbow people out of the way to get on the bus first.
- You run red lights, and have shouting matches with other drivers daily.
- Your mother doesn't remember what you look like.
- Your honest answer to two Groove reader poll questions is "soju."
- Drinking on a Monday is normal compliments of your team leader.
- You start running into people with your shopping cart at the supermarket just to fit in.

7GO-TO TRAVEL AGENCIES OR WEBSITES

You paid what for that flight?! Stop paying so much. Visit these expat-recommended travel agencies and websites to make sure you get the most out of your trips:

- Joy Travel beside City Hall
- Unique Travel (02) 792-0606, Top Travel (toptravel.co.kr/eng)
- skyscanner.com
- onlinetour.co.kr is in Korean, but has some great deals
- Kayak.com
- Try these airlines: Jin Air, Busan Air, Jeju Air, Eastar Jet, T-way Airlines
 - Hipmunk.com

7 KOREAN FOODS YOU CAN'T LIVE WITHOUT

What makes your mouth water? Our readers tell us what Korean foods they crave.

- 김치부침개 Kimchi buchimgae (Pancake-like dish)
- 감자탕 Gamjatang (Pork bone soup)
- 김치, preferably from 전라도 Kimchi from Jeolla (Fermented cabbage with a variety of seasonings)
- 녹차빙수 Green tea bingsu (Korean shaved ice dessert)
- 참치김밥 Tuna kimbap (Tuna and vegetables rolled into seaweed)
- 물냉면 Mul naengmyeon (Ice-cold buckwheat noodles with broth)
- 순두부찌개 Sundubu jiggae (Hot and spicy stew)

7 Korean foods <u>that</u> are "Good for Stamina"

If tonight's the night for lovemaking and you're looking for a bit of a boost, you're in the right country. From silkworm snacks to congealed blood soup, may these suggestions from our readers help make this night a magical one indeed.

- 보신탕 Boshintang (Dog stew)
- 생간 Saeng-gan (Raw liver)
- 산낙지 San-nakji (Small octopuses swimming in sesame oil)
- 선지국 (Blood soup)
- 보양식 Boyangsik (Energy food)
- 장어구이 Jangeogui (Grilled eel)
- 삼계탕 Samgyetang (Chicken and ginseng soup)

$oldsymbol{7}$ best additions to korea in the last 7 years

From pubs to restaurants and magazines to craft beer, here are some of the things Korea has adopted that have improved our readers' quality of life:

- Costco
- Craft beer (Reilly's, Craftworks, Red Rock)
- Mexican food (Gusto in Sinchon, Vatos in Itaewon)
- High Street Market (highstreet.co.kr)
- Easy-to-find sour cream, dill pickles, olives, mangoes and avocados
- Reasonably priced cheese
- Expansion of the KTX bullet train network

7 BEST PLACES TO GET MICROBREWS

Forget the Cass and Hite. Korea's microbrew scene has a lot of complexity with none of the mass-produced flavor. What are the best beers? See what our readers think:

- Reilly's Taphouse in Itaewon (02) 792-6590
- Craftworks Taphouse & Bistro in Yongsan-gu and Pangyo (craftworkstaphouse.com)
- Magpie Brewing Company in Yongsan-gu (magpiebrewing. com)
 - Big Rock Brewery in Gangnam (bigrockbeer.co.kr)
 - The Booth in Yongsan-gu (02) 1544-4723 and Seocho-gu (02) 8673-4742
 - Han's Supermarket in Itaewon
 - Galmegi Brewing in Busan (010) 4469-9658)

7GREAT EXPAT BANDS

Working by day, rocking by night — these bands are like the superheroes of the expat world. This one was particularly hard to narrow down because there are so many good bands out there.

- St. John the Gambler (facebook/saint-johnthegamblez)
- Magna Fall (facebook/magnafall)
- -Language of Shapes (facebook/languageofshapes)
- Whatever That Means (facebook/whateverthatmeans-music)
- Seoul City Suicides (facebook/seoulcitysuicides)
- We Need Surgery (twitter.com/weneedsurgery)
- Angry Bear (facebook.com/angrybearkorea)

7 AMAZING KOREA TIMES HEADLINES

Love it or lump it, the Korea Times has been entertaining us for over half a century. Following is a selection of memorable headlines, courtesy of the Korea Times.

- Kim Jong-un named sexiest man alive for 2012 (Nov. 28, 2012)
- It's hot (July 30, 2013)
- Can anyone score the darn ball (July 27, 2013)
- Alien spaceships to attack Earth in November! (Jan. 24, 2012)
- UFO enthusiasts admit truth may not be out there after all (Nov. 2012)
- Alien graveyard found (Dec. 15, 2009)
- Orgy catches Korea with pants down (March 21, 2013)

/ MUSEUMS THAT ARE SO LAME YOU MUST TO GO SEE THEM FOR YOURSFIF

- ... Because who wouldn't want to spend an afternoon admiring old stock certificates at the Securities Museum, or gawking at penises and vaginas at the Sex Museum. Here are some of our readers' top museums in Korea:
- Securities Museum (Stocks, not locks; ksd.or.kr)
- The Kimchi Museum (kimchimuseum.co.kr/foreigner/english/intro.asp)
- Seoul Museum of Chicken Art (kokodac.com)
- Mr Toilet House, Suwon Toilet Museum (haewoojae.com)
- The Lock Museum (lockmuseum.org)
- Owl Art & Craft Museum (owlmuseum.co.kr)
- Nonghyup Rice Museum (rice-museum.com)

BEST BLOGS IN KOREA

Almost everyone living abroad has a blog. So how do you separate the good from the bad? Don't worry; there's no need to dig through the dirt to find the gold. Our readers have done the heavy lifting for you.

- Eat Your Kimchi (Culture) eatyourkimchi.com
- The Marmot's Hole (News) rjkoehler.com
- Korea Beat (News) koreabeat.com
- Chris in South Korea (Travel) chrisinsouthkorea.com
- QiRanger (Travel/News) qiranger.com
- A Fat Girl's Food Guide to Eating in South Korea (Food) afat-girlsfoodguide.com
- Zen Kimchi Korean Food Journal (Food) zenkimchi.com/FoodJournal



The election of a female president and landmark court cases are reflective of Korea's changing social and political landscape. Here are some signs that Korea is on the path to a bright future:

- 50,000 won bills
- Bus drivers sometimes stop at red lights now
- Pop culture is becoming less dominant, or at the very least, subcultures are finding bigger audiences
- Free day care
- Minorities have a louder voice than ever
- More social programs to assist migrant wives and their families
- Craft beer

7 SIGNS YOU SHOULD HIT THE BRAKES ON YOUR BOOZING

As you stare at your bowl of ramen, wondering where your last paycheck went, there is only one word that comes to mind: alcohol. Here are the signs that you should hit the breaks on the boozing.

- You prefer soju to Cass because it's cheaper
- You're getting hammered on most weeknights
- You still refer to drinking as "boozing" even though you are 36 years old
- You genuinely believe that your noraebang K-pop sounds good
- A student tells you that you smell like their dad
- You end up on Facebook's feed as the girl who sat at the bar and pissed in her pants
- Shit, there are signs for that?



7 THINGS THAT MAKE KOREA A GREAT PLACE TO LIVE

Low tax, beautiful people and the best subway in Asia come to mind, but there are lots of reasons Seoul is a great place to live. Here's what readers had to say:

- Public transportation
- Great food from Korea and around the world
- Beautiful people
- Random acts of kindness
- Low income tax (it's all relative)
- Affordable health care
- Abundant employment opportunities

7BEST CITIES IN THE WORLD FOR EXPATS

Barcelona, Shanghai, Manila -- what are the best cities to live in as an expat? This is what our readers came up with. (Seoul and Busan made the list!)

- Seoul and Busan
- Kyoto
- Shanghai
- Hong Kong
- Amsterdam
- Sydney
- London

7THINGS YOU BUY AT HIGH STREET MARKET AND COSTCO

Cheese topped this list, obviously, but some of the other items our readers seek out at HSM and Costco may surprise you.

- Costco: Coffee beans
- HSM: Beef
- Both: Whole turkeys
- Huge jars of peanut butter
- Vitamins
- Deodorant
- Tampons

7HOTTEST K-POP STARS (BABES)

Whether you love them, hate them, or love to hate them, Groove readers have scoured the K-pop world to bring you the hottest of the hot.

- 이효리 Lee Hyori
- 이채린 CL from <u>2NE1</u>
- 최수영 Soo-young from SNSD
- 제시카 정 Jessica from SNSD
- 보라 Bora from Sistar
- 전효성 Hyo-sung from Secret
- 김현아 Kim Hyuna from 4Minute

THOTTEST K-POP STARS (BROS)

Perfect hair, eyeliner, and a seductive gaze – no we're not talking about the girls. Grease up those abs and set the rain machine in motion because here is the list of the hottest K-pop boys.

- ⊍l Rain
- 세븐Se7en
- 최시원 Choi Si-won from Super Junior
- 탑 T.O.P. from Big Bang
- 강대성 Kang Dae-sung from Big Bang
- 박재범 Jay Park (a former member of 2PM now a solo artist)
- 민호 Choi Min-ho from SHINee

7Great care package items

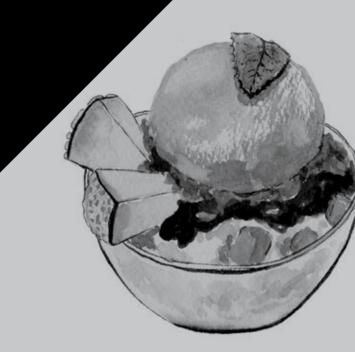
Whether you've been overseas a few months or a few years, there are some things you just can't live without. Sometimes they are practical, other times a Luxury. Here's what our readers like to receive in the mail:

- Chocolate: Reese's Peanut Butter Cups, Coffee Crisps and M&Ms
- Clothing, especially bras and shoes
- Medicine, deodorant, toothpaste
- Marmite, Nutella
- Brazilian goiabada
- Chapatti and roti bread
- Kraft dinner

7 GREAT BUSINESSES STARTED BY EXPATS

The entrepreneurial spirit is catching on in a big way in Korea. Here are some of the businesses that have really taken off in recent years:

- Craftworks Taphouse & Bistro, Magpie Brewing Co. in Itaewon, The Booth, Wolfhound
- High Street Market
- That Turkish guy who owns all the kebab places springing up in Seoul
- Vatos Urban Tacos, Gusto Taco
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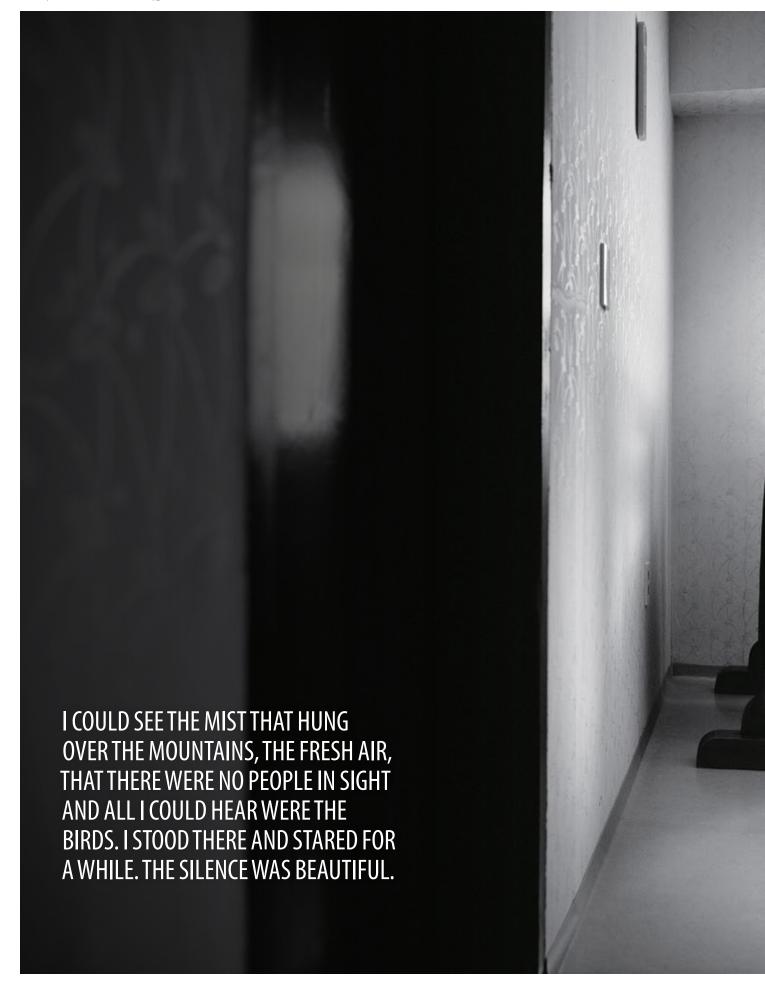




ZEN BUDDHISM MEET THE MONKS AND NUNS OF KOREA

The foreign monks and nuns of Hwagye-sa and Musang-sa share their stories on how they came to Korea, and what keeps them here

Story by Sophie Boladeras / Photos by Dylan Goldby







Korea, it is said that there are two reasons to become a monk. One is that your life is so bad that you don't have any other options. The other is that your life is so good that it lacks meaning.

I made the trek out to Musang-sa, a Zen Buddhist temple near Daejeon, on one very gloomy morning to find out why the foreign nuns and monks who reside there have come to practice in Korea.

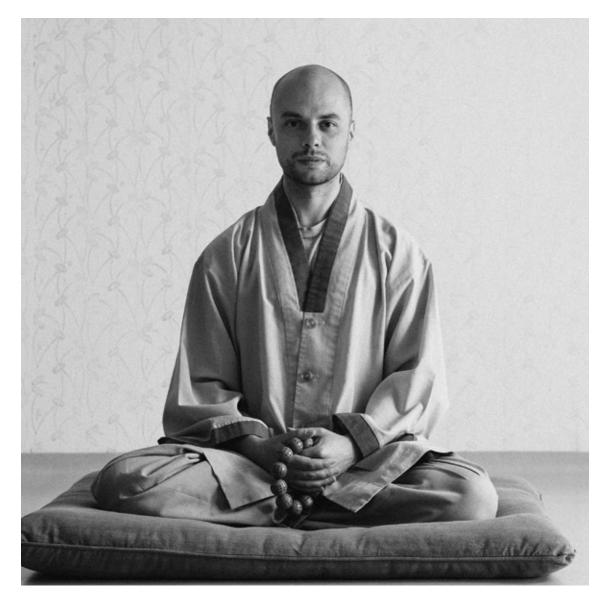
Korean Buddhism is accessible to everyone, hence the strong community of foreign monks and nuns living and practicing Zen throughout the country. In many Western countries, an awareness of Buddhism has grown, but for practitioners from those countries where Buddhism is not common, it can be hard to develop full immersion in a strong monastic community.

All of the Buddhist practitioners I spoke with expressed a great respect for Korean Zen Master Seung Sahn, who passed away in 2004. They were all either currently practicing at one of two places on the peninsula. The first, Hwagye-sa, was built in 1522 by Zen Master Shin Wol and is home to Hwagyesa International Zen Center at the foot of Samgaksan Mountain in the northern part of Seoul. The second, Musang-sa, which is young by comparison, was established in March 2000 to support a community of foreign monks, nuns and laypeople.

Both Hwagye-sa and Musang-sa follow Seung Sahn Sunim's teachings. In 1949, at the age of 22, it is said that he attained enlightenment before spending three years in silence, strengthening his Zen practice. In 1972, he traveled to the United States as a tourist and eventually took a job at a laundromat near Brown University. He began teaching curious students about Zen practices and went on to found the Providence Zen Center in Cumberland, Rhode Island.

During his lifetime, Seung Sahn Sunim spent much of his time visiting Zen centers, teaching and giving interviews in Korea and around the world. When I first visited the space near Daejeon, I took some time to roam around the temple grounds. Musang-sa is perched atop Gyeryongsan, a mountain renowned for its strong mystical energy. When I walked up the hill to Buddha Hall and stood outside the ornately painted building, I could see the mist that hung over the mountains, the fresh air. Not a single person was in sight and all I could hear were the birds. I stood there and stared for a while. The silence was beautiful. As I circled the building and looked at the paintings covering its exterior, one depicting two monks held my attention. It featured one monk who was holding a skull and another who seemed to be beckoning him, or waving goodbye, while walking towards the setting sun. Near the painting, I found a door to go inside, and on entering I was greeted with stillness and serenity. I knelt on the wooden floor and breathed. I tried to exhale some of the trepidation I felt about interviewing the foreign Buddhist monks and nuns residing here.

My initial anxiety waned after speaking with the fascinating, and at times hilarious, nuns and monks at both temples. The following is an edited transcript of my conversations with the monks and nuns of Hwagye-sa and Musang-sa.



SEON JEONG SUNIM

POLAND

The first monk I sat down with was Seon Jeong Sunim, a friendly young Polish man who came to Korea after he heard of the teachings of Seung Sahn Sunim. He studied geography and tourism at university in Poland and then worked as a tour guide in China, Sri Lanka and India, which all happened to be countries where Buddhism is commonly practiced.

"In Korea they say that there are two reasons to become a monk, and in my case it is actually a mixture of the two. If your life is really bad, then you are able to understand and experience the impermanence of everything, and this is a big reason to become a monk. In Poland, there is not a strong monastic environment — there are only laypeople groups. Slowly, in the West, there are becoming more Zen centers, but I wanted to go to the root. I heard of the teachings of Seung Sahn Sunim in Europe, so I practiced for a while there and when my interests deepened, I decided to go to his home country to learn more.

"His disciples were my teachers, and as a foreign monk in Korea I hope to connect Eastern and Western people with these teachings. I feel that Zen is the most simple and direct way of finding out what the mind is."

'IF YOUR LIFE IS REALLY BAD, THEN YOU ARE ABLE TO UNDERSTAND AND EXPERIENCE THE **IMPERMANENCE OF** EVERYTHING, AND THIS IS A BIG REASON TO BECOME A MONK!

— SEON JEONG SUNIM



WON JEONG SUNIM

CZECH REPUBLIC

Won Jeong Sunim was the first woman from the Czech Republic to become a Zen Buddhist nun in Korea. In her search for personal growth and change, Won Jeong Sunim started off practicing yoga, which then progressed to meditation. Her initial and interesting introduction to Korean Buddhism came thanks, in part, to her busy schedule.

"There were aspects of myself that I wanted to change, but I didn't know how to go about finding this change. I did some psychotherapy, but for me there was a point where I couldn't go any further and things could not be fully explained. I did a search online and found a Tibetan Buddhist center and a Korean Buddhist center. The Korean center's hours fit my schedule, so I went there. Initially, it was very weird; these people were wearing these funny clothes, chanting in Korean and sitting, staring at the walls, but they were very friendly and there were lots of young students.

"I felt ridiculous at first, but also comfortable. We would finish meditating and drink tea together and I felt like, okay, nobody is pushing me to do anything and there is no pressure. I started to practice a lot and began to visit the center on the weekends. With Zen I found out that there is an open space behind the boundaries within our minds, and if I practice, I can come to this very open space."

'WITH ZEN I FOUND OUT THAT THERE IS AN OPEN SPACE BEHIND THE BOUNDARIES WITHIN OUR MINDS, AND IF I PRACTICE, I CAN COME TO THIS VERY OPEN SPACE.'

--- WON JEONG SUNIM



SEON JOON SUNIM

UNITED STATES

A great space still exists between the genders in contemporary Korean society. But when it comes to monastic life, Korea offers far more opportunities for women than some of the region's other Buddhist hotbeds like Nepal, China and Japan.

Seon Joon Sunim, a fascinating and intelligent nun from the United States, chose Korea for two reasons, the latter of which was to practice Zen Buddhism. The primary reason was because she wanted to ordain.

"Buddhism has its own set of monastic laws. As a man, you can receive full ordination anywhere. As a woman, you can receive novice ordination in all traditions, but you (usually) can't receive the full ordination. I started out practicing in the Tibetan tradition, but given that I wanted full ordination, I only had a few options. There was Taiwan, but I had no relationship with Taiwanese Buddhism and I had never met a Taiwanese master. The Vietnamese tradition was an option, but it didn't strike a chord with me. I was practicing Korean Zen, and lo and behold, Korean Zen Buddhism has this strong tradition of nuns and a lineage (a tradition of teaching that goes back to Buddha himself). You have to have a legal ordination to become a nun, and in order to be ordained properly there are certain criteria that have to be met. I knew that many ordinations in the U.S. did not square with the ecclesiastic law that constituted a legal ordination in Buddhist terms, and so I had concerns about that. I was looking for a tradition that was canonically sound, and one that would give me full ordination. Above and beyond that, I also wanted training as a nun. These are three very specific issues that don't leave you a lot of options.

"In Korea, though, these criterion all come together. So the deal maker for Korea was that, as a woman, I had these opportunities for a full monastic life in a very structured and supported environment."

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- SEON JOON SUNIM



WON BO SUNIM

LITHUANIA

Won Bo Sunim, from Lithuania, has encountered many of the challenges that come with living in a foreign country, but has embraced Korean Buddhism for its style and accessibility.

"I think not me, nor did anyone, choose Korea for Korea; it's nothing to do with the country. It's about the opportunities here in terms of practicing Buddhism. Zen master Seung Sahn came to the West and was teaching Korean style Zen. So that's how we ended up in Korea — because of this great teacher who was Korean. This is a hard country to live in, but Buddhism is very alive here. In temple society here, nuns are able to stand on their own two feet, they have their own temples and can do anything they want.

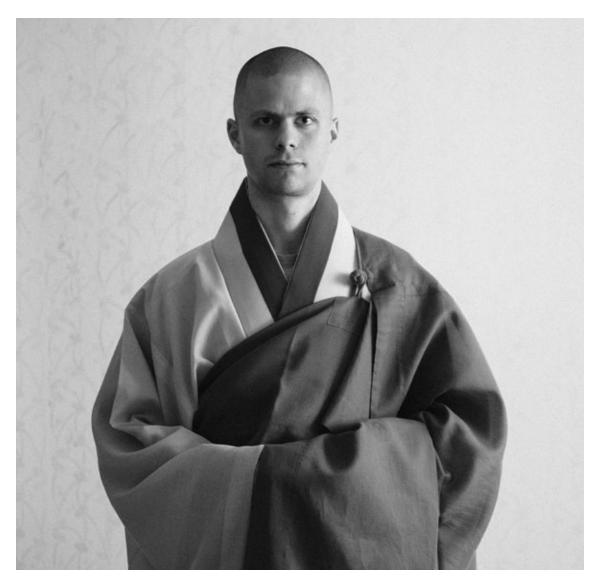
"Initially Buddha was teaching everything equally, but when Buddhism went to China, it changed to adjust to the country's already-existing gender inequalities. This was not so in Korea."

Won Bo Sunim came to Korea for the first time a few months after she graduated from university. At a young age, she encountered a number of hardships that brought many questions to the surface. Practicing Buddhist philosophy helped her to understand and deal with them.

"My mother passed away when I was 16 and I almost didn't want to live for some time. This was a pivotal moment in my life. I was living on my own and I had no brothers or sisters. Lithuania is 90 percent Catholic and I was trying this and that in terms of religion, but nothing really satisfied me. Then one time I went to a dharma talk about Buddhism. We had just broken out from the Soviet Union — we didn't even know Buddhism existed — but I was looking for something and I found it. At this dharma talk, they spoke of the exact questions that I was struggling with; it felt close to me, and it was clear to me that I wanted to learn more about this style."

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WON HYE SUNIM

CZECH REPUBLIC

For Won Hye Sunim from the Czech Republic, there was no pivotal moment that brought him to where he is now. He encountered Buddhism at a young age, and it was more like a ripening of experiences.

"I was around 10 years old and our sports instructor introduced us to meditation. Later on, I started reading books about it and tried to practice with friends. We realized that we needed a form and a teacher; learning from books wasn't enough. I ended up meeting some people who had a connection with the Korean tradition. I moved to the capitol to attend university, found a residential Zen center to practice at and after some time I moved in.

"Before becoming a monk, I was studying and working in the fields of chemistry and technology and was interested in environmental issues. I thought that technology and science can help everybody; if you help to improve the environment, then that affects everybody. I was learning about science and technology on the one hand, and the human mind on the other. I came to the conclusion that what the world needs now is not more science or technology, but more understanding of the human condition. What I really appreciate about Buddhism, contrary to other systems, is that you don't get a set of beliefs, you get the method by which you can search for answers.

"Generally, Buddhist teaching is more accessible to Westerners in Korea compared to Japan and China, and Buddhism is very alive here. I really like the interaction and connection between the temple and society in Korea."

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--- WON HYE SUNIM



DOK SEONG SUNIM

CZECH REPUBLIC

Dok Seong Sunim is also from the Czech Republic and has been in Korea for seven years. In the Czech Republic under communist rule, only Christianity was tolerated. During and following the revolution, other forms of spirituality appeared. Many Czech citizens were very unsure about what Buddhism entailed, including Dok Seong's parents.

"When I was just 17, Petr, my older brother, invited me to a Zen Buddhist weekend retreat in Prague. It was hard, but somehow I liked it. During sitting mediation, I realized that I liked the simplicity and the people, the chanting and the bowing, and I thought I would like to continue.

"My parents were worried about it being a sect; most people were really unaware about what it was all about. At 22, I started living in the Zen center in Prague, and after I started wondering about becoming a monk, it took me two years to make my decision.

"I decided that not having a family was okay. I didn't have a big desire to have a family. Practicing was more important. It was a gradual process during which I came to realize that all of the suffering I have in my life comes from me."

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— DOK SEONG SUNIM



BON JONG SUNIM

HONG KONG

After being forced to make some difficult decisions in Hong Kong, Chinese nun Bon Jong Sunim followed her teacher here in 1994. While talking about the challenges she faced at the time, the tiny Bon Jong Sunim had a radiant smile.

"Because of the bad economic situation in Hong Kong at the time, I asked myself one question: 'What do you want?' The company I worked for was firing staff. They could not afford to keep everyone, and people were very upset. I had worked for the same company for 20 years; I was a supervisor and they told me that out of my five staff members, I had to fire two of them. So I quit my job. If I had fired them, this would have been very bad karma.

"At that time I decided to try the monastic lifestyle seriously, and to learn to understand it fully. My teacher is a Chinese nun who follows the teachings of Seung Sahn Sunim, and when we came to Korea in 1994, I joined a winter retreat for one week. It was an important week. It was very difficult rising at 3 a.m.: I only had three hours of sleep and I became sick because of the intense schedule. But one nun was very sincere; she was the house-master, she took good care of me and was very supportive. It was my first time to meet a Korean nun, and she made a great impression on me. She could speak English, but at that time I couldn't very well and on the retreat we mainly kept silent anyway, so body language was very important.

"After this we went back to Hong Kong and I met Seung Sahn Sunim and heard him speak about bringing Buddhism back to China. The Chinese government had tried to stop people from practicing Buddhism, and I found it very touching that a Korean man wanted to help with Buddhism's revival in China."

GROOVE

1 WAS A SUPERVISOR AND (THE HEAD OFFICE) TOLD METHAT OUT OF MY FIVE STAFF MEMBERS, I HAD TO FIRE TWO OF THEM. SO I QUIT MY JOB. IF I HAD FIRED THEM, THIS WOULD HAVE BEEN VERY BAD KARMA.'

- BON JONG SUNIM





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ARTIST'S JOURNEY

INTERVIEW WITH KENT KIM, MARTIAL ARTIST

Interview by Wilfred Lee / Photos by Michael O'Dwyer

Oming from the eclectic mixture of a Japanese, Korean and American upbringing, Kent Kim has trained in various martial arts and now utilizes his mastery as a kickboxing trainer and fight choreographer in the expat scene and abroad. Kent sat down with Artist's Journey's Wilfred Lee to talk about the nature of martial arts and his roots in karate.



Artist's Journey: How did you get into martial arts?

Kent Kim: I initially got interested in fighting arts because of this manga called "Karate baka ichidai." I think that's when I was 7 or 8. "Karate baka ichidai" was a manga about Mas Oyama (Choi Yeong-eui), and it was a big hit in Japan.

How would you define martial arts?

It's what you get out of it. If you want a lot more, you need a good teacher.

What forms of martial arts do you enjoy doing and why?

I started out with judo, then karate. Later on I got into full-contact competitions, MMA, boxing and kickboxing, but I've never left karate. Karate is my backbone and do/tao (道). Everything else is sport that I love. My martial art identity is Karate-ka even when I'm on a floor, rolling around, choking someone out. I think and analyze through karate like it is my software.

Some people think I'm a traitor to practice Japanese martial arts. But the fact is, karate was brought to Okinawa by the Chinese originally, and once it was brought to the mainland, many of the pioneers were Koreans living in Japan. There was a dojo where all the tough karate-kas trained in Tokyo in 1945, and it was called Kanbukan (韓武館), which literally means Korean martial arts dojo. Mas Oyama (Choi Yeong-eui) was one of the karate-kas from that dojo.

Who inspires you in the martial arts world?

There are so many unknown, incredible martial artists and teachers I have met, fought against or learned under. Unfortunately, most of the well-known ones are either hypocrites or fake. There are a handful of martial artists that I really respect. One of them is Sensei Teruo Chinen. I used to go to his house in Spokane, Washington, once a year to train for seven days. The best way to describe him is when I first watched the movie "Karate Kid" and saw Mr. Miyagi (and) I thought, "Wow, that is Sensei Chinen!"

What are the benefits of learning martial arts?

Learning how to fight and get in shape is just the tip of the iceberg. What you see during the training is a simplified version of your life. There are life lessons hidden everywhere in the dojo.

For example, let's take a board-breaking test. What you eventually gain is not a strong hand or foot. You can't break a thick board unless your technique is fast, but you can't hit the board with fast speed unless you know you can break it. It's a catch-22. So what do you do? Start with thin boards so you don't even hesitate and gradually increase the thickness. That's how you build confidence.

Here, you just learned how to deal with something that seems impossible or intimidating. You can apply this mindset to many other situations in life.

What advice can you give to someone who is curious and interested in learning martial arts?

First you should ask yourself: "For what purpose do I want to learn martial arts?" Just to get in shape? To be able to defend yourself on a street? Fascinated in the philosophical side of it? Just interested in the sports side of it? By knowing this beforehand, it will help you determine if their focus is the same as your interest when you observe or try out a class for the first time.

Also, it's important to observe the instructor to figure out if he or she has enough experience and skills to be teaching. Is he or she focused on improving the students? Is he or she actually teaching or just counting numbers? Can he or she actually demonstrate the techniques?

What is the biggest misconception that people have about martial arts?

The biggest misconception is "black belt = an expert." It's like becoming a mother or father. It is not very difficult to become one, but no one is a good mom or dad from the beginning. Because of that baby you have many challenges lying ahead of you and hopefully you will become a good parent someday. Getting a black belt is not a graduation; it's a commencement.

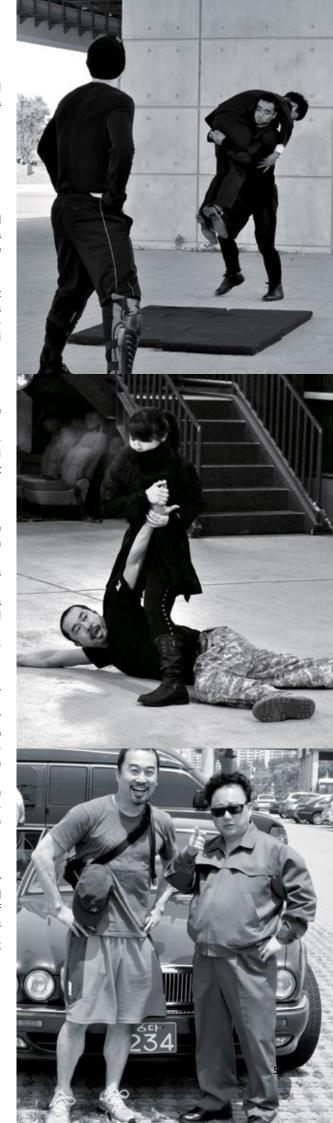
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MORE INFO

Visit Kent Kim's website at www.kickboxingkorea.com.

Artist's Journey brings you daily doses of inspiration, including weekly podcasts featuring artists from around the globe. Learn more at facebook.com/myartistsjourney or www.artistsjourney.org. — Ed



ROCK N ROLL SEOUL

BEATNIKS IT'S IN THE BEAT

THE LEAD SINGER EXUDES ENERGY AND CHARISMA WITH HIS UNIQUE VOICE AND FRENZIED PERFORMANCE, SINGING IN ENGLISH OVER A BACKBEAT OF ELECTRO-ROCK.

Story by Sophie Boladeras

BEATNIKS ARE
Sang-il Choi – Drums
Han Yoo – Singer
Gang-il Byun – Sound design
Chan Woo Yoo – Bass
Dong Hyun Lee – Guitar



MORE INFO

Beatniks plays Oct. 5, 18 and 25 at Club FF, Oct. 11-13 at the Jandari Festival, and Oct. 19 and 26 at Freebird. For more info, find them on Facebook

On a humid night at Hongdae's Club Freebird, I recently got to experience the high-energy sound of the recently formed band Beatniks. Much like the beat generation of the late 1940s, these guys are the underdogs: an intense, charismatic, but relatively unheard of new band hoping to create music people can get behind.

Up on the stage in the hot club that night, none of them look much like the clichéd beatnik. Thankfully there were no turtlenecks or black berets and there was not a bongo drum in sight. Initially, I didn't take much notice of them coming onstage, but as soon as they burst into their first song I cut my conversation short. The lead singer exuded energy and charisma with his unique voice and frenzied performance, singing in English over a backbeat of electro-rock. It was loud and captivating, highlighted by an imitative, spacey synth. Their set was a satisfying mix of beat-heavy, pop-infused electronic rock, with psychedelic undertones.

For a new band, their performance was solid. It was a show that was all about getting lost in the beat and the intense enjoyment of the moment. Groove recently sat down with lead singer Han Yoo to talk about awkward first gigs, first fans and what comes next for the group.

Groove Korea: So you have only been together for three months. How was your first gig?

Han Yoo: Our first gig was at Evans lounge in Hongdae. It was like the Dark Ages. It was horrible; we don't want to remember it.

Okay, let's talk about it then.

The venue was a nice, jazzy lounge; it had a grand piano on the stage and it was all very new to us. About 15-20 people came to listen and it felt awkward at first. Our bass player didn't know the chords too well yet and he was sight-reading. We couldn't get the balance right between the instrumental track and our live instruments. It didn't mix well and it took us a few gigs to sort that out. After that gig it was like, dude, what should we do? We were all hungry for gigs but it was probably too soon.

The second gig we played was at a pretty big place called Gogos 2 ... it didn't go too well either. The music we started out making was kind of written without any space for bass — it was very synth-heavy. The songs were all electronic-based, so we had some issues with incorporating everything and developing our sound to fit the entire band.

Then our third gig was also really awful! But at our fourth gig at Club Freebird, it finally felt like we played as a band. It was the gig that we would all remember. The manager told us he really liked us and it was the first time we received a really good response from the club. Since then we have been pretty solid.





What challenges have you come across in terms of getting your music out there?

It's only been three months since we started this band so we still need a lot of exposure. We're trying to play as many gigs as possible. Also, the reason we're planning on making an EP at such an early stage is so we can get our music out there officially. Fortunately, clubs like Freebird, Auteur and FF are supporting our music and are letting us play at their venues a lot.

What musicians influence or inspire your sound?

We have so many influences, so we are trying to narrow them down to find the color of our band, our niche sound. We want to sharpen our edge. The first covers we did as Beatniks were of Two Door Cinema Club's songs. Our musical influence mainly comes from bands like Twenty-One Pilots, Glencheck and Foals. My musical heroes were Linkin Park — I used to memorize all their songs and they were one of the first bands that I started listening to. Sang-il's musical heroes are The Beatles. He listened to them while growing up and he looks to them as the standard of what a band should be.

What do you think of Seoul's independent music scene?

Hongdae, which is the main district for indie music, has developed into a mecca of electronic dance clubs. We think it's the responsibility of live bands like us to start working harder to make the audience come back to the live clubs. For this kind of growth, bands have to stop being so competitive but rather help each other out. Good music is good music. There are so many talented bands that disappear after just a few gigs due to the competitive atmosphere of Hongdae.

The electro element makes your band stand out from others. How did you decide to incorporate it into your sound?

Some people think that electronic gadgets have no soul or originality, but I don't agree. We are living in the "electronic era." Everyone has a smartphone, and the internet is something that has become part of our lives. Naturally, music is also changing. Using electronic elements

is becoming common. So deciding to incorporate these elements into our sound was nothing special.

What we are working on is what makes us different from other electronic-influenced bands. We don't want to be a band just trying to make people dance. We want to play music that lets the audience feel something.

There are four members who play onstage, but there are actually five members in your band.

Yeah, Gang-il is the latest member to come into the band. We're thinking of making him play synth onstage with us, but until then he's more of a sound engineer at our gigs. We play with backing tracks in our shows so Gang-il plays a big part in pre-producing those tracks beforehand. We hope you'll be able to see Gang-il onstage with us

Can you tell me about any tracks you are working on?

We're working on tracks that are more guitar-riff-based and have a simpler sound structure than the songs we wrote before. I want our music to be simple but to have a strong impact. Not a big chunk of muddy material thrown at you at once. We recently made a demo CD that contains five songs. It's all home recorded so it isn't studio-quality, but we're proud enough to give it out for free as a demo. The five tracks are all on our SoundCloud page (soundcloud.com/beatniks4) and are available for free download. We're planning on finishing our EP album by the end of September.

What do you have planned for Beatniks?

We are a really new band and we feel pretty good about how things are going so far. We have developed some pretty good relationships with some of the club managers. We're working on finishing our EP album by the end of September. We want to play more gigs and to get recognized. We have no fans right now — or maybe one. Have you seen "Flight of the Conchords"? Maybe we can have a solo fan/ stalker like that lady Mel.

GROOVE

AT THE BOX OFFICE THE BIG SCREEN

By Dean Crawford

Gravity

Directed by Alfonso Cuarón



4

Sci-Fi/Drama

One of the films that made it into my top 10 movies of the 2000s was the fantastic "Children of Men" (2006). I still meet people that can take or leave the film, but I loved everything about it.

Thematically, death is something that affects us all and I loved the way that even though the film was set in the future, it clearly represented the ills of a modern society.

From a technical standpoint, I was blown away by the long takes, especially the chase scene in the car. I thought it was one of the most inventive sequences I had seen in a while and had no idea how they did it. (It turns out it was the work of key grip Kenny Atherfold, who I got to work with on the final two "Harry Potter" movies, which was an added bonus to being a crew member on a big film!)

It's been a while, eight years to be exact, but Alfonso Cuarón is returning with his new

film, "Gravity," which stars George Clooney and Sandra Bullock.

Bullock plays Ryan Stone, a doctor on her first space mission, and Clooney is Matt Kowalsky, an astronaut on his last. On a space walk, the shuttle is damaged, leaving them with no communication to Earth and a limited oxygen supply.

The trailers have been pretty cryptic thus far, which I think is a good thing. But considering how long it has taken the film to get to the big screen, you wonder if this will have any effect on the finished product. Several actors came and went, with Robert Downey Jr., Angelina Jolie and Natalie Portman all signed on to play the leads at one point or another.

But no matter the problems the film has faced, I have great expectations every time I go to see a Cuarón movie and "Gravity" will be no different.

GROOVE

Kick-Ass 2

Directed by **Jeff Wadlow**



9

Action/Comedy 103 minutes

With the increasing frequency with which superhero movies are being released, it could be argued that whenever one comes out, it's no longer the huge event it once was because the genre is becoming so generic and stale. In the last 10 years alone, there have been four "Spiderman" films (with one more on the way), seven "X-Men"-related films, three "Iron Mans" and three "Batmans."

However, Matthew Vaughn's 2010 adaptation of Mark Miller's "Kick-Ass" felt like a breath of fresh air. One excellent reviewer (me) said, "'Kick-Ass' is the kind of superhero film that you have always wanted to see. 'Kick-Ass' could be any one of us as. Despite being set in a fantasy world of costume avengers, he has no superpowers, no money and no special gadgets. Just a will and a desire to make a difference."

And now this month sees the return of "Kick-Ass," and the sequel looks bigger, foul-

er and more violent than ever. "Kick-Ass 2: Balls to the Wall" follows a new wave of Kick-Ass-inspired masked crusaders lead by Col. Stars and Stripes (Jim Carrey). Kick-Ass's one-time ally, and now sworn enemy, Red Mist a.k.a. The Mother Fucker (Christopher Mintz-Plasse) is planning on destroying all masked crusaders and the only one who can help is Hit Girl (Chloë Grace Moretz).

Unfortunately, Matthew Vaughn hasn't returned to direct, but he is still credited as a producer and had a hand in choosing the new director, Jeff Wadlow, who also wrote the film's screenplay.

Who knows how the film will turn out, but seeing as Jim Carrey has decided not to promote the film due to its content, one thing's for certain: not only is it going to be very original, but it's also going to be very, very violent. Whether that's a good thing or not, we'll have to see to find out.

GROOVE



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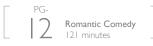
By Dean Crawford

All About My Wife

(내 아내의 모든 것)

Directed by Min Kyu-dong





Have you ever wondered what that famous scene in "Ghost" (1990) would have looked like if Patrick Swayze and Demi Moore were Korean, and instead of making a clay vase they were milking a cow? Well, if you have, you're in luck, as that's just one of the scenes in Min Kyu-dong's romantic comedy "All About My Wife" (2012).

While Jeong-in (Lim Su-jeong) is in Japan learning how to cook, she bumps into Doo-hyun (Lee Seon-gyun), who is on a student-exchange program. Fast forward seven years. They are back in Korea, married, but the relationship has disintegrated and Doohyun can't stand his overbearing, opinionated wife.

Jeong-in knows the only thing for him to do is to be a man and ask his wife for a divorce. Instead, he decides to enlist the help of the town Lothario, Seong-gi (Ryoo Seung-ryong), to seduce his wife, making the divorce as painless, and as cheap, as

possible. However, the more distant his wife becomes, the more Doo-hyun starts to wonder if he has done the right thing.

To my surprise, I loved the film. I'm not usually a fan of romantic comedies, but it was genuinely funny and didn't rely on slapstick to drive the plot. The script is solid, and despite Lim Su-jeong's character being extremely annoying at times, there is some truth to the things she says. You get the impression that the writers were using the character as a mouthpiece to voice their displeasure over certain aspects of Korean society. For example, they clearly don't agree with Korea's views on making sure you're married before a certain age. Jeong-in lets her feelings be known to her detractors in the film and, in turn, to us, the audience.

"All About My Wife" is funny, charming and sad all at the same time, and definitely worth a watch - even if you aren't a fan of the genre. GROOVE

My Little Bride (어린 신부)

Directed by Kim Ho-joon





Having been pleasantly surprised by "All About My Wife" (2012), I decided that October's reviews would be a romantic comedy double bill, and one film that continually crops up on the lists of best Korean romantic comedies is "My Little Bride."

Released in 2004, the film follows high school student Bo-eun and longtime family friend Sang-min. It transpires that Bo-eun's grandfather made a promise to Sang-min's family during the Korean War to ensure Sangmin and Bo-eun would marry. Obviously, both parties are against the idea, but they cave in to their dying grandfather's final wish.

This causes countless problems, as Bo-eun is in love with the high school baseball star and Sang-min is a playboy who just wants his freedom before he graduates college. Oh, and I should mention that Bo-eun is only 15 years old.

"My Little Bride" is not a terrible film by any means. Unrealistic? Yes. Exceptionally generic? Definitely. But the main problem I had was that I just couldn't stand any of the characters.

I know Kim Rae-won was supposed to play Sang-min as an arrogant, selfish ladies' man. But just because his character suddenly changes in the last 20 minutes, doesn't mean that I could change my opinion quite so easily.

And I'm sure Moon Geun-yeong did a great job in portraying the 15-year-old Bo-eun, but she was just so bloody annoying. Her constant whines and screams were so irritating. She manages to grow up in the end (a 15-yearold growing up?) but it's all too late. Even the sweet old grandfather was a liar who played up his illness to trick his 15-year-old granddaughter into marriage against her wishes.

Both "My Little Bride" and "All About My Wife" represent different eras in Korean filmmaking and both are very both successful in their own ways. But if I had to make a choice, it would be "All About My Wife" every time.

GROOVE





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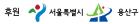
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CAFÉ EVANSVILLE A TASTE FOR DESIGN

A FURNITURE STORE TURNED CAFÉ OFFERS A UNIQUE BLEND OF DESIGN AND TASTE

Story by Kristin Mahshie / Photos Kristin Mahshie, Britney Dennison



afé Evansville isn't just another café in Hongdae. Nestled away on the corner of two side alley streets in the popular university neighborhood, it's a chic and charming place that offers some of

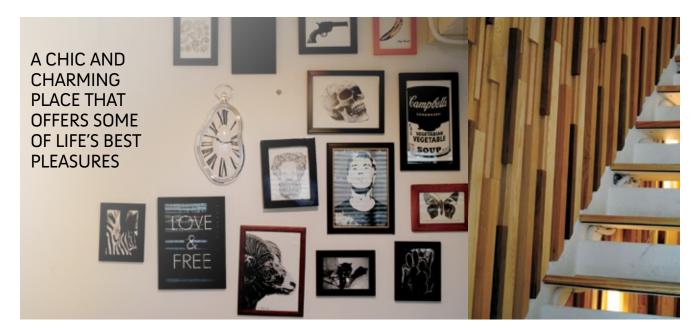
When we consider what the "best" means in terms of summer in the city, there are a few small indulgences that immediately come to mind. It's a latte and a slice of strawberry-topped cheesecake with a view. It's a cold, handcrafted beer under an umbrella out on the rooftop patio. It's an evening of good conversation, a good bottle of red wine and a plate of fresh fruit and cheese. It's a date with your laptop and a good cup of coffee with a spoonful of reflection.

It's having a place to meet with friends and feel inspired.

Inspiration is what led café owner and operator Peter Park, a native of Seattle, Washington, to transform his business, Evansville Furniture, into a café in October 2012.

Previously a private residence, the café underwent about \$300,000 worth of renovations to bring Park's vision to life. The result is both an artsy, modern café and a tasteful furniture showroom, designed to have handcrafted furniture displayed throughout the two-story building. Customers can sit at one of the many beautifully crafted wooden tables and chairs, or relax on the sofas and armchairs with a hot cup of coffee straight from the world capital of coffee roasting and supplying. That's right — Café Evansville proudly serves freshly roasted Caffé Vita coffee, flown in weekly from Seattle, Washington.

For a full assault on the senses, the café is also making a name for itself as a local art gallery.



The crisp white walls, high ceilings and carefully placed lighting draws attention to the unique furniture, as well as the various sculptures and paintings that adorn the café walls.

The artistic charm is a reflection of its surrounding neighborhood. Hongdae is home to many talented artists, and Café Evansville provides a space for these artists to showcase their work. New exhibits are installed each month, ensuring that every visit is a new and unique experience.

And if the design, art and acclaimed coffee aren't enough to tempt your tastes, the desserts certainly will. The café serves a rich and creamy strawberry-topped cheesecake, which is baked by the U.S. Army base's bakery right here in Seoul.

The menu also includes other tantalizing treats including croissant sandwiches, fresh salads and an all-day brunch. Beverages include coffee, teas, fresh juice, handcrafted beer, wine and liqueurs.

If you're feeling adventurous, take a trip downstairs. You will be greeted by the sharp, spicy, cedar scent of the furniture showroom. Browse through several rooms of locally crafted furniture including bookcases, bed frames, dressers, tables, desks and other wooden creations, which are all set up to demonstrate their practicality and versatility.

Café Evansville has something for everyone and is open from noon to midnight every day. So go ahead — indulge your senses.

GROOVE





GETTING THERE

Take a U-turn out of Sangsu Station, line 6, exit 1. Walk 15 meters toward Hongik University and take a left at the Lost & Found boutique. Walk straight. Café Evansville will be at the bottom of the hill on the right.

MORE INFO

Address: 145-12, Seoul, Korea 121-828

Phone: 070-7636-3872

 ${\it Facebook: www.facebook.com/CafeEvansville}$

Website: www.evansville.co.kr



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HOME IS WHERE THE HUMMUS IS

Column and Photos by Shelley DeWees

sk a foreigner what foods they miss from home and you'll hear a Acrazy myriad of responses, some things totally predictable (pizza) and some things totally weird (cream of wheat). I've heard people say they'd give up their right eyeball for a bowl of Kraft macaroni and cheese or a nice, thick slice of grainy bread slathered with Marmite. How about bagels or root beer or Cinnamon Toast Crunch? Poutine? Maybe a big plate of proper Mexican food?

Despite the diversity of expat drool-worthy cravings, there is often a thread of sameness throughout the odd requests. Something comforting, something familiar...something like hummus. It seems to me that more people are longing for hummus than anything else - the lemony kick, the creamy coolness, the heartiness of beans and seeds that, when whipped into a frenzy, create pure, buttery bliss. I want hummus on salad greens, with brown rice and squash, or just dumped over my face, thank you very much.

The problem with hummus, though, is that it's not readily available in package form, and even if you are lucky enough to find it, you may have to drop 10,000 won for less than 1 cup of the magic bean sauce (and you'll probably eat that entire teeny package in the span of five minutes). So, in order to make your hummus dreams come true, to pour it over everything for the next three days, you need to bounce into the kitchen and get crackin'. Happily for you and your freeloading friends, ingredients for hummus are easy to come by, cheap, and a cinch to throw together with only a blender and an appetite.

This recipe starts with homemade tahini, buzzed up and then combined with the other ingredients, no need to wash the blender. It also calls for

just a smidgen of prep the day before and some extra time spent boiling beans. You can get around this step by picking up canned beans. But really, if you've got the time, home-boiled beans taste better, cost less, and give you a far greater quantity of hummus fixin's than cans can provide. And you know what? You don't even have to limit yourself to garbanzos! You can make hummus out of any bean, from pinto to cannellini to navy to whatever looks cool, all of which are available in dried form at any of the foreign markets. So, go for it. Grab a sack and get boiling.

I usually boil up half the package and store the extra cooked beans in the fridge (well hello, burritos!), but if hummus is your only interest, go with less. No matter how big a bean party you're throwing, you'll need to soak the dried beans first. In a big bowl, cover the dry beans with water, leaving about 5-7 cm of water at the top to allow for expansion. Then put the bowl in the fridge to soak. In the morning, as the sun rises and your mind is swimming with thoughts of hummus, drain out the soaking water and give the beans a good rinse.

Put the soaked beans in your largest pot, cover with fresh water, then drop down a lid and crank up the heat. Once the water is boiling, lower the flame and simmer uncovered for at least an hour or until the beans are soft, adding more water occasionally if needed. Depending on what type of bean you're using, it may take up to two hours (garbanzos typically cook in 90 minutes or so), so go ahead and busy yourself while the pot is simmering. Your bathroom could use a scrub.

After they're cooked, drain off any excess water and gather the rest of your hummus ingredients while the beans cool off a bit. Break out the blender! Hummus! It's happening!



IN ORDER TO MAKE YOUR HUMMUS DREAMS COME TRUE, TO POUR IT OVER EVERYTHING FOR THE NEXT THREE DAYS, YOU NEED TO BOUNCE INTO THE KITCHEN AND GET CRACKIN'.

Ingredients

- 1 cup sesame seeds
- 2 cups water
- 2 cups cooked beans
- 1/2 cup olive oil
- 1/2 cup lemon juice
- 2 cloves garlic (optional)
- Salt and pepper



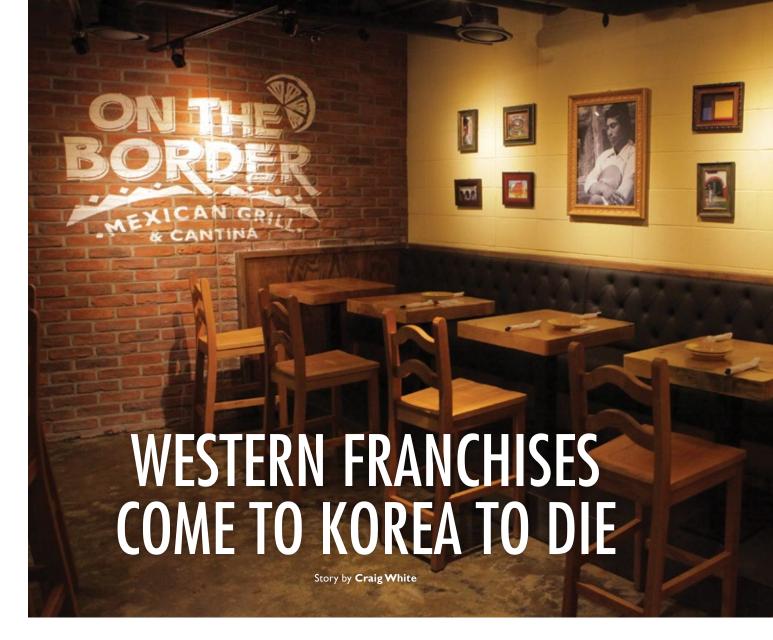
Directions

Combine sesame seeds and water in the blender and blitz until smooth, adding an extra splash of water if the mixture gets too thick. Scrape down the sides thoroughly. Then, toss in the remaining ingredients and blend again. Buzzzzzz for at least one full minute, scraping the sides occasionally and adding water a tablespoon at a time as needed, until the hummus is whipped and lovely. Add salt and pepper to taste.

GROOVE

About the author: Shelley DeWees worked as a vegan chef for a Buddhist monastery before moving to Seoul. She is a columnist for Groove Korea. Her opinions do not necessarily reflect those the magazine. See her website, www.seoulveggiekitchen.com. — Ed.





ooking back at the history of Western franchises trying to set up in Korea over the past 25 years, it makes one wonder as to why some franchises thrive in Japan, yet get spat back out in this country. For every successful case study of Burger King working its way into the Land of the Morning Calm, there's a related counterpoint, such as Wendy's, which didn't last long in the pre-IMF days of Korea and never came back, despite going strong in Japan. Breakfasts and brunch cafes have sustained a trend in Korea for longer than some may have expected, particularly when knowing that Denny's in Korea couldn't linger around to see the 21st century. Bennigan's, TGIF, Outback, make yourselves at home. Chili's and Hard Rock Café, eh, we'll be in touch.

Not all of these franchise fizzles or delays can be attributed to Korean customers being finicky about the food. But few international cuisines have caused Korean investors to wring their hands more than Mexican. Especially when looking back at the list of Western franchises that made it in Korea and the ones that didn't.

Around 2006, sales of fajitas at Korea's TGIF franchises were rapidly on the climb. This was the watershed moment for On The Border to know that Korea was ready for Tex-Mex cuisine served up in a casual fine dining setting, encased in Mexican décor. They hit the ground running and have not looked back since. Their first location was in Sinchon, an ideal location that straddled Korean and international consumers, where roughly 40 percent of their customers were foreigners on any given night. Foreign visitors at their Sinchon location have since slipped to around 25 percent, largely due to the increase in Korean patronage over the years. Despite the strong following of foreign consumers at the outset, there were some nervous jitters among members of the foreign community about whether or not the quality standards from OTB's Texas headquarters could be upheld, without needing to be domesticated to suit the palate of Koreans who might be slow adopters to the cuisine. The franchise chain didn't blink and kept to its Tex-Mex guns, sending a slew of managers to the Dallas head office to get ongoing training, in order to diligently maintain their core standards. Aside from slightly reducing the salt used in some recipes, everything else is a carbon copy of what is being sent out of OTB kitchens in the West. Their result in Korea? A successful expansion from Sinchon to now include eight thriving locations in Seoul and Gyeonggi, and with a goal to roll out a minimum of 10 more locations throughout Korea over the next five years. The flavor assault is currently being planned for other cities throughout the peninsula, in effort to satisfy the broader hankerings for the cuisine.

A refreshing and uplifting victory in the crusade to lead Korea headfirst into the world of bonafide Tex-Mex and unflinching Western franchise ideals.

GROOVE



ON THE BORDER DISPELS PAST MYTHS ABOUT THE VIABILITY OF WESTERN FRANCHISES IN KOREA







MUCH ANTICIPATED **GANGNAM FESTIVAL RUNS OCT. 3-6**

PLAY THE CITY

Story and Photos by George Kim

ong before Psy made Gangnam famous around the world, the district of Seoul has been an icon for trends, cultural content and a glamorous lifestyle. All these iconic images will be on display at COEX over four days between Oct. 3 and 6 for the Gangnam Festival. This being its 7th anniversary, this year's theme is "Play the City." There will be fashion shows, marathons and pop concerts.





DAY 1 (OCT. 3) "RUNNING THE CITY"

The International Peace Marathon will take place starting at 8 a.m. Runners can choose to run a full marathon, half marathon, 10 km or 5 km between Yeongdong Avenue and Yangje stream.

All runners will be given "K Bird t-shirts" which symbolizes the hospitality and friendliness of the city. Winners will be awarded according to the category they compete in: teenager, family, senior and for most characteristic costume.

At the festival, nine renowned chefs including a master chef at the Ritz Carlton hotel will literally spice up the ambience by serving exquisite cuisine for 3,000 won.

All revenues from the festival will be donated to local communities supporting children and UNICEF.

DAY 1-3 (OCT. 3-5) "SHOW ME THE TREND"

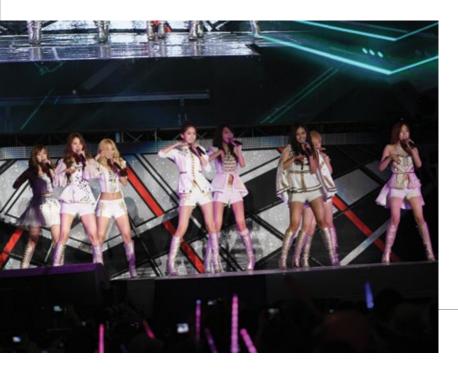
The festival will present three different fashion shows. On the opening evening, 25 designers chosen as the top new designers in Korea will dazzle audiences. On the second day, a catwalk by a Korean designer Choi Chul-yong will be a hot ticket. On the last day, a catwalk consisting of fashion houses with amateur models will give people tips on how to make the best use of practical outfits.

The fashion shows start from 6 p.m. during the festival and the fashion market and flea market will be open from 1 p.m. until 8 p.m.

There will be snack booths and a wine booth.

THE MAIN STREET WILL BE CLOSED FOR A CONCERT FEATURING THE TOP POP ARTISTS IN THE COUNTRY, INCLUDING INFINITE, SHINEE, EXO, GIRL'S DAY AND MORE. THE CONCERT IS EXPECTED TO BE CROWDED WITH MANY INTERNATIONAL K-POP FANS.





DAY 4 (OCT. 6) K-WAVE FESTIVAL

The main street will be closed for a concert featuring the top pop artists in the country, including Infinite, SHINee, EXO, Girl's Day and more. The concert is expected to be crowded with many international K-pop fans.

The Gangnam Grand Sale is also taking place in October. Department stores, museums and major restaurants are offering additional discounts to foreign visitors.

To find more about Gangnam Grand Sale promotion, visit global.gangnam.go.kr or contact the Gangnam Tourism Information Center at (02) 3445-0111.

DSMC BREAKS NEW GROUND, LITERALLY AND FIGURATIVELY

114 YEARS AND GOING STRONG





Groove Korea: Groove Korea congratulates you on the 114 anniversary of the center. Can you give our readers an overview of your past? And what is your vision going forward?

Dr. Kim Kwonbae: Dongsan Medical Center (DSMC) was established in 1899 on the foundation of Jaejungwon (meaning Salvation Hospital). It was built by Dr. Woodbridge O. Johnson, who had been dispatched to Korea by the United Northern Presbyterian Church in the U.S.

DSMC has served and contributed to the local communities. It combated endemic and infectious diseases. Most of the early medical improvements in the region are associated with Jaejungwon. The building is designated a "missionary museum" by the city.

Hospitals in Seoul aside, DSMC was the only hospital to receive the Best Institute Award For Attracting International Patients (BIAFAIP) from the Korean Ministry of Health and Welfare in 2011. We provide medical services for international patients at the International Healthcare Center and Multicultural Family Center.

DSMC aspires to further improve its patient-oriented ser-

vices befitting its reputation through the Cardiovascular Center, Cerebrovascular Center, Cancer Center, Epilepsy Center, and Kidney Center that offer the country's highest quality professional services.

You were appointed as the Medical Director at DSMC in July. How do you feel about this?

Personally, I feel honored and greatly responsible at the same time. It's a big responsibility to follow up on 114 years of service.

Daegu Metropolitan City, which is home to DSMC, is a "medical tourism city" that offers exciting attractions filled with Korean history, culture and tradition.

As the Medical Director of the oldest and largest medical facility in the city, I am excited to continue promoting medical excellence and the reputation of Daegu and Korea.

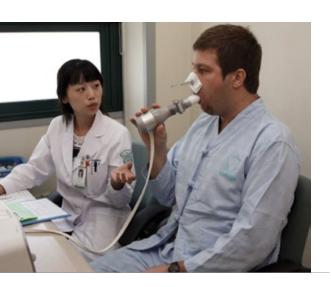
Could you please share your plan with the new hospital buildina?

DSMC is preparing for the next century with an ambitious plan to build the second Dongsan Medical Center on Keimyung University Songseo Campus, which will fulfill DS-MC's mission to become "a place of healing and compassion." The new 20-floor hospital with 1,033 beds - the largest medical complex in the region — will be certified with



'DSMC IS PREPARING FOR THE NEW NEXT CENTURY WITH AN AMBITIOUS PLAN TO BUILD THE NEW DONGSAN MEDICAL CENTER IN KEIMYUNG UNIVERSITY SONGSEO CAMPUS.'

— Dr. Kim Kwon-bae



LEED (Leadership in Energy and Environmental Design) and accredited by JCI (Joint Commission International) to satisfy global standards in medicine. The open-intensive care room, which is a patient oriented system, will be the first of its kind in Korea. We are confident that our new hospital will serve maximum comfort and convenience to international patients.

Could you tell us more about the Best Institute Award for Attracting International Patients from the Korean Ministry of Health and Welfare? What special services does DSMC offer to international patients?

DSMC has been catering to (members of) the U.S. (military) since the 1960s. Such accumulated knowledge and experiences has contributed to our ability to deliver satisfaction to our international patients.

DSMC established a team for medical tourism in 2010.

Combined with the team's constant efforts and the center's volunteer medical services in other countries, DSMC is now operating Almati Dongsan Hospital in Kazakhstan and providing telemedicine that enable continuous care and treatment for patients abroad.

DSMC has recently launched a Russian service and plan to cover insurance for Russian patients.

Any last words for our readers?

My goal is rather simple — to make patients and staff happy. I believe this is possible by providing the best working environment to our staff. And the contented staff will be able to offer the best medical services to patients.

The entire DSMC staff donate 1 percent of their pay since 1921. This may seem little but represents our founding philosophy of helping our neighbors.

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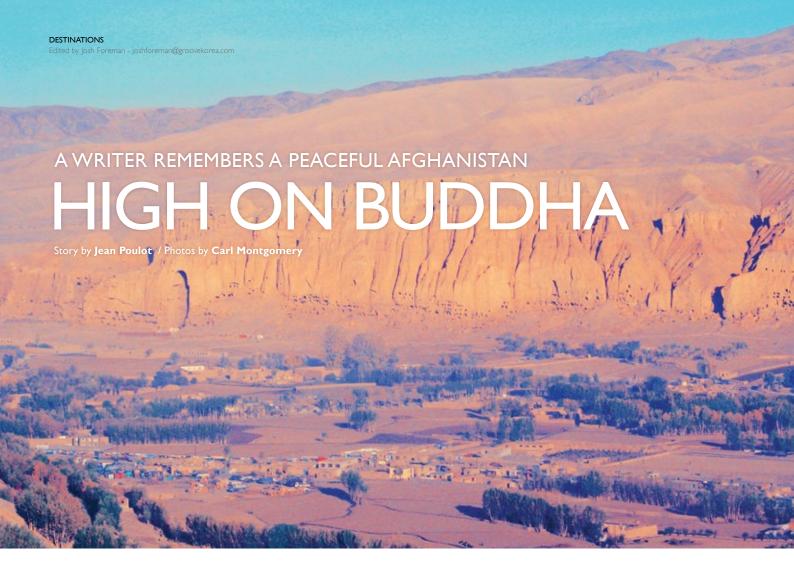
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FGHANISTAN, 1977 -- It had nothing to Ado with religion, enlightenment or being part of everything; it was just an accidental way of finding inner peace. High meant altitude as well as attitude.

Two years before the Russian invasion, I was traveling in the desert plateau of central Afghanistan in a decommissioned Soviet army truck. The truck's body, painted olive drab, contrasted with the inside of the cab, cheerfully decorated with postcards and plastic lucky charms hanging from the visors.

My companions were a disparate group, bearded hippies sitting next to equally bearded Afghani men. The hippies wore light silk tunics, baggy pants and beads while the locals were dressed in oversized turbans, heavy wool jackets and carried automatic guns.

Dave was sitting across from me, an Aussie from Perth with a tattoo on his left forearm: two clasping hands under a ribbon that read "friendship." We stopped for tea in a small community, not large enough to be a village. It stood alongside the desert road, mud huts in a cubic shape, each with a single door facing the track. A few stores sold vegetables, pencils, watermelons or cigarettes.

Away and back from the houses was a cemetery without walls, rough hewn flagstones stuck in the ground. Other than villages, the only trace of mankind were tombs, on a mountain side or

in the middle of the desert, stone mounds with long wooden sticks stuck into them, decorated with streams of paper or cloth, flowing in the breeze. Band-e Amir was our destination, a succession of six dark blue lakes, lapis-lazuli-like, separated by natural dams. A gem in the middle of the desert.

Halfway between Kabul and the lakes, the city of Bamiyan lies in the valley, an ancient stop on the Silk Road. It was home to one of the wonders of central Asia, two giant Buddhas carved out of a mountainside, standing erect in deep sarcophagus-shaped recesses for 15 centuries.

Since the 1800s, the Buddhas of Bamiyan had been faceless, their features destroyed by an Afghan king. From far away, the limestone cliffs looked pockmarked with black dots which, getting closer, turned out to be windows in the rock. Troglodyte monks lived in the cliffs in hollowed-out dwellings, until the city was partially destroyed by Genghis Khan in the early 13th

Inside the old monastery, a maze of dark, steep stairways connected one alcove to another, each illuminated by small rectangular openings. Halfway up the mountain, we reached the first Buddha, the smallest of the two. Dave and I, who by that time had become friends (the illustration on his arm had proved to be prophecy), stopped to enjoy the view down below.







On the valley floor, the quiet oasis city of Bamiyan looked like a miniature town, surrounded by the Hindu-Kush mountains. We climbed the carved stairway again, going from room to room until the sunlight became stronger and we reached the largest Buddha. The view from up there was spectacular.

The location had what people used to call it back then "vibes." We sat on the top of the Buddha's head, side by side. Shaded from the desert light by the recess in the mountain, it was pleasantly cool. We stayed still, not saying a word, feeling on top of the world.

Dave thought it was the perfect place to get enlightened. From his mirror-embroidered Afghani cloth bag, he opened a handsome oval box, embossed silver with a polished lapis-lazuli embedded in the lid. It contained a dark brownish green chunk, a fragrant cocktail of hashish and opium.

After softening the mixture with a flame, taking care not to burn it, Dave sprinkled it in a lathed alabaster "shillum," or straight-stemmed pipe. I cupped my hands around the tube and inhaled through the space between my two thumbs. The smoke went straight to my head. My body went pleasantly numb and the scenery became alive. The Hindu Kush started to shine like diamonds. The air, the mountain, the few scarce trees, all were vibrant, far and near at the same time, one with each other. I closed my eyes, oblivious to the turmoil of the world I had left behind.

Gautama Buddha reached enlightenment under a banyan tree, and there I was, lit if not enlightened, in Bamiyan on top of Gautama himself. I had become the lotus upon Buddha's head, opening the petals of my 21-year-old mind.

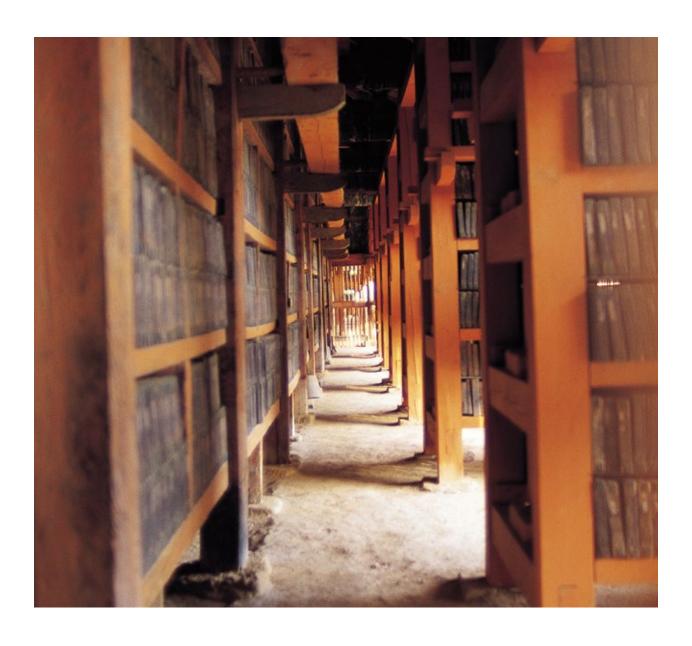
Today, the enormous recesses which housed the Buddha statues stand empty. In the spring of 2001 the Taliban dynamited them, reducing them to rubble.

Edited by Matthew Lamers - mattlamers@groovekorea.com

해인사 A SILENCE THAT BEGS SELF-REFLECTION

WITH THE LOCATION'S SIMPLE AUSTERITY, IT'S HARD TO LEAVE WITHOUT SOME PEACE

Story by Timothy Cushing / Photos by Michelle Gow





de can tell we are the last bus to come in tonight, arriving as the temple and adjacent town quietly wash off after a busy day of tourism. A few dogs run in the street outside while groups of people laugh inaudibly behind glass windows over dinner. It's fall, and the air is cold enough to see steam rising from the buildings in the distance. We're hopeful as we walk toward Gayasan National Park, but the campground is closed down for the season and we're forced to create our own campsite next to a stream. We stick it out for the night in the cheap sleeping bags we bought for 30,000 won off of Gmarket, layering our clothes and breathing in the crisp air as we look up at a star-filled sky.

At around 9 in the morning, the first of the tour buses begin to show up. Chirping birds give way to bus engines, and tourists begin to take over the temple grounds. Vendors sit on the path to the temple — crouched veterans of the market, selling goods like roasted chestnuts, dried mushrooms, steamed corn and ginger — smiling with outstretched hands full of free samples. Slowly the noise begins to increase until the town and the temple are full of people in their hiking best, snapping pictures, posing and picnicking.

There is an ebb and flow to this temple, without a doubt. Haeinsa is nestled in the immense Baekdudaegan mountain range, which is sometimes called the spine of Korea. It rests in the shadow of Mt. Gaya and has a close connection to the mountain; certain monks have even been known to climb to the summit once a day. The temple itself acts as a trailhead leading to both of the peaks — Sangwangbong Peak (1,430 meters) to the west and Chulbulbong (1,433 meters) to the east.

Both of my visits have been in the fall, a time when the surrounding mountains come alive with fiery, vibrant colors. It makes for cool nights and great hiking weather during the day, and on a clear afternoon the views are stunning.

Historically, the most popular story about the origin of Haein-sa goes back to a lone mountain hermit who lived in the area. When the queen of the Shilla Dynasty was sick, the king turned to the mountain man for help. In response, the hermit provided a miracle cure that involved linking the king's wife to a pear tree with a piece of string. The pear tree shriveled and died, but the wife was saved. The king was so pleased that he erected the temple in their honor in 802. Since then, the original temple has grown to its current size.

The temple houses the famous Tripitaka Koreana — the entire Buddhist scripture carved onto 81,350 wooden printing blocks. Equally impressive is the building that houses them, a feat of engineering that regulates the room's temperature and has kept the cherry and pear wood tablets intact for hundreds of years. The building has avoided fires during the Japanese invasion in the 16th century, as well as a near-bombing that was avoided only because a Korean pilot disobeyed orders.

To get to the temple, one travels along a walkway through an ornate arch that leads to the impressive main gate made from intricately hand-carved and hand-painted wood. This gate opens onto a massive courtyard with hundreds of colorful paper lanterns that form a queue leading to an immense drum where monks play and practice intricate routines. Around the grounds are pieces of art with a spiritual quest theme, which were all commissioned for the millennial anniversary of the Tripitaka Koreana.



THE TEMPLE'S CONTRAST BETWEEN NIGHT AND DAY IS DRASTIC. AS DARKNESS DESCENDS, THE TOURISTS CLEAR OUT AND LEAVE A VACUOUS SILENCE THAT BEGS SELF-REFLECTION.



THE TEMPLE ENCAPSULATES
A SENSE OF EASETHAT
IS HARD TO ACHIEVE
ELSEWHERE.

For my first trip to Haein-sa, a friend and I enrolled in the Temple Stay program. My second visit to the area was almost a year later with my wife. The feeling at dusk upon returning the following year was pretty much the same — a calm quietness driven home by the mountain air's first hint at the impending winter. As the day turned to night, our thoughts turned to dinner. We walked up the stairs to a nondescript restaurant that hung out over a stream. Though the restaurant had dingy, cracked linoleum and many of the tables had cardboard boxes of junk on them, the meal itself was memorable, to say the least.

We ordered vegetable bibimbap and were served soup and an array of sides with our main course. The entree was delicious, but there was a nagging scent in the air. I instinctively took a sip of the cloudy green mountain soup before realizing that it was the source of the foul scent, just as a flood of rancid tofu was hitting my taste buds. I grimaced and swallowed, knowing that the flavor of one sip was enough to haunt the rest of my evening. From then on, my wife and I did our best to avoid what we termed "gym sock stew," which seemed to permeate the town.

Whether it's the nature, the nighttime quiet, or the atmosphere of meditation, Haein-sa offers a deeply personal and self-reflective experience. Perhaps the simple austerity of the location is what allows for so much introspection, but regardless of the exact source, it is hard not to leave without a certain measure of peace. The temple encapsulates a sense of ease that is hard to achieve elsewhere – an atmosphere that gives a personal weight to actions and thoughts.

As disheartening as it is to admit, the feeling that Haein-sa gives is illusionary. The aura of serenity dissipates quickly outside the mountain air, and the resolutions made in the silence of the scenery are easily forgotten as one reenters the awaiting busy world.

Still, it is comforting to know that such a place exists, ready to offer respite for those willing to make the trip.

GROOVE



GETTING THERE

From Daegu Seobu Terminal, Seongdangmot Station, Daegu Subway line 1, exit 3, take an intercity bus to Haein-sa Temple. Buses arrive and depart every 40 minutes and the trip takes about 90 minutes.

MORE INFO

For more information on Haein-sa and to apply for a Temple Stay, go to www.haeinsa.or.kr or call (55) 934-3110.





RIDING THE DRAGON

A WRITER RECOUNTS HIS BICYCLE RIDE BETWEEN VIETNAM'S TWO BIGGEST CITIES

Story and Photos by Michael Tatarski

wo-wheeled transport is king in Vietnam. The country is home to some 35 million motorbikes, but as I learned in April, the best way to see the country is on a different two-wheeled vehicle: the bicycle. Along with 19 other riders, all living in Vietnam at the time, I cycled from the cultural capital of Hanoi to Ho Chi Minh City, the country's hyperactive commercial heart. We covered 2,000 kilometers over 26 days and saw nearly everything Vietnam has to offer: from teeming cities to rugged mountains and our fair share of placid rice paddies.







TWO-WHEELED TRANSPORT IS KING IN VIETNAM. THE COUNTRY IS HOME TO SOME 35 MILLION MOTORBIKES, BUT AS I LEARNED IN APRIL, THE BEST WAY TO SEE THE COUNTRY IS ON A DIFFERENT TWO-WHEELED VEHICLE: THE BICYCLE.

The North

With two support vans in tow, we set off from Hanoi riding mostly cheap, Chinese-made road bikes. The city's rapidly expanding sprawl petered out after an hour as we rode southwest into the interior. Our route would largely avoid the coast, where the traffic is heavier.

Though the first three days were sunny and hot, the scenery was spectacular. The region's famous limestone karsts (air pockets underground) erupted out of flat paddies while we skirted around the edge of Cuc Phuong National Park. It wasn't hard to see why this is considered one the most beautiful areas in the country.

Central mountains

Vietnam is a narrow country throughout its length, and the area around Hue is the slimmest. As a result, there is no way around the country's mountains, which stretch right up to the East Sea. Days 12 and 13 would be 73 kilometers and 105 kilometers, respectively, with a number of major climbs.

The first of those rides took us to A Luoi, a town right on the border with Laos that saw intense combat during the war. A huge stretch of the day's route was under construction, with the road in the process of being completely replaced. This forced us to work our way along dirt paths with nothing to keep us from going over the edge into a deep valley.

After two shorter rides through more gorgeous scenery and the towns of Thanh My and Kham Duc, we hit day 16. A 110-kilometer monster that included the longest climb of the entire trip, this day would be a major challenge. The skies were clear and the sun intense as we slogged up a 17-kilometer ascent. This is where the mental aspect of cycling became even more important than the physical side. After riding for over two weeks we were strong enough to conquer the climb, but when the end is nowhere in sight, your legs are burning and sweat is pouring into your eyes, it's easy to convince yourself to stop. Everyone made it to the final meetup point, but we were all exhausted by the end of the day.

Baking in the south

As we made our way further south, the heat continued to intensify. Fortunately, we were usually able to finish a given leg by lunchtime, so we avoided riding through the worst of it. On day 20 we reached Buon Ma Thuot, the country's coffee capital and location for our second (and last) rest day. This was a much-needed break, as the mountains and rough roads of the previous week had taken their toll.

The final five days into Ho Chi Minh City were less remarkable than the rest of the ride, as the scenery isn't as amazing once the terrain flattens out and the traffic becomes heavier. Once we started blasting down the long descent that drops out of the Central Highlands, we knew we were almost home.

Riding back into the city was an incredible feeling. No one in the group was more than an amateur cyclist, yet we had covered a huge distance on inferior bikes and survived poor-quality roads, dangerous traffic, extreme weather and our fair share of mechanical mishaps.

Even more amazing than our accomplishment, however, was the country we had just cycled through. There is so much to Vietnam that most visitors, and even many natives, never see. From the excited children and friendly faces in unknown towns like Do Luong and Ea Drang to the verdant mountains along the Laos border and the herds of cows wandering down a highway outside of Pleiku, we had experienced something uniquely unforgettable. This trip cemented my love of traveling by bicycle, and convinced me that there is no better way to ride the dragon of Vietnam.

GROOVE



In the center of bustling Myeong-dong, a vendor carefully circles his hand back and forth, slowly filling the base of a cone, teasing out tasty chocolate and vanilla swirls.

With a final push of the lever, the vendor passes the dessert to his customer

"I have a special summertime treat for you," says Steve Miller, revealing the towering ice cream cone to the camera.

"Ît's so delicious. It goes down great. And with the hot temperatures of Seoul quickly approaching, this is my No. 1 recommendation for some of the best street food you can find in Korea."

The QiRanger

Miller has been living in Korea since June 2009, and has been making short videos for the past six years. His website "QiRanger" houses over 700 historical, cultural and travel videos; his YouTube views are currently sitting at over 3 million, and he has 13,000 subscribers.

"I try to choose topics or circumstances that people are generally excited to share," says Miller. "Anyone can point a camera and show something, but that's not who I am - I want to tell a story."

From Korean street food to historic restorations, transportation advances to breaking news, Miller has Korea covered.

"I'm interested in life, news, economics, business and the historical and cultural sites that make Korea what it is and why it is a great place to travel to."

Behind the camera

Before moving to Korea, Miller volunteered as a National Park Ranger in his home state of Arizona. Part of Miller's job involved teaching visitors about cave dwellings and highlighting the history of the park.

"It's not so much about relaying the information, but doing it in a way that sparks interest in other people," says Miller.

His time as a ranger even inspired the name for his blog - "QiRanger," with the "Qi" portion coming from the Chinese symbol meaning "life

force energy.

"I have been doing this for six years straight and I can tell you, I think back in 2010 I did a blog post about how long it takes to do a travel video...I timed it out to 18 hours."

Nowadays, Miller produces anywhere from six to 10 videos a week.

The audience

Miller is among a growing number of expat bloggers in Korea. Like Simon and Martina Stawski from Eat Your Kimchi, Miller has developed a dedicated audience within his niche field.

While his content focuses predominantly on Korean history and culture, most of his traffic is from outside of the peninsula. Twenty-five percent of the audience comes from the U.S. and Canada, 50 percent from Southeast Asian countries and Europe, and the remaining 25 percent from within Korea.

"They all have an interest in Korea in terms of its history, its culture, what life is like and current events. So I cater my blog posts and my videos to meet those needs," says Miller.

One popular topic among viewers is breaking news.

In recent months, Miller has been uploading videos that discuss the ongoing tensions with the North. In these segments he focuses on analysis as well as South Korean sentiment and reaction.

"Through February and March, as things developed here, I was getting a lot of questions about what is taking place, and so I just started doing what I thought would be responsible," says Miller.

Sara Paterson, an English teacher in the Seoul area, says Miller's news stories provide an alternative to the over-sensationalized international versions.

"My mom was really freaking out badly. She kept saying what the news was saying. So I would always send her Steve's latest update when things heated up. She would watch it and feel better," says Paterson.

His opinions and videos have been so widely received that he has



even been invited to provide North Korea commentary on the BBC's "Have Your Say," as well as BBC Wales and Australia's B105fm.

His blogs and videos have also achieved notoriety within the Korean media, earning him positions with Arirang Radio, TBS eFM and the Korea Blog.

A positive impact

Despite his success, Miller says the most important things about blogging are to enjoy yourself and captivate your audience.

A couple of years earlier, Miller met a Korean man whose English name was Dave.

Dave had moved to the U.S. from Korea and lived there for 10 years. But after watching Miller's videos, he decided to move back to Korea, telling Miller he was the reason why he is here.

"That was probably the biggest accomplishment you could ever get — to have that kind of impact on somebody," says Miller. "If I were to stop making videos...I'd be completely thrilled with being able to affect somebody's life that way."

But for now, Miller will keep adding to his library. He says there are some exciting travel segments coming up for the fall, and his list of ideas is continually growing.

"As long as I have the ability to (make videos), and as long as it is fun for me, then it is something I am going to do." $\,$

GROOVE



MORE INFO

Website: www.qiranger.com Email: steve@qiranger.com

You can also view Miller's videos via his YouTube page (www.youtube.com/user/qiranger). He is also a regular contributor at TBS eFM, Arirang Radio and the Korea Blog.

ROCKY MOUNTAIN TAVERN

Your Home Away From Home

Rocky Mountain Tavern is a CANADIAN TRADITION in KOREA, well established for a decade. RMT opened with the idea of creating a place with a taste of home while on your life adventure. With recent renovations, those who have not been to RMT in the last year would probably not recognize it!





Tuesday Night Wings easily boasts the busiest wing night in Seoul - by far, making it the destination place for both Koreans and foreigners alike. With 20+ wing flavors, this is definitely a night worth checking out.





Thursday's "Toss The Boss" is an exciting, interactive game, which you roll dice against your server - if you roll higher - your drink is on them. Losing is no big deal, no price increase, you just pay regular price for your drink. (Applies to Max draft and house spirits) The first Thursday of every month RMT hosts Stand-up Seoul - Korea's longest running English speaking comedy.

Rocky Mountain is also Itaewon's premier live music destination on Saturday's, making sure to book the best ex-pat and local bands playing great covers and originals every Saturday, with the exception of the second Saturday of every month when they host Iron Mic, a hip-hop freestyle open mic hosted by Benny Fax.



The new menu at RMT contains back home favorites that are sure to satisfy everyone's appetite. The new menu is prepared by Chef Joseph Lee, who's culinary education comes from The Cordon Bleu in Los Angeles. For menu options check out www.rockymountaintavern.com/menu

The pub also has three dart boards, a foosball table, and beer pong tables available everyday.

RMT - A Canadian Tradition in Korea! www.rockymountaintavern.com



SEASONED VEGANS

TWO WOMEN DISCOVER THE LEAFY BOUNTY THAT AWAITS AT KOREA'S MARKETS

Story and Photos by Shelley DeWees

hicago natives Jessica Perlaza and Danielle Arsenault met a few years ago when they were both teaching in Anyang. Their friendship soon developed into a creative partnership when they realized they shared a love of cooking vegan food.

While Arsenault is no longer calling the Korean Peninsula home, Perlaza is full of enough information to cover for her friend's absence. I met Perlaza for a drink one recent Saturday -- green tea for her, a big americano for me -- and it turned into a vegetarian lovefest, the likes of which this guiet coffee shop had never seen.

Perlaza and Arsenault call their creative venture the Kitchens of Pinch and Dash. They are the creators of four magazine-style cookbooks, made start to finish from the comfort of their own homes. They're filled with seasonal gluten-free recipes that are fresh and healthful, 100-percent vegan, and brimming with ideas and inspiration. These thin little zines are beguilingly lovely, a noteworthy addition to the thrumming life of the Seoulite foodie. I wanted to know, where did they come from?

Perlaza: A lot of the content for the first book, "Share," the fall issue, came about when I was living in the countryside. My husband and I lived in a rural village with only 700 people, and just felt like a fountain of creativity poured out of me because, suddenly, I wasn't being bombarded with the crazy city life. I'd never been in that country atmosphere, so I was never really able to shut all that off and just listen to myself.

I was always cooking, but soon I started taking pictures and writing, too. I had started cooking differently because there was only one HomePlus that was really hard to get to, so I came to rely on traditional markets. I couldn't get things that were out of season, at all. I started blogging about it and never expected it to go further than that. Never. My sister-in-law even said, 'Your stuff is so beautiful. You should do something. Promise me you'll write a book,' and I was like 'whatever.'

Later that year, we got uni jobs and ended up leaving our little country home for Anyang. Danielle was teaching there and lived in the dormitory, just a couple doors down from us. We hit it off talking about food and vegan/ vegetarian life, hiking every morning, and one thing led to another. We just said, 'Yeah, we should write a book together. Let's just

do it!' We'd planned on making a hundred little zines and giving them to our friends, but it just snowballed into this... little project. It's grown to more than we could've ever imagined. It's crazy. I never thought it would get to this point.

Groove Korea: Well, nobody ever does.

Perlaza: Well, my sis-in-law encouraged me and people enjoyed the blog. I already had so much content, so I thought I might as well put it into a little something -- if anything, a memento for myself. But people really liked it.

We had no idea what we were doing. I had photos and recipes, but we didn't know anything about design and publishing. We asked around, downloaded some programs, and just started messing around. Later, we went to a print shop in Hongdae and asked for 100 copies.



You did it all yourselves?

Yeah! We did everything. Hours and hours of our lives were spent. The homegrown style makes it even more special to us. Recently, a Korean publishing house wanted to print the book, and they wanted to change everything -- take out the handwriting and illustrations, make it very text/picture style. I said, "Ehhh, that's not really what it's about." Also, a lot of the recipes don't have measurements. It's more like a handful of this, a splash of this, a dash of that. Neither of us are trained chefs, and when we were cooking at home, you know, you throw in a little something, taste it, and fix it to your liking.

So the publishers weren't ready for that?

We wanted to encourage people to get creative. Anyone can follow a recipe. It separates you from what you're cooking, makes every dish come out differently for different people. It's not about the measurements. ... You need to be able to taste what you like. But, the publishers said Koreans wouldn't like to buy a recipe book and then be expected to improvise.

Going through and retesting everything for exactitude sounds like it would create an entirely separate product.

That's how we felt, too. The whole point is to trust yourself. If you follow a recipe exactly and it doesn't come out, you think you've failed. But really, all you need to do is adjust it, try something different. You'll see you can make something really wonderful. We don't want people to think cooking is hard.

It isn't! You've just got to get the hang of it.

You know, people say to my husband all the time, "You're so lucky to be able to eat like that everyday," and he's like, "Yeah... but it's not like she's a gourmet chef. It's simple." And it is. I throw things together that taste good to me, make sure it's pretty, and

That's a common misconception, I think, that anyone who cooks a lot at home is going to specialty stores for expensive ingredients. Or that you need a myriad of spices in your kitchen so you can make toasted marshmallow brown sugar cupcakes with banana cream for dessert tonight.

Danielle and I have very different styles in cooking, and it's totally obvious in the books. Danielle's recipes have lots of super foods and many more ingredients and spices, but they're still super simple because, literally, you take everything and throw it in a food processor. It comes out amazing. Our Lemony Cashew Custard Squares are the easiest ever -- spin it in the food processor, moosh it all together, lay it in a pan, spoon the custard on top. Her recipes seem more complicated because of the ingredients, but actually they're a cinch. The books are a combination of our two styles.

It must have been great to work with a friend on

Danielle is a ball of energy, and she can do anything. Honestly, without her, this would've never happened. I'm the type of person who has ideas that never manifest, always saying, "Yeah we should do that." Danielle says, "We should do that -- this afternoon." That's just her way. Everyday, she'd call me up to say she's comin' over, and we're gonna work on this cookbook. Without her energy and dedication, it could have easily been one issue.

Were the recipes all developed here, while you were in Korea?

The first three zines, yes, are our recipes that we cooked together in Korea. But the last issue, "Bounty," came out after Danielle had gone to Haiti to study permaculture. So instead, "Bounty" has recipes from all over the world. We found people in Haiti and Puerto Rico, the USA and Korea that were doing some great things. Local restaurants with local cooks, just people who were doing really cool things

with food. We put together some of their favorite recipes for the last issue. We felt like we gave all our recipes and ideas, and we wanted to show what others were doing, too. Anybody can do it!

So many people here in Seoul have little projects they're doing from their homes, and I think it's really inspiring to see these folks. It's part of our generation -- if you have an idea, you can do it. Our parents' generation didn't have that.

So everything in the books is vegan, gluten-free?

Yes, and some things are raw.

And where do you get your ingredients? Are they easy to find?

For the most part, though I do use iHerb.com for a few things. I'd say that 80 percent of the ingredients are fresh fruits, vegetables, grains, nuts, and seeds from the neighborhood market. So many of these recipes were developed from my isolated country home. I didn't even know about iHerb then.

I only used things from the farmers' market, and only when they were in season. In winter, there were no tomatoes, so I didn't use them. Summertime was all about eggplants and cucumbers and peppers, so that's what I ate. I really learned how to eat seasonally. In the USA, you can get pineapple in the middle of winter, and I never thought twice about it. I never had any idea! When I first came to Korea I would always say, "Ugh, why can't I get an avocado?"

So why can't I get an avocado?

Living in the country made it so much clearer. Nature has a reason for having this cycle, and it's not just for frustrating us. This is what's grown right here, you know, locally and seasonally. It totally opened my mind and made me more creative, rather than limiting me.

Is it specially tailored for Korea? Do you think people could still use the cookbooks in the USA or Canada?

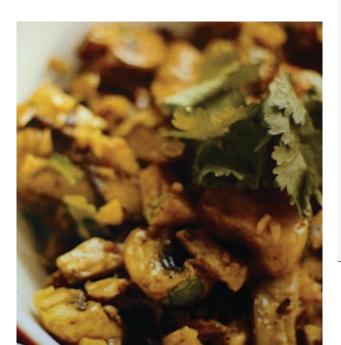
Yes, I think they're really general. The few obscure Korean ingredients we include can be found at any Asian food store or at Whole Foods.

Where do you hope this will go? Do you have any plans for development in the future?

A lot of my energy for this project has curtailed itself nicely into SPACE. We started it in May of last year, in my friend Dawn's old apartment. We teach yoga and cooking classes there, bring all kinds of cool ideas together and out into the neighborhood.

Our calendar is jam-packed every day with classes, events, meals, and we've even started doing wellness retreats. We have another one coming up in March -- taking people out of the city for a weekend of meditation and nourishing food. We're just trying to share this balance with other people because it's what makes us feel good.

GROOVE







MORE INFO

The cookbooks from the Kitchens of Pinch and Dash are available at www.thekitchensofpinchanddash.com or through their Etsy shop at www.etsy.com/shop/pinchanddash.

Jessica Perlaza is the co-founder of SPACE and can be reached by email at jessica.perlaza@gmail.com or on her website www.greenteaandkimchi.com.

Danielle Arsenault teaches raw food workshops in Victoria, British Columbia, and has a ukelele album called "Saving Earthworms from Sun-Scorched Death." She can be found at www.pachavega.com or at www.daniellearsenault.com

Greens in Soy Miso Vinaigrette

- 3 tbsp miso paste
- 6 tbsp strawberry jam (or any fruit jam)
- 2 tbsp agave syrup or maple syrup
- 1 cup soy milk
- 3 tbsp crushed peanuts or almonds
- 1 tbsp sesame seeds
- 1 tbsp olive oil
- 1 tsp vinegar

Combine all ingredients and drizzle over fresh greens.

Raw Lemony Cashew Custard Squares

For the base:

- 1/2 cup raw dates
- 1 cup pecans

For the filling:

- 2 cups raw cashews, soaked overnight
- 1/4 cup agave or maple syrup
- dash of vanilla
- pinch of nutritional yeast
- juice of one lemon

Line the bottom of a small glass dish with parchment paper. Pulse the pecans and dates in a food processor until they are mixed but still roughly chopped. Press the date/pecan mixture into the lined dish (the parchment will ensure the squares pop out easily without sticking).

Rinse the soaked cashews well. Blend them together with the other topping ingredients, then spoon the lemony mixture evenly over the base. Using a spatula, gently score a grid pattern into the top layer. This will make it easier to cut into squares once the topping is set. Cover the dish and refrigerate for at least an hour.









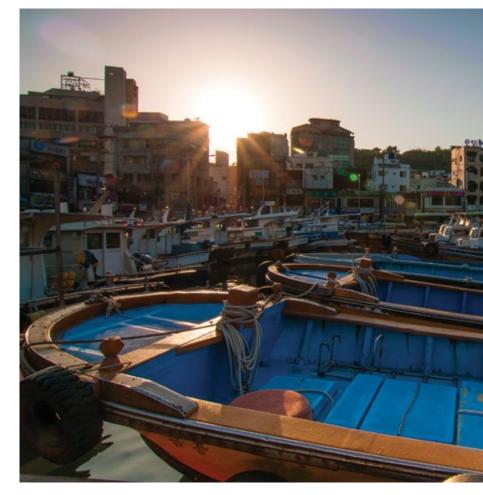
Bijin Island, another one of Tongyeong's islands, is a popular destination for tourists. Foreigners like it for its white sand beaches. Here you see an interesting use for an SUV and a cargo carrier. Nikon D300 ISO 200 105mm f/8.0 1/640



Above

Taken from the Mireuk Island side of Tongyeong in Misudong, you can often see spectacular sunsets here and for this shot I wanted to include the quaint buildings and houses in the neighborhood so I used a very wide lens.

Canon 5D Mark II ISO 100 14mm f/16 5 sec



Right This was taken in the 시내 (downtown) area in Jungang-dong. There's always so much activity here with the fish markets and tourists. Nikon D300 ISO 100 12mm f/11 1/80





Salty air, winding roads and soaring mountains characterize this picturesque city. Tongyeong, with its jagged coastline and surrounding islands, is a place to unleash your inner adventurer.

The easiest way to get around is with your own car; this gives you the freedom to hop from one place to another whenever you want. However, the most rewarding way to travel is on two wheels — a scooter or motorcycle is perfect for exploring the labyrinth of mountain roads and snaking coastlines. Stick close to the coast and hills to uncover the charm of Tongyeong's historic buildings. And make sure to do some island-hopping while you're there. The city is rich with natural beauty, history and culture — one visit may not be enough.

Groove Korea: What is your favorite part of Tongyeong?

Roy Cruz: I would have to say Mireuk-do. It's a large island in the southern part of Tongyeong that is accessible by two bridges and an undersea tunnel. There's just so much to see and photograph here, such as Mireuk Mountain and its cable cars, the marina, Tongyeong Bridge, several temples, lots of small villages and great coastal driving all around the island.

You've spent a long time in Tongyeong. How has it changed?

I guess the beautiful thing about Tongyeong is that it hasn't changed much at all. Tongyeong, often called the "Naples of Korea," prides itself in the city's natural scenery and I feel like it does a good job of maintaining that. There are developments and tall apartment buildings in the newer parts of Tongyeong farther inland, but in the areas close to the sea and among the hills, you'll find mostly older, smaller buildings.

We have 48 hours in Tongyeong — give us a "to do" list.

This is a tough one. There are so many islands to explore, and 48 hours just isn't enough time. I live here and I still feel like I've only scratched the surface. But I'll try to make a list that will give you a general experience of the city, especially if you are visiting for the first time.

Day 1

- Early morning hike up to Bukporu for a panoramic view of the city
- Mid-morning stroll around Dongpirang Art Village
- Lunch (raw seafood or Chungmu kimbap) and street photography at Jungang traditional market and downtown waterfront area
- Cable car ride up to Mireuksan
- Visit Mirae-sa (optional)
- Sunset and twilight photos at Tongyeong Bridge, Misu-dong
- Haejeo undersea tunnel

Day 2

- Revisit downtown area (or head to the Marina Resort in Donam-dong)
- Be at the ferry terminal by 10:30 a.m., purchase tickets for Seomaemul-do
- Explore Seomaemul-do and catch the last ferry back to the mainland

Give us an introduction to yourself, the man and the photographer.

I was born in the Philippines, raised in the U.S. and now I live with my wife and 1-year-old daughter here in Korea. I started film photography in university as part of my course requirements, using my dad's Olympus OM-1. I loved shooting black-and-white film and developing by hand in the darkroom. I picked up my first DSLR in 2006 and a year later I started shooting professionally in Manila, mainly doing travel and landscapes, portraits, events and commercial photography.

I came to Tongyeong in 2008 after meeting my wife and deciding Korea would be the next big adventure. When I'm not taking pictures or traveling with my family, I play bass in a funk band, doing gigs in Tongyeong and surrounding cities.

GROOVE

See page 97 for a map

EMBASSIES

American Embassy

[02] 397-4114 •188 Sejong-daero, Jongno-gu, Seoul

Canadian Embassy

[02] 3783-6000 • 613-996-8885 [Emergency Operations Centre] Jeonadona-gil (Jeong-dong) 21, Jung-gu, Seoul

British Embassy

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Australian Embassy

[02] 2003-0100 •19th fl, Kyobo bldg., 1 Jongno 1-ga, Jongno-gu, Seoul

Philippine Embassy

[02] 796-7387~9 • 5-1 Itaewondong, Yongsan-gu, Seoul

Spanish Embassy

[02] 794-3581 • 726-52 Hannamdong, Yongsan-gu, Seoul

French Embassy

[02] 3149-4300 • 30 Hap-dong, Seodaemun-gu, Seoul

TRAVEL AGENTS

Fides Travel

[02] 755 5470

• fidestravel.co.kr

JNC Travel Service

[02] 796 9633

• blog.naver.com/jnctravel

Prime Travel

[02] 6739 3570

Shoe String Travel [02] 333 4151

• shoestring.kr/eng/abo01.htm

Soho Travel

[02] 322 1713

• sohoholiday.com

Top Travel Service [02] 737 4289

• toptravel.co.kr/eng

Unique Travel

[02] 792 0606

DOMESTIC TOURS

Adventure Korea

010-4242-5536

•adventurekorea.com

Cosmoiin Tour

[02] 318-3405

• cosmojin.com

Discover Korea

[02] 398-6571

www.discoverkoreatour.com/en

F Tour

(02) 323-6850

koreaetour.com

Explore Korea

• sonyaexplorekorea.com

Grace Travel

[02] 332-8946

• english.triptokorea.com

Joy Leisure Service

[02] 2307-8642

• joyleisures.com

Panmunjom Travel Center

[02] 771-5593

• koreadmztour.com

Korean Safari

(02) 587-9044

• koreansafari.com

Fantastic Tour

[02] 6925-7007

• nicetours.co.kr

Seoul City Tour

[02] 774-3345

seoulcitytour.net

Tour DMZ [02] 755-0073

• www.tourdmz.com

Travel Pants Korea

010 9961 5765

•travelpantskorea.com

HOTELS & RESORTS

Sheraton Grande Walkerhill

(02) 455-5000 • 177, Walkerhill-ro, Gwangjin-qu, Seoul

NOVOTEL Ambassador Gangnam

[02] 567-1101 • 603, Yeoksam 1-dong, Gangnam-gu, Seoul

Grand Hilton Seoul

[02] 3216-5656 • 353, Yeonhui-ro, Seodaemun-qu, Seoul

Somersest Palace Seoul

[02] 6730-8888 • 85, Susong-dong, Jongno-gu, Seoul

Lotte Hotel Busan [051] 810-1000 • 772, Gaya-daero, Busanjin-gu,

Busan

Park Hyatt Busan [051] 990-1235 • Bansong 1-dong, Haeundaegu, Busan

Astoria Hotel

[02] 2268-7111 • 13-2, Namhakdong, Jung-gu, Seoul

Park Hyatt Seoul

[02] 2016-1234 • 606, Teheran-ro, Gangnam-qu, Seoul

EMERENCY MEDICAL STATION

Gangnam St-Mary's Hospital

1588-1511 • 222, Banpo-daero, Seocho-qu, Seoul

Yonsei Severance Hospital (Sinchon)

[02] 2227-7777 • 50, Yonsei-ro, Seodaemun-au, Seoul

Asan Medical Center

1688-7575 • 88, Olympic-ro 43-gil, Songpa-gu, Seoul

Seoul National University Hospital

1339 • 28-2, Yeongeon-dong, Jongno-gu, Seoul

Seoul Samsung Hospital

1599-3114 • 50, Irwon-dong, Gananam-au, Seoul

Keimyung University Dongsan Medical Center

[053] 250-7167 [7177 / 7187] • 56, Dalseong-ro, Jung-gu, Daegu

AIRLINES

Korean Air

1588-2001

Asiana Airlines

1588-8000

Lufthansa

(02) 2019-0180

Eastar Jet

1544-0080

Air Busan

1666-3060

Jeju Air

1599-1500

T'way Air

1688-8686

Jin Air

1600-6200

Air Canada

[02] 779-5654

Air France

[02] 3788-0400

British Airways

(02) 774-5511

Cathay Pacific Airways

[02] 311-2700

Delta Airlines [02] 754-1921

Emirates Airlines (02) 2022-8400

FAMILY & KIDS

INTERNATIONAL SCHOOLS

Chadwick International

032-250-5000 • 17-4 Songdo-dong, Yeonsu-qu, Incheon

Yongsan ISS

(02) 797-5104 • San 10-213 Hannam-dong, Yongsan-gu, Seoul

Seoul IS

031-750-1200 • 388-14 Bokjeongdong, Sujeong-gu, Seongnam, Gyeonggi-do

Seoul Foreign School

[02] 330-3100 • 55-1 Yonhi-dong, Seodaemun-gu, Seoul

Branksome Hall Asia

(02) 6456-8405 • Daejung-eup, Seogipo-si, Jeju island

Daegu IS

[053] 980-2100 • 1555 Bongmu-dong, Dong-gu, Daegu

Sullivan School

(02) 544-4445 • 543-4 Sinsa-dong, Gangnam-qu, Seoul

Dulwich College Seoul

(02) 3015-8500 • 5-1 Banpo 2-dong, Seocho-qu, Seoul The curriculum from Toddler to Year 10 (ages 18 months to 15 years) follows the best practice of the Early Years Foundation Stage Framework and English National

Curriculum, enhanced for an



AMUSEMENT PARKS

Everland resort

(031) 320-5000 • 310 Jeondae-ri, Pogok-eup, Cheoin-gu, Yongin-si, Gyeonggi-do

Lotte World

[02] 411-2000 • 240 Olympic-ro, Songpa-gu, Seoul

Pororo Park (D-Cube city)

1661-6340 • 360-51 Sindorim-dong, Guro-qu, Seoul

Pororo Park (Jamsil)

1661-6371 • 40-1 Jamsil-dong, Songpa-gu, Seoul

Children's Grand Park (zoo)

(02) 450-9311 • 216 Neungdong-ro, Gwangjin-gu, Seoul

Seoul Zoo

[02] 500-7338 • 159-1 Makgyedong, Gwacheon-si, Gyeonggi-do

One Mount

1566-2232 • 300 Hanryu World-ro, Daehwa-dong, Goyang-si, Gyeonggida

This newly opened complex in Ilsan has a water park, snow park and shopping mall. It's a great place to hang out for couples and families.

Busan Aquarium

[051] 740-1762 • 1411-4 Jung 1-dong, Haeundae-gu, Busan Swim with giant sharks — an unforgettable experience.

BOOKSTORES

(ii) What The Book

[02] 797-2342 • 176-2, Itaewon 1-dong, Yongsan-gu, Seoul Located in Itaewon, this English bookstore has new books, used books and childrens' books.

• whatthebook.com

Kim & Johnson

1566-0549 • B2 fl-1317-20 Seochodong, Seocho-gu, Seoul

HEALTH

DENTAL CLINICS

Chungdam UPENN dental

[02] 5⁴8-7316 • 131-20, Cheongdam-dong, Gangnam-gu, Seoul

UPENNIVY dental

(02) 797-7784 • 300-26, Ichon 1-dong, Yongsan-gu, Seoul

Mir dental

(053) 212-1000 • 149-132, Samdeok-dong 2-ga, Jung-gu, Daegu

SKIN CLINICS

Medi Noble Clinic

(02) 790-2175 • 4 fl. 300-21 Ichondong, Yongsan-gu, Seoul

Nova skin

[02] 563-7997 • 2 floor A Tower, 822-1, Yeoksam 1-dong, Gangnamgu, Seoul

TengTeng skin

(02) 337-4066 • 10 floor, First avenue Building, Nonhyeon 1-dong, Gangnam-gu, Seoul If you have a problem with your skin, Dr. Julius Jon will take good care of you. English is spoken.



ORIENTAL MEDICINE

W Yoon's clinic

(02) 790-9577 • 225-94 Itaewon 2-dong, Yongsan-gu, Seoul

Soseng clinic

(02) 2253-8051 • 368-90 Sindang 3-dong, Jung-gu, Seoul

FITNESS

Reebok Crossfit Sentinel

(02) 790-0801

• reebokcrossfitsentinel.com

World Gym

Yeoidu (02) 782-1003 / Gangnam (02) 2052-0096 / Ilsan (031) 932-7010 / Busan (051) 758-5554

reasonable price.

Aussie brunch in town

• www.asiaworldgym.com

Body & Seoul

010-6397-2662

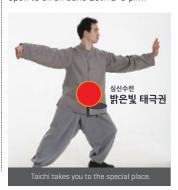
• www.seoulmartialarts.com

Taich & Qigong Training Academy

010-4477-9684 / 010-6685-8250 • 3-5 floors Bowoo bldg, Bangbae 4-dong, Seoucho-qu, Seoul

• www.taichilife.co.kr

Learn how to deal with stress and to regain body balance at this enjoyable and healthy Taichi center. The regular classes are 7 p.m. -8:20 p.m. on Mondays and 8:40 p.m. - 10 p.m. on Thursdays at 100,000 won monthly. Weekend classes are from 10:30 a.m. to 12:30 p.m. on Saturdays at 70,000won monthly. Offers free lecture open to all on June 15th 2-3 p.m.







• 12pm-9pm





(

Mon-Sat: 10am-12am / Sun: 10am-10pm

See page 97 for a map

UROLOGY & OB

Tower Urology

[02] 2277-6699 • 5th fl. 119 Jongno 3-ga, Jongno-gu, Seoul

MUSEUM & GALLERIES

National Museum of Korea

[02] 2077-9000 • 168-6 Yongsandong 6-ga, Yongsan-gu, Seoul The NMK offers educational programs on Korean history and culture in English and Korean.

National Palace Museum of Korea

(02) 3701-7500 • 12 Hyoja-ro, Jonano-au, Seoul This museum has a program called 'Experiencing Royal Culture' designed for English teachers to help learn about Joseon royal culture.

Seodaemun Museum of Natural History

(02) 330-8899 • 141-52 Yeonhuidong, Seodaemun-gu, Seoul Don't know where to take your kids on weekends? This museum exhibits a snapshot of the world and animals.

Daegu Art Museum

[053] 790-3000 • 374 Sandeokdong, Suseong-gu, Daegu Art space for local culture presenting Daequ's contemporary fine arts and internationally renowned artists.

National Museum of Contemporary Art, Korea

[02] 2188-6000 • 313 Gwangmyeong-ro, Gwacheon-si, Gyeonggi-do

Leeum Samsung Museum of Art

[02] 2014-6901 • 747-18 Hannamdong, Yongsan-qu, Seoul 10:30 a.m.-6 p.m. Closed on Mondays, New Year's day, Lunar New Year and Chuseok holidays.

Kumho Museum

(02) 720-5114 • 78 Sagan-dong, Jongno-gu, Seoul 10 a.m.-6 p.m. Closed on Mondays.

Gallery Hyundai

[02] 734-6111~3 • 22 Sagan-dong, Jongno-gu, Seoul It's the first specialized art gallery in Korea and accommodates contemporary arts.

10 a.m. -6 p.m. Closed on Mondays, New Year's Day, Lunar new year and Chuseok holidays.

Plateau

(02) 1577-7595 • 50 Taepyung-ro 2-ga, Jung-gu, Seoul 10 a.m.-6 p. m. Closed on Mondays.

Arirang Gallery

[051] 731-0373 • 111 Centum Q, 1483 Woo-dong, Haeundae-gu,

10 a.m. 7 p. m. Closed on Mondays. • arirangallery.com

RESTAURANTS

AMERICAN & BRUNCH

Gobble n' Go

[02] 790-5390 • 118-18 Itaewon 1-dong, Yongsan-gu, Seoul

👊 Suji's

[02] 797-3698 • 34-16, Itaewon 1-dong, Yongsan-gu, Seoul

The Flying Pan Blue

[02] 793-5285 • 123-7, Itaewon 1-dong, Yongsan-gu, Seoul

Two Hanz Burger

[02] 6401-7705 • 1 floor, 45-10, Yongsan-dong 2-ga, Yongsan-gu, Seoul

R3 TG Brunch

(02) 749-8005 • 305-5, Itaewon 2-dong, Yongsan-gu, Seoul This small and friendly neighborhood restaurant offers an affordable homestyle bruch all day.

Blue Crab

[02] 6081-9888 • B1, 112-2, Itaewon 1-dong, Yongsan-gu, Seoul

Jo's Basket Grill & Dining

[02] 744-0701 · 31-37 Dongsoongdong, Jongno-gu, Seoul

KOREAN & BBQ

HBC Gogitjib (Itaewon)

[02] 796-5528 • 46-5, Yongsandong 2-ga, Yongsan-gu, Seoul

Small Happiness in the Garden

(02) 975-3429 • 28-3 Jeodong 1-ga, Jung-gu, Seoul

Jang Sa Rang

[02] 546-9994 • 624-47 Sinsa-dong, Gangnam-gu, Seoul The menu at this traditional Korean restaurant ranges from classic kimchi pancakes and stone pot rice to an array of meats and veggies.

Maple tree house

(02) 790-7977 • (Hamilton Hotel annex 2nd fl.] 116-1 Itaewon-dong, Yongsan-gu, Seoul

(02) 450-4518 • 177 Walkerhill-ro, Gwangjin-qu, Seoul Looking to impress a date or a business partner? Head to the premier traditional Korean restaurant in Seoul.

Hadongkwan

This place simply has the best gomtang (beef soup) in Seoul.

Two Plus

[02] 515 5712 • B1 fl. 532-9 Sinsadong, Gangnam-gu, Seoul Served here is a high-quality beef loin at a reasonable price.

Tosokchon [Samgyetang]

[02] 737 7444 • 85-1 Chebu-dong, Jongno-gu, Seoul A popular Korean-style chicken soup with Jinseng is popular at this place. Former presidents enjoyed this restaurant. A soup costs just 15,000 won.

THAI & VIETNAMESE

Thai Garden

[02] 792-8836 • 737-24, Hannamdong, Yongsan-gu, Seoul

Pho Hoa

[02] 792-8866 • 737-4, Hannamdong, Yongsan-gu, Seoul

Le Saigon

[02] 792-0336 • 74-33, Itaewon 1-dong, Yongsan-gu, Seoul

Yum Thai

[02] 594-7988 • 5-4 Nonhyun-dong, Gangnam-gu, Seoul

ITALIAN & FRENCH

Trevia (Hannam-dong)

[02] 795-6004 • 738-25, Hannamdong, Yongsan-gu, Seoul

Trevia (Itaewon)

(02) 794-6003 • 557 Itaewon-dong, Yongsan-gu, Seoul Their pizzas are Roman style, the thin, crispy dough comes out of the oven literally smoking hot.

Le Cigale Montmartre

[02] 796-1244 · 123, Itaewon 1-dong, Yongsan-gu, Seoul

Pizzeria D'Buzza

[02] 794-9474 • 743-33, Hannamdong, Yongsan-gu, Seoul, This trendy joint has a full range of Italian fare. Make sure to make a reservation.

CasaAntonio

(02) 794-8803 • 124-6 Itaewondong, Yongsan-gu, Seoul

Pizza Hill

[02] 450-4699 • 177 Walkerhill-ro, Gwangjin-qu, Seoul The first restaurant to serve pizza in Korea.



Vera Pizza Napoli

[02] 796-7223 • 729-74 Hannamdong, Yongsan-gu, Seoul Fine Italian dining in a casual European style setting. Sticking to traditional Napoli-style recipes, this place is one of the most authentic Italian pizza restaurants in Korea.

MEXICAN & TEX-MEX

Dos Tacos (Gangnam)

(02) 593-5904 • 104 Dessian Luv, 1303-35 Seocho-dong, Seocho-qu, Seoul The best and largest taco franchise is Korea, try out their shrimp potato burrito.

Urban Vatos

(02) 797-8226 • 181-8, Itaewon 1-dong, Yongsan-gu, Seoul A unique ambience makes this upscale restaurant an ideal place to fill your stomach with authentic favorites.

Grill5taco

[02] 515-5549 • 519-13 Sinsa-dong, Gangnam-qu, Seoul

On The Border

Shinchon [02] 324-0682 COEX [02] 565-0682 Yeouido IFC [02] 6137-5682 Pyeongchon Lotte [031] 8086-9805 Times Square (02) 2672-0682 Apquieong (02) 518-0682 Ilsan One Mount (031) 961-6771 Hongdae (02) 338-0682 • www.ontheborder.co.kr Authentic Mexican restaurant with homemade

dishes and freshest ingredients with



Don Charly

(070) 8154-4475 • 225-10 Itaewondong, Yongsan-gu, Seoul Real Mex-Mex cuisine made by a Mexican chef. A new addition to Gyungidan gourmet.

CHINESE & JAPANESE

Songhwawon

[02] 794-8522 • 743-34, Hannamdong, Yongsan-gu, Seoul
The one and only gochujang
tangsuyook (fried pork with red
pepper sauce) in Korea.

🚥 Gida-sushi

(02) 749-3558 • 683-125, Hannamdong, Yongsan-gu, Seoul

Ho Lee Chow

(02) 793-0802 • 119-25, Itaewon 1-dong, Yongsan-gu, Seoul

Jin Donburi

[02] 2235 1123 • 103-9 Jeodong 1-ga, Jung-gu, Seoul
The chef here trained in Japan and serves an authentic Japanese-style donburi (dongatsu over rice) at an affordable price. Gatsudong goes for 6,000 won.

Hong Jajang

[02] 792-8117 • 34-28 Itaewondong, Yongsan-gu, Seoul
Fried rice, Jajang noodle and crispy
fried pork are recommended. Try their
cold Jambong, a seasonal favorite.

DONGATSU

Dr. Oh's King-size Dongatsu / O Baksane Dongatsu

[02] 3673 5730 • 131-32 Seongbukdong, Seongbuk-gu, Seoul The place serves dongatsu the size of a car wheel. The restaurant dares you to finish it in one sitting.

Myungdong Dongatsu

[02] 776 5300 • 59-13 Myungdong 1-ga, Jung-gu, Seoul This is the most popular and oldest Japanese-style dongatsu restaurant in Myungdong. Try the wasabi.

Namsan Dongatsu

[02] 777-7929 • 49-24 Namsandong 2-ga, Jung-gu, Seoul Since 1992, this casual Korean-style dongatsu restaurant has been a favorites of Namsan hikers and taxi drivers

INTERNATIONAL

Copacabana

[02] 796-1660 • 119 Itaewon-dong, Yongsan-gu, Seoul 29,000 won gives you All You Can Eat of the best Brazilian BBQ in Seoul. Located in the heart of Itaewon, it makes a perfect place to start your night.

Battered Sole

[02] 322-8101 • 52-23 Changcheondong, Seodaemun-gu, Seoul
Battered Sole is a relative newcomer, but they serve up some of the best fish and chips in Korea. This is the real deal.

Simply India

[02] 744 6333 • 1-79 Dongsungdong, Jongno-gu, Seoul

VEGETARIAN

So True

(02) 549 7288 • Jinseong Building, 58-6 Samseong-dong, Gangnam-gu, Seoul. blog.naver.com/julieintoday

Sanchon

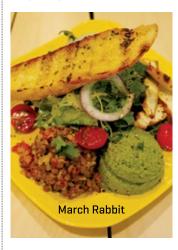
[02] 735 0312 • 14 Gwanghun-dong, Jongno-gu, Seoul www.sanchon.com

Veggie Holic

070 4114 0458 • 204-59 Donggyodong, Mapo-gu, Seoul. www.veggieholic.co.kr

March Rabbit

[02] 3444-4514 • 560 Sinsa-dong, Gangnam-gu, Seoul





All menu items 10,000 won Steak meal 20,000 won



The smartest way to spend 10,000 won!





See page 97 for a map

DESSERT

Tartine

[02] 3785-3400 • 119-15, Itaewon 1-dong, Yongsan-gu, Seoul Chef Garrett's Tartine features cherry pie, rhubarb pie, butter tarts and so many more. All made in

Coffee Chu

(02) 790-6821 • 682-10, Hannamdong, Yongsan-gu, Seoul

Takeout Drawing

[02] 797-3139 • 683-139, Hannamdong, Yongsan-gu, Seoul

Ben's Cookies

(02) 556-3275 • 124-9, Itaewon 1-dong, Yongsan-gu, Seoul Cookies from the U.K. The best chocolate, unsalted butter, sugar, free range eggs you'll find in Korea.



DAEGU

G'day [American & Brunch]

053-746-1217 • 980-9 Suseongdong 4-ga, Suseong-gu,

This Aussie brunch cafe serves the best brunch in Daequ at the best price.

• www.facebook.com/CafeGday

The Paris [Italian & French]

[053] 763-8998 • 207-10 Doosandong, Suseong-qu, Daegu This place offers fine dining in one of the few authentic French restaurants in town.

Dos Tacos [Mexican & TEX-MEX]

(053) 255-4885 • 34-4 Dongsung-ro 2-ga, Jung-gu, Daegu

PAN Asia [International]

[053] 287-7940 • 2 fl., 21-9 Samdeok-dong, Jung-gu, Daegu

South st. [American]

(053) 471-7867 · 664-10 Bongdeok 3-dong, Nam-qu, Daequ

Bagel Doctor [Café]

[053] 421-6636 • Samdeokdong 2-ga, Jung-gu, Daegu

Miyako [Japanese]

(053) 761-5555 • 402-5 Sang-dong, Suseong-gu, Daegu

Beyond Factory [Italian/café]

(053) 255-7614 • 40-63 Daebongdong, Jung-gu, Daegu

Italy & Italy [Italian / French]

[053] 423- 5122 • 22-2, Samdeokdong 1-ga, Jung-gu, Daegu

La Luce [European]

[053] 255-7614 • 40-63 Daebongdong, Jung-gu, Daegu

Ariana Boccaccio Hotel Brau [Buffet]

[051] 767-7913 • 200-1, Dusandong, Suseong-gu, Daegu

Thursday Party (Bar)

21-23 Samdukdong 1-ga, Jung-gu, Daeau

BUSAN

Rock N Roll [Bar]

• 2 fl, 56-5, Daeyeon 3-dong, Namgu, Busan

Wolfhound [Irish Pub]

(051) 746-7913 • 2 fl, 1359, U 1-dong, Haeundae-gu, Busan

Fuzzy Navel [Mexican Pub]

(051) 754- 6349 • 178-13, Millakdong, Suyeong-gu, Busan

Farmer's Hamburger [American]

051) 244-5706 • 35-1 Daechungdong 2-ga, Jung-gu, Busan

The Pho [Vietnamese]

[051] 256-8055 • Saeabusan town, Sinchangdong 1-ga, Jung-gu, Busan

Collabo

The pub, inspired by a New York subway station and Times Square, dons interior decor actually imported from New York, with the best finger foods and reasonably priced cocktails.

• Haeundae branch

C #201 Daewoo Trump World Marine, Woo-dong, Haeundae-gu, Busan

• Gwangan branch

#102 Theme Tower, 179-11 Minrak-dong, Suyoung-gu, Busan

Paniere(Café)

(051) 817-8212 • 225-1 Bujeondong, Jin-gu, Busan The European-style brunch restaurant/café serves fresh fruit juice and sandwiches.

The Grill On The Beach (Pub)

[051] 731-9799 • B1 fl. Sea star bldg., 1417-2 Jung 1-dong, Haeundae-qu, Busan This submarine-themed pub carries international beer and a wide selection of wine.

DRINKS

BEER

Craftworks taphouse

010-7666-1588 • 238, Noksapyeong-daero, Yongsan-gu, Seoul

The first expat-owned microbrewery in Korea still offers some of the best brews around. Try out their seasonal tastes in a warm and inviting ambience.

Reilly's taphouse

[02] 792-6590 • 3 floor, 123-32, Itaewon 1-dong, Yongsan-gu, Seoul Reillys Taphouse boasts some 20 draft beers and is committed to carrying the best craft brews from Korea and around the world.



Reilly's taphouse

3 Alley pub

[02] 749-3336 • 116-15, Itwaewondong, Yongsan-gu, Seoul

Big Rock

(02) 539-6650 • B1 818-8, Yeoksam 1-dong, Gangnam-gu, Seoul This place imports premium beer from Alberta. Its comfortable atmosphere and huge space is perfect for just about every occasion.

Wolfhound (Itaewon)

[02] 749-7971 • Itaewon 1-dong, Yongsan-qu, Seoul, Korea

Wolfhound (Haeundae, Busan)

(051) 746-7913 • 1359 Woo 1-dong, Haeundae-gu, Busan

COCKTAIL & WINE

Between

(02) 795-6164 • 124-7, Itaewon 1-dong, Yongsan-gu, Seoul

05 Noxa

[02] 790-1334 • 671, Itaewon 1-dong, Yongsan-qu, Seoul This cozy neighborhood hangout in Itaewon specializes in cocktails and tapas. Check out DOJO, a downstairs bar with huge variety of alcohol on offer.



(02) 749-6164 • 119-7, Itaewon 1-dong, Yongsan-gu, Seoul

(02) 796-6854 • 116-1, Itaewon 1-dong, Yongsan-gu, Seoul

5th Lounge

(053) 764-3579 • 207-10 Doosandong, Suseong-gu, Daegu This fabulous lounge does just about everything right. If you're in search for space for private parties, this is the place.

Once in a blue moon

[02] 549. 5490 • 85-1 Chungdamdong, Gangnam-gu, Seoul A live jazz club Seoul that hosts internationally renowned musicians from Korea and around the world.

SOJU/MAKEOLI

Mowmow

070-4078-8862 • 118-71, Itaewon 1-dong, Yongsan-gu, Seoul

00 Jeon [전 만땅]

070-8749-5004 • 118-18, Itaewon 1-dong, Yongsan-gu, Seoul

SAKE

Yuda

[02] 388-5081 • 683-126, Hannamdong, Yongsan-gu, Seoul

Muntaro

[02] 796-7232 • 683-124, Hannamdong, Yongsan-gu, Seoul

NIGHTCLUBS

Octagon

• 175-2 Nonhyeon-dong, Gangnamgu, Seoul

Vera

• 356-1 Seogyo-dong, Mapo-gu, Seoul

Cocoon

• 364-26 Seogyo-dong, Mapo-gu, Seoul

NB

• 362-4 Seogyo-dong, Mapo-gu, Seoul

Eden

• Ritz Calton 602 Yeoksam-dong, Gangnam-gu, Seoul

Flune

• 1408-5 Jung 1-dong, Haeundae-gu, Busan

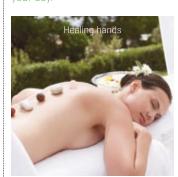
Mass

• 1306-8 Seocho 4-dong, Seocho-gu, Seoul

MASSAGE, SPA & BEAUTY

M Healing hands

070-7504-8090 • 3 floor 124-7, Itaewon 1-dong, Yongsan-gu, Seoul This ultra-comfortable spa is a Groove favorite. Located on the main drag of Itaewon, an affordable massage here will make your day.



Tiffany's nail

[02] 794-4179 • 123-26, Itaewon 1-dong, Yongsan-gu, Seoul Kick back with a cup of coffee or tea and relax while getting a manacure. Choose from over 200 colors.

Hair & Joy

[02] 363-4253 • 3 floor, Hongnam Building, 168-3, Donggyo-dong, Mapo-qu, Seoul

Lucy Hair

(02) 325-2225 • 2 floor, 30-10, Chandcheon-dong, Seodaemun-gu, Segul

Look your best effortlessly with the help of Lucy. Her internationally trained hair stylists treat your locks with the best hair products in a modern and cozy environment.

SHOPPING

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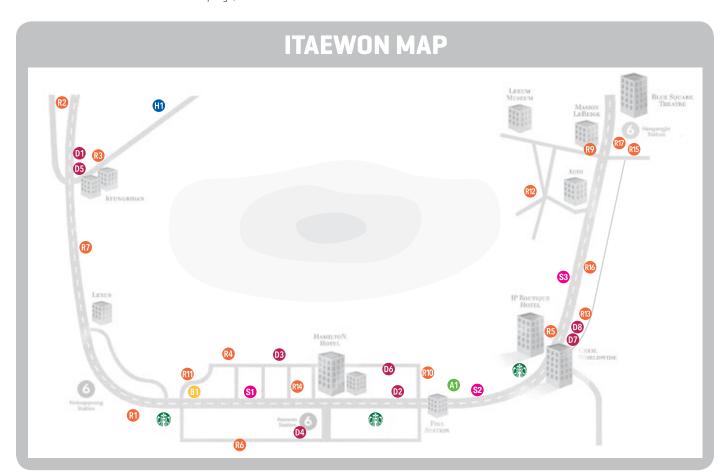
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DR. YU HYUNG-SEOG

Professor
Dept. of Orthodontics
Yonsei University School of Dentistry

YOU'RE NEVER TOO OLD TO FIX UNATTRACTIVE TEETH

ADJUNCTIVE ORTHODONTIC TREATMENT FOR ADULTS

Orthodontics is not only a long-term

treatment that improves facial aesthetics, it

can also play a role in restoring the health

of the gums and teeth through short-term

adjunctive procedures so that continued

maintenance of a healthy oral environment

becomes more feasible.

Once considered limited to adolescents, orthodontic treatment has become more common amongst adults due to a growing interest in aesthetics. "Is orthodontic treatment possible for a patient my age?" is a question that many adult patients commonly ask. While there are no specific differences between adult and adolescent orthodontics, the health of the teeth and surrounding bone, regardless of age, can determine whether orthodontic treatment is feasible.

Gum disease, otherwise know as periodontal disease, can result in inflammation and therefore weaken the

bone surrounding the teeth. Even if the patient is relatively young, orthodontic treatment becomes a contraindication. Furthermore, orthodontic treatment can be contraindicated in individuals with systemic conditions that involve bone metabolism, such as diabetes or rheumatic arthritis.

In adult orthodontics, braces can be bonded to all of the up-

per and lower teeth for a treatment period of approximately one-two years, as in adolescent orthodontics, or specific areas of the mouth can be treated in which a few select teeth are moved during a short period of time. This is referred to as "adjunctive orthodontic treatment."

For example, when gum disease worsens, the front teeth can start to separate, and while periodontal treatment can improve the health of the gums, spaces between the teeth can remain. This results in poor aesthetics. In such cases, thin clear plastic retainers or "clear orthodontic aligners" can be used to close the

spaces between the teeth as long as the case is not too severe. The use of these clear aligners can decrease patient discomfort during treatment while providing and aesthetic treatment options. Furthermore, the clear aligners can be easily placed and removed by the patient so that everyday tasks such as eating and brushing are easily maintained.

As patients age, there is an increased tendency for the lower front teeth to become more crowded, which makes the maintenance of oral hygiene more difficult and allows for inflammation of the gums. In such cases,

the use of "mini-tube appliances" can be recommended to align the lower front teeth and relieve crowding. In this way, brushing and proper oral hygiene becomes easier.

Yet another example of the use of adjunctive orthodontics is when a molar is lost and the remaining space is left untreated for a long period of time. When this happens, the op-

posing or adjacent teeth drift into the space and prevent the placement of a bridge or dental implant. In such cases, the opposing and adjacent teeth need to be returned to their original positions so that the lost tooth can be restored with prosthodontics, such as a crown or bridge. Braces can be placed on just the teeth that need to be moved, which provides for a better aesthetic.

Orthodontics is not only a long-term treatment that improves facial aesthetics, it can also play a role in restoring the health of the gums and teeth through short-term adjunctive procedures so that continued maintenance of a healthy oral environment becomes more feasible.

For further dentistry information or reservations, please call Ms. Aeri Jo, the English coordinator at Yonsei University Dental Hospital.

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Horoscopes

October



Aries / March 20 - April 20

Let someone close to you know exactly how you feel about him or her. This is particularly important if there is an adulation on your part. Maybe things won't work out - but they certainly won't as long as you keep quiet. Expect proper conduct out of your subordinates and you will get it.



Libra / September 24 - October 23

You may be called upon to exhibit some independent thinking and some very positive action if you are to come out on top. In romantic affairs, keep things light and don't go overboard with promises on the first date. Be extremely cautious when dealing with complicated machinery and don't take unnecessary chances.



Taurus / April 21 - May 21

A last-minute trip to faraway places could be just what the doctor ordered. Excitement and, very probably, romance could well be the result - but only if you let things move at their own pace. Now might be a good time to begin a serious savings



Scorpio / October 24 - November 22

If what you feel is real, you would be quite foolish to stand on ceremony. In office matters, make sure you keep your tongue from flapping concerning affairs that should remain private. A slip of the lip could sink more than a ship; it could sink your plans for the future.



Gemini / May 22 - June 21

A serious and quite disturbing love affair could begin for you now if you respond to the stimulus being waved before you. If you are free and unattached, it might well be worth riding the whirlwind - because that is what it is likely to be.



Sagittarius / November 23 - December 21

Romance blossoms in the strangest places, according to the poet, and you could find this out to your utter amazement - and delight. Business problems may seem less if you take time to walk around to the other side so you can gain perspec-



Cancer / June 22 - July 22

Getting to the bottom of a mystery may not be as pleasant for you as you think. Sometimes it is best to let sleeping dogs lie. In dealing with fellow workers on an important business deal, don't allow others to speak for you, especially when the responsibility is yours alone.



Capricorn / December 22 - January 19

You might do some serious thinking about your real desires and what it is you want to do with your life. If what you are presently doing is not making you happy - or at least contented - then why are you doing it? Take the advice of a friend seriously and give it a chance to work.



Leo / July 23 - August 23

An upturn in your personal finances is definitely due and could come from a surprising source. Your best bet is to be totally honest and to hide nothing from those who may have a similar interest. If you lose, you won't have lost your honor - and if you win, you win really big and there will



Aquarius / January 20 - February 18

Estimate your personal worth, as well as financial, and see if you are able to make things balance. If you are found wanting, do something about becoming solvent once again. You would be well advised to seek medical advice about a serious



Virgo / August 24 - September 23

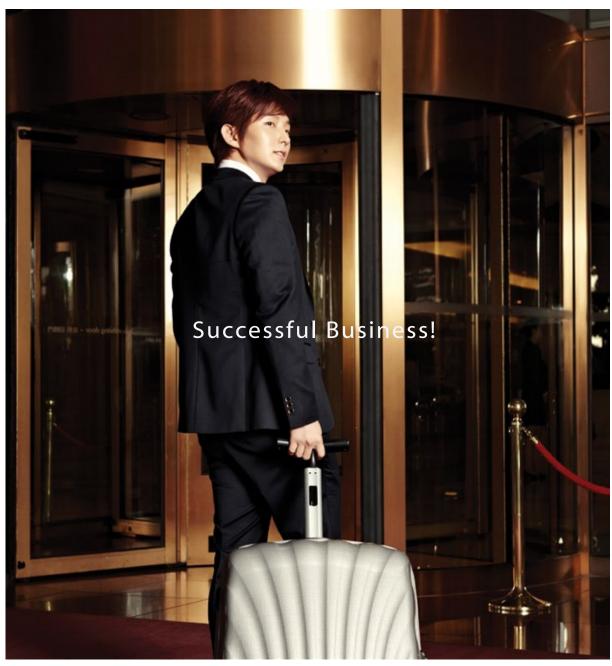
You could gain an important and influential friend simply by speaking your mind and not allowing others to run roughshod over your or someone close to you. Spend a little time with a youngster or an old person who is close to you, even if it means making some personal sacrifices.



Pisces / February 19 - March 19

Seek good advice and then weigh it carefully before striking out on your own. Do not allow others to influence your convictions on moral issues, simply because it would make things neater and easier. On any tough question, the thing that is hardest to do is generally the thing you should do.

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Games

Crosswords - Sudoku

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66			T		67						68			
69		\vdash	T		70		\vdash				71		\vdash	

Across

- 1. Golfer's vehicle
- 5. Starting sound of "civic" (but not the ending sound)
- 10. Turkish honcho
- 14. Approve
- 15. Clamorous
- 16. Narrow cut
- 17. "___ by Sondheim"
- 19. Omar's product
- 20. ___case (regardless) 21. English or French
- 23. Pilgrim to Mecca
- 26. Tennis players
- 27. Sherlock Holmes adventure,

- in brief
- 32. Losing tic-tac-toe row
- 33. Ziegfeld show
- 34. Relative of a camel
- 38. Cries to bullfighters
- 40. Sweetened soil
- 42. St. Laurent or Montand
- 43. School on the Seine
- 45. Elects
- 47. Altar consent 48. Unexpectedly
- 51. Al Jolson hit
- 54. Popular frozen dessert chain
- 55. "Don't panic"

- 58. Stock-still
- 62. Peer Gynt's mother
- 63. Fisherman's haul
- 66. Jeff Bridges film of '82
- 67. Singer Ford from Tennessee
- 68. Huge hauler
- 69. "SportsCenter" shower
- 70. Bother persistently
- 71. Fl. oz. fractions
- 44. Power co. employee 46. ___ Bay, Philippines
- 49. Really heavy
- 50. King or queen
- 51. Perform a camel, e.g.
- 52. Puts on
- 53. Greek fable writer
- 56. Byron work
- 57. Chinese dynasty
- 59. Summers, in Haiti 60. Sgt. Preston's outfit
- 61. 'At Seventeen' singer Janis
- 64. ___ Fail, Irish coronation
- stone
- 65. "The Best Is ____ to Come"

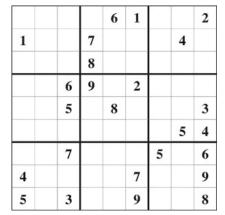
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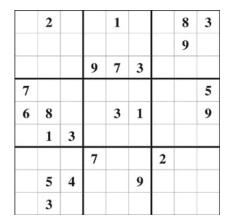
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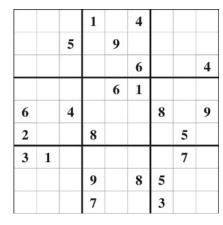
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9

4







Down

- 1. "____Cosa," 1935. song
- 2. Related by blood
- 3. The letter in "The Scarlet Letter"
- 4. Stanley Cup org.
- 5. "Needless to ___...
- 6. Where patients go under the knife: Abbr.
- 7. Thwart
- 8. 'I did it!'
- 9. "Body Heat" costar
- 10. With shrewdness 11. Shimmer
- 12. Door piece
- 13. When some TV news comes on

- 18. One way to travel
- 22. Robt. E. Lee's title
- 24. Author ___ Chandler Harris
- 25. Describing a living organism process
- 27. Drill, to a dentist
- 28. Divine
- 29. Corporate bigwig
- 30. "The __ earthly bliss": Milton
- 31. Convene in
- 35. Rarin' to go
- 36. Ancient Persian foe
- 37. "Unto us ___ is given..."
- 39. Best Actor of 2003
- 41. Offspring, genealogically: Abbr.

PROMOTIONS

Edited by Sean Choi - sean@groovekorea.com

Conrad Seoul

Starting in October, Conrad Spa at Conrad Seoul is exclusively introducing an Aromatic Treatments special that integrates 50 years of Clarins' treatment expertise. Aromatic Treatments promises some of the best results using a high-functioning formula combining plants and the latest technology. The experienced therapists of Conrad Spa have completed professional spa courses using Clarins Pro products that contain highly concentrated plant extracts for facials, body treatments, concentrated treatments, treatments for men, personalized beauty treatments and a luxury spa service. A complimentary 15-minute footbath prior to the treatment enhances results by aiding blood circulation. For spa reservations and inquiries, call (02) 6137-7432





Park Hyatt Busan
Busan Int'l Fireworks Festival special promotion

Park Hyatt Busan is presenting a special promotion from Oct. 26 coinciding with the Busan International Fireworks Festival, featuring stunning views of the beautiful multimedia fireworks display over Gwangan Bridge. A place full of relaxation with breathtaking views, Lumi Spa offers the perfect organic healing spa program with a special promotion for the Busan International Fireworks Festival. The couples' treatment rooms and single treatment rooms provide a beautiful view, and guests can recharge their energy through delicate treatment programs such as the "vitamin bright body treatment" and the rebalance massage, all performed by the hotel's professional therapists. As guests enjoy the fireworks festival from the treatment rooms, one bottle of champagne will be served. A daily pass to the sauna, the indoor swimming pool and the fitness center will be offered as well. Park Hyatt Busan will be an ideal place for fireworks views over Gwangan Bridge

For more detailed information and reservations, call Lumi Spa at (051) 990-1440, or the restaurants and bars at (051) 990-1300.

Sheraton Grande Walkerhill

'Fall' into the 'Taste of Walkerhill'

Celebrating Walkerhill's remarkable 50th anniversary, Sheraton Grande Walkerhill and W Seoul Walkerhill have planned an upscale gastronomic journey and invite you to indulge. At CLOCK16, Chef Macchia visiting from Turin, Italy, will be serving exceptionally divine Italian cuisine with rare Italian dishes. With a theme of uniqueness and decency, the eightcourse authentic yet creative Italian dinner with Frescobali wine will be presented on Oct. 2 at 7 p.m. for 200,000 won. Chef Macchia, also a co-owner of La Credenza, has experience at top-rated restaurants across Europe including Italy, Switzerland, France and Belgium. Opened in 2006, La Credenza was rated Michelin one-star in the following year. Gamberorosso, the prominent gastronomy magazine from Italy, rated the restaurant with 84 out of 100. inquiries and reservations, call CLOCK16 at (02) 450-4516.



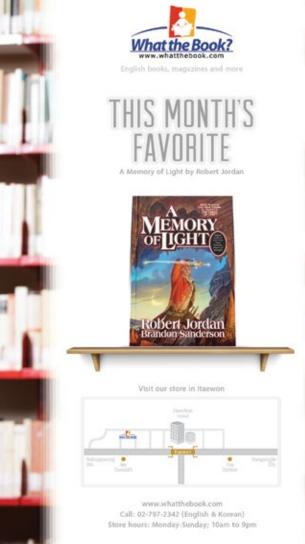


Lotte Hotel Busan

Afternoon tea

Lotte Hotel Busan offers a new afternoon tea set at The Lounge, filling the lobby floor with an aromatic fragrance. The new tea set is for two persons and served with a scone, chocolate fondant, yogurt cupped mousse, choux crème, fruit tarts, macaroons and bite-sized sandwiches on a three-tier tray. Various teas of the premium tea brand Tea Forte or coffee is served. The set is priced at 39,000 won for two persons (including tax and service charge).

For inquiries and reservations, call (051) 810-6430





Novotel Ambassador Busan

Romance of the fa

Novotel Ambassador Busan has prepared its Romantic in Autumn package for those dreaming of a relaxed, romantic trip in the autumn. The package includes one bottle of red wine, a fresh fruit basket and sweet chocolates in the room for a romantic atmosphere. Also included are free access to the fitness center and swimming pool, a 10 percent discount to the hotel's restaurants and a 30 percent discount to Busan Aquarium. The Romantic in Autumn package will be available from Oct. 1-31 with prices starting at 170,000 won. (Subject to 10% service charge and 10% tax.) For inquiries and reservations, call (051) 743-1234 & 1243.





JW Marriott Hotel Seoul

Autumn Afternoon Tea se

The Lobby Lounge at JW Marriott Hotel Seoul presents its Afternoon Tea set, a celebration of desserts, coffees and teas every afternoon from 2-5 p.m. The wide selection of desserts, including a seasonal menu, is a steady favorite with hotel customers. This autumn's seasonal menu showcases the rich flavors of apples, chestnut and persimmons, three of Korea's most celebrated fruits at this time of year. The Afternoon Tea menu also features a choice of nine varieties of premium Ronnefeldt Tea, including the fragrant Peach Garden; Cream Orange, a combination of rooibos, vanilla and orange; and English Breakfast, full of the rich aroma of Ceylon black tea. The Afternoon Tea set is served on a three-tier tea tray and priced at 32,000 won (including tax and service charge).

For inquiries and reservations, call The Lobby Lounge at (02) 6282-6735~6.

Grand Hilton Seoul

Enjoy Autumn Pleasure at the Grand Hilton

Celebrating the fall season, the Grand Hilton Seoul is presenting a choice of Autumn Pleasure Packages from Sept. 6 to Nov. 30. The packages, offering the Deluxe Room, Executive Room and Junior Suite, include breakfast for two, free access to the fitness club and pool and a discount for the sauna. They are priced from 190,000 won (not including tax and service charge). Autumn Pleasure packages also include aromatherapy yoga classes, which are held on every second and fourth Sunday (Oct. 13 and 27) in the Hilton's garden. The yoga professional from the Grand Hilton Seoul's fitness club will lead the classes. Classes are available for the first 10 guests who send an email to grandhiltons@naver.com.







ClubMed

Winter Ski Holiday Bonus Promotion

Premium all-inclusive resort Club Med Vacance Korea presents a Winter Ski Holiday Bonus promotion. This promotion offers up to 35 percent off to guests who make reservations in Sahoro or Yabuli Club Med resorts from December. Furthermore, online reservations offer an extra 2 percent discount. On top of the promotion, free ski/snowboard rental service will be awarded to the first 100 guests. Premium all-inclusive service at ClubMed Ski resorts includes free ski lessons for all levels, gondola and lift facilities exclusively for ClubMed guests, and after-ski programs.

For more information, visit clubmed.co.kr or call (02) 3452-0123.





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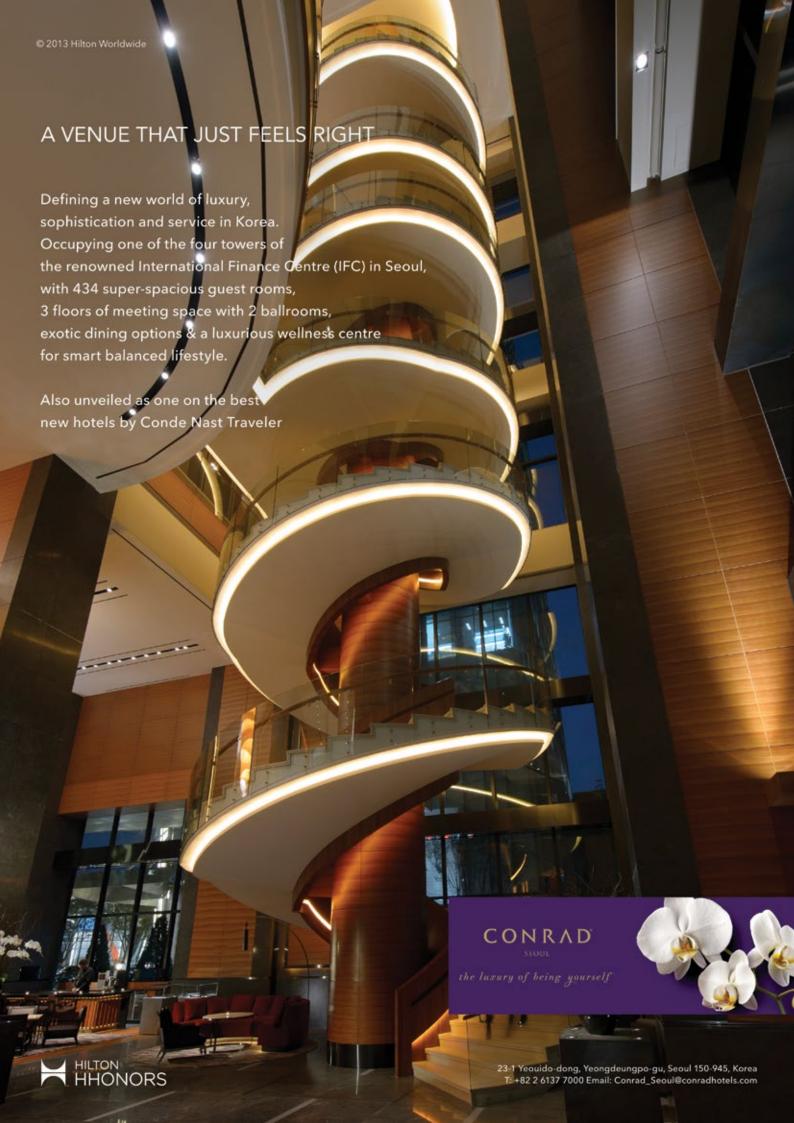
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